



**The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery**

**BREATHING BETTER, LIVING BETTER:  
Advances in Rhinology,  
Smell, Skull Base and  
Sleep Surgery**



**SOUVENIR PROGRAM**

## What's Inside

• Messages .....	3
• Board of Trustees .....	9
• Chapter Presidents .....	10
• PBO-HNS .....	11
• Sub-specialty Groups .....	12
• Conference Guidelines .....	13
• Floor Plan .....	17
• Vicinity Map .....	19
• Program at a Glance .....	20
• Program of Activities .....	23
• Learning Objectives .....	28
• Speakers' Directory .....	57
• Exhibitors' Directory .....	71
• Acknowledgements .....	76
• Organizing Committee .....	87

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

## Message

MESSAGE

Over the years, the Philippines Society of Otolaryngology-Head and Neck Surgery, Inc. (PSO-HNS) has served as a steadfast advocate for growth of knowledge and of ear, nose and throat care throughout the country. Guided by the enduring vision of your specialist, you have advanced a vital field of medicine that profoundly enhances the lives of Filipinos. Through your dedication to improving diagnosis and management, the future of a healthier and more harmonious life marked by clear breathing, a preserved sense of a smell, and sound well-being continues to be realized.



I extend my warmest greetings to the PSO-HNS on your **69<sup>th</sup> Annual Convention** in partnership with the **Philippine Academy of Rhinology** and the **Philippines Academy Sleep Surgery**. This gathering of esteemed otolaryngologists provides and invaluable opportunity to share expertise, celebrate innovation, and reflect on the countless lives improved through your holistic approach to care. Your lasting excellence, which is evident in every institution where your members serve, stands as a source of pride and inspiration for our nation and for the next generation of specialists who follow in your path of service and scholarship.

As you convene for this significant occasion, may you continue to champion innovation, collaboration, and competence through active engagement and professional growth. Strengthen your commitment to lifelong learning, ensuring that your members remain at the forefront of medical progress and best practices. Rest assured that, in this time of Bagong Pilipinas, the government stands with you in our shared mission to elevate patient care, promote research, and foster development-all for a better quality of life for every Filipino.

I wish you a successful event.

**FERDINAND ROMUALDEZ MARCOS, JR.**  
THE PRESIDENT OF THE PHILIPPINES



BREATHING BETTER, LIVING BETTER:  
Advances in Rhinology, Smell, Skull Base and Sleep Surgery

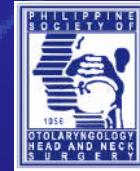
# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

## *Message*

Assalamualaikum!



As we gather for our 69th Annual Convention, themed 'Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base, and Sleep Surgery,' I extend my warmest greetings to all esteemed ENT specialists, colleagues, and guests.

This milestone, in collaboration with the Philippine Academy of Rhinology (PAR) and Philippine Academy of Sleep Surgery (PASS), showcases cutting-edge advancements in our field. Over December 2-4, 2025, at The Space, One Ayala, Makati City, together, let's explore innovative techniques, share expertise, and foster networking.

I commend our organizing committee for their dedication and hard work. Your contributions will undoubtedly enhance patient care and shape the future of ENT practice.

Welcome, and let's breathe new life into our passion with innovation and collaboration for excellence in otolaryngology!

Shukran!

*Alma*

MOHAMMAD AIFF A. BAGUINDALI, MD  
2025 PRESIDENT, PSO-HNS



BREATHING BETTER, LIVING BETTER:

Advances in Rhinology, Smell, Skull Base and Sleep Surgery

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

## *Message*



I am deeply honored to congratulate the Philippine Society of Otolaryngology- Head and Neck Surgery, Inc. (PSO-HNS) as you hold your 69<sup>th</sup> Annual Convention with the theme “Breathing Better Living Better: Advances in Rhinology, Smell, Skull base and Sleep Surgery”. The PMA Lauds your efforts to actively seek opportunities for professional development and continuing medical education through seminars and teaching courses as this. By staying current with the latest advancement in medicine you ensure providing the most effective and up to date care for your patients.

There has been numerous challenges encountered in the field of Head and Neck Surgery, PSO-HNS remain steadfast and resilient providing the necessary treatment expertise to the community. you have managed to integrate various disciplines to enhance the quality of life and promote overall well-being. By sharing your best practices, innovations and experiences you deepen your knowledge through collaboration and find ways to provide medical solutions on a wider and more impactful scale.

The Philippine Medical Association recognize your achievement through sacrifices and hard work. We stand as a permanent partner as health workers and we shall work as one to deliver comprehensive and coordinated care for a healthy community and a healthy Nation.

“Nagkakaisang PMA: hatid ay Kalusugan para sa lahat!

I wish you success in your current endeavor.

**HECTOR M. SANTOS, MD, MMHA**  
PRESIDENT, PHILIPPINE MEDICAL ASSOCIATION



BREATHING BETTER, LIVING BETTER:

Advances in Rhinology, Smell, Skull Base and Sleep Surgery

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

## *Message*

Greetings distinguished guests, delegates & friends.



It is my distinct honor to extend my warmest salutation to the Philippine Society of Otolaryngology - Head & Neck Surgery (PSOHN) in partnership with the Philippine Academy of Rhinology and Philippine Academy of Sleep Surgery, as it presents its 69th Annual Convention themed "Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery. On behalf of the Philippine Board of Otolaryngology-Head & Neck Surgery, I wish to express my deep appreciation to the organizers for bringing together such a distinguished gathering.

This annual convention stands as a testament to our shared commitment to excellence, collaboration and progress. Beyond the exchange of knowledge and best practices, it is also a valued opportunity to strengthen the bonds of fellowship and camaraderie that unite us as a community.

As we embark on the activities ahead, may this convention inspire us to a greater purpose, deepen our partnership and reaffirm our collective vision for the future.

Once again, congratulations to the organizers, and sincere greetings to each of you. May this gathering be both meaningful and memorable to all.

Mabuhay po tayong lahat!

ALBERTO F CALDERON, MD,  
PRESIDENT, PBO-HNS



BREATHING BETTER, LIVING BETTER:

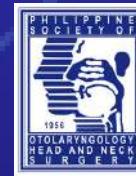
Advances in Rhinology, Smell, Skull Base and Sleep Surgery

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

## *Message*



Breathing better, living better... and growing together!

We are thrilled to invite you to our upcoming Annual Convention, themed “Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery,” happening on December 2 to 4, 2025 at an exciting new venue – The Space at One Ayala!

As our Society continues to grow in size and in spirit, this move marks more than just a change of scenery – it’s a reflection of our shared progress and evolving aspirations. With growth comes challenge, but as always, we will meet it with unity, innovation and dedication.

Let us come together once again to learn, connect and celebrate how far we’ve come. I can’t wait to welcome all of you and make this Convention one of our most meaningful yet.

**CONRADO DONATO A. PABICO JR., MD**  
OVERALL CHAIR, 69TH PSO-HNS ANNUAL CONVENTION



BREATHING BETTER, LIVING BETTER:

Advances in Rhinology, Smell, Skull Base and Sleep Surgery

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

## Message



In behalf of the Organizing Committee, it is my pleasure to welcome you to the 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery, with the theme "Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base, and Sleep Surgery." As Overall Co-Chair of this year's convention and Chair of the Philippine Academy of Rhinology (PAR), I am proud to invite you to this milestone event—held for the first time at our new venue, Space at One Ayala, a state-of-the-art convention facility at the heart of Makati.

This year's convention highlights the latest advancements in key subspecialties that directly impact our patients' quality of life. With the Philippine Academy of Rhinology taking the lead in organizing the scientific program, and in close collaboration with the Philippine Academy of Sleep Surgery, we have crafted a program that reflects the dynamic progress in sinonasal care, olfaction, skull base approaches, and sleep surgery. The breadth and depth of this year's sessions reflect our commitment to continuous learning for everyone: whether you are a resident trainee, a recent graduate, or a senior consultant.

As added venues for learning and best-practice sharing, we are excited to announce two firsts: the Dr. Ramon V. Arcenas Rhinology Research Contest on December 3, and the MUST NOSE: Rhinology Quiz Bee on December 4, both starting promptly at 7:00 AM. These events showcase our commitment to a balanced approach to learning—combining formal and interactive methodologies—grounded in the core values of professionalism, integrity, and excellence.

We hope this convention not only strengthens your clinical practice but also renews your passion for innovation and patient-centered care. Mabuhay!

*Roldan*

RODANTE A. ROLDAN, MD  
CO-CHAIR, 69TH PSO-HNS ANNUAL CONVENTION



# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

BOARD  
OF  
TRUSTEES



**Mohammad Ariff A. Baguindali, MD**  
President

**Conrado Donato A. Pabico Jr., MD**  
Vice President

**Christine Joy S. Arquiza, MD**  
Immediate President

**Aileen S. Delos Santos-Garcia, MD**  
Secretary

## Trustees

Oliver Glenn C. Domingo, MD  
Eunice A. Azurin, MD  
Jefferson A. Alamani, MD  
Melvin G. Berin, MD  
Samantha Ruth C. Baillo, MD  
Bendatu A. Dalandag, MD

**Candice Que-Ansorge, MD**  
Treasurer

**Eduard M. Alfanta, MD**  
Auditor



BREATHING BETTER, LIVING BETTER:  
Advances in Rhinology, Smell, Skull Base and Sleep Surgery

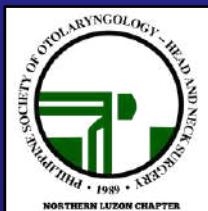
# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

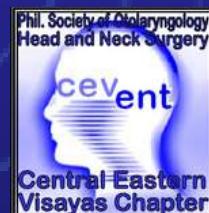
CHAPTER PRESIDENTS

## Chapter Presidents



### NORTHERN LUZON

Sherwin B. Biasura, MD



### CENTRAL LUZON

Maria Minnie U. Yao, MD



### STENTS

Ruth S. Estimar, MD



### BICOL

Rosebe M. Nacion-Lauraya, MD



### CENTRAL EASTERN VISAYAS

Michie Jay D. Simtoco, MD



### WESTERN VISAYAS

JMichael Joseph C. David, MD



### NORTHERN MINDANAO

Mary Kathy Lynn B. Luceno, MD



### SOUTHERN MINDANAO

Duane L. Salud, MD

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

## Philippine Board of Otolaryngology - Head and Neck Surgery Board of Directors

P  
B  
O  
H  
N  
S



Agnes T. Remulla, MD  
Secretary



Alberto F. Calderon, MD  
President



Maria Karen A. Capuz, MD  
Secretary



Francis V. Roasa, MD  
Treasurer



Victoria C. Sarmiento, MD  
Asst. Treasurer



Armando M. Chiong Jr., MD  
Auditor



Virgilio R. De Gracia, MD



William L. Lim, MD



Natividad A. Almazan, MD



Alfredo Q.Y. Pontejos, Jr., MD



Francisco A. Victoria, MD



Edwin M. Cosalan, MD



Cesar Anthony P. Yabut, MD



Ramon P. Ramos III, MD



Joel A. Romualdez, MD

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery

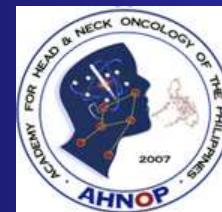


Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

ACADEMY

## Subspecialty Academies

Academy for Head & Neck Oncology of the Philippines (AHNOP)



Philippine Academy of Audiology (PAAUD)

Philippine Academy of Craniomaxillofacial Surgery (PACMFS)



Philippine Academy of Facial Plastic & Reconstructive Surgery (PAFPRS)

Philippine Academy of Laryngobronchoesophagology & Phoniatrics (PALP)



Philippine Academy of Neurotology, Otology & Related Sciences (PANORS)



Philippine Academy of Pediatric Otolaryngology (PAPO)



Philippine Academy of Rhinology (PAR)

Philippine Academy of Sleep Surgery (PASS)



BREATHING BETTER, LIVING BETTER:

Advances in Rhinology, Smell, Skull Base and Sleep Surgery

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

### REGISTRATION

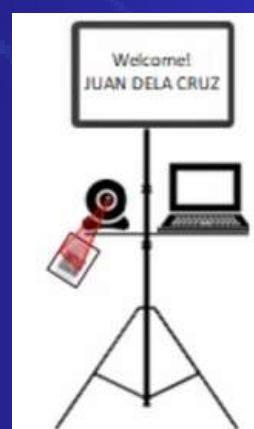
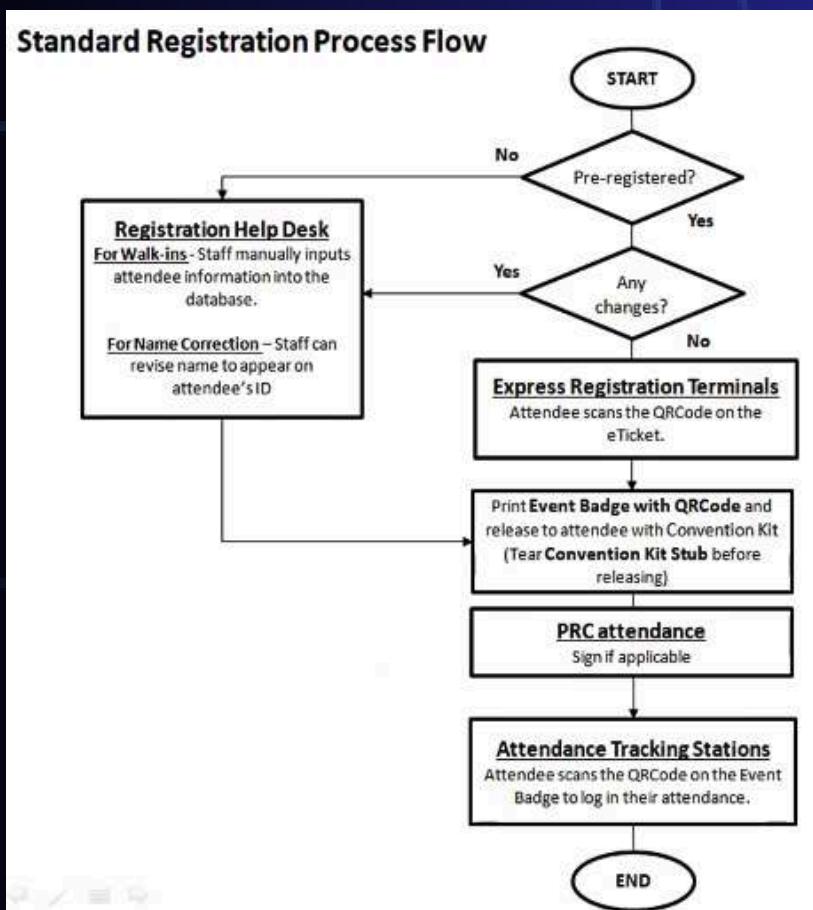
#### Pre-Registered Delegates

- Pre-registered delegates shall receive an email with e-tickets containing QR codes. Please download your e-tickets, save a screenshot on your mobile device, or bring a printed copy.
- Carefully check your name for accuracy. This will be the name reflected on your Certificate of Attendance.
- During the convention, proceed to the Express Registration Terminals to scan your QR codes. Your ID and meal stubs will be automatically printed at the terminal. Registration staff will then issue your Convention Kit and lanyard.

#### Onsite Registrants or those with Registration Concerns

- For onsite registration, kindly proceed to the Registration Help Desk
- If there is an error in your name as it appears on your ID or other registration-related concerns, please proceed to the Registration Help Desk.

#### Standard Registration Process Flow



BREATHING BETTER, LIVING BETTER:

Advances in Rhinology, Smell, Skull Base and Sleep Surgery

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

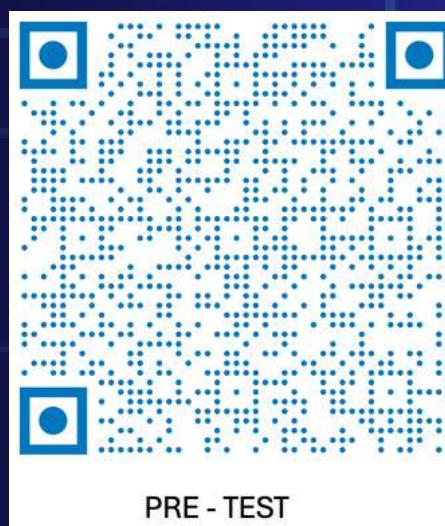
### CONFERENCE GUIDELINES

#### ATTENDANCE AND CERTIFICATES

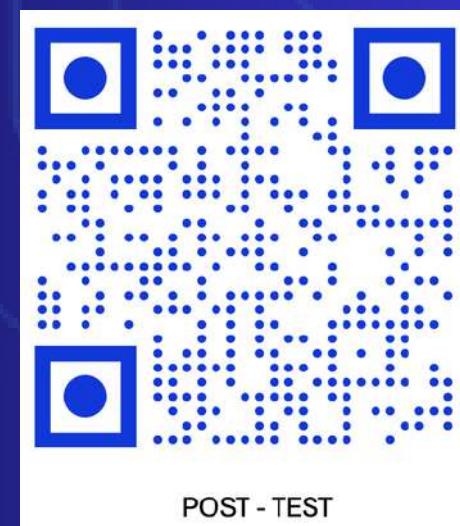
- After claiming your ID and Convention Kit, kindly sign the PRC attendance sheet located at the following areas:
  - Concierge Booth on Dec. 2, 7:00am - 12:00nn
  - Registration Booth on Dec. 2, 12:01pm - 5pm; Dec. 3, 7:00am - 4:00pm; Dec. 4, 8:00am - 3:00pm
- The PRC attendance sheet only needs to be signed once by each delegate.
- Please scan your ID at the Attendance Tracking Stations located at the entrance of Space at least once per day.
- The Annual Convention has been awarded 18 CPD units.
- Kindly submit Feedback Forms for each session attended in compliance with CPD requirements.
  - A Google account (i.e. gmail account) is required to access and save your Feedback forms. If you do not currently have one, please create a Google account before the Convention.
  - Scan the QR code to access the Google Form. By signing-in with your Google account, you can save your progress in filling-up the evaluation for each session attended, and return at a later time to continue the evaluation. An email will be sent to your account containing the data you have entered, as well as a link to allow you to return to the form.
- Delegates should also complete the pre-test and post-test as part of the CPD requirements. This can be accessed by scanning the QR code.
- Delegates who have completed the evaluation forms, pre-test and post-test by Dec. 4, 12nn are eligible for a special raffle.
- Certificates with the CPD units will be sent via email to your registered account.



FEEDBACK FORM



PRE - TEST



POST - TEST



# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

### CONVENTION POLICIES & PROTOCOLS

- Convention IDs must be worn by the delegates at all times while inside Space convention area. For everyone's safety, a "No ID, No Entry" policy will be strictly enforced. For lost IDs, a replacement may be purchased for PhP 300 at the Cashier in the Registration Booth.
- Food stubs must be surrendered to the waiters to claim your meals.
- During sessions expected to reach full capacity (e.g., Lunch and Dinner Symposia), saving seats is strongly discouraged. Any seat left vacant for more than 10 minutes may be reassigned to delegates who do not have seats.
- Bags and giveaways may be deposited at the Concierge booth, located beside the Registration booth, in order to minimize clutter inside the session Halls.
- Given the professional setting of the convention, delegates are expected to wear smart casual or business attire. Please note that slippers and shorts are not permitted.
- There will be roving security guards but please be mindful of your belongings at all times

### FELLOW'S BUSINESS MEETING

- The Fellow's Business Meeting will be held on Dec. 3, 4:40pm at Halls B & C.
- Fellows entering the Halls at the start of the meeting should have their IDs scanned at the Attendance Monitoring Station located at the entrance of Halls B & C.
- Fellows already seated in the Halls even before the start of the Business meeting (i.e. attended the preceding session), may have their IDs scanned by roving OrgCom members with tablet scanners.
- Fellows who completed the Business Meeting will be given a special gift at the end of the meeting.

### MEMBERSHIP & PLATINUM ANNIVERSARY BOOTH

- These are located at the Foyer Extension opposite Hall A.
- Visit the Membership Booth to pay annual dues and request for Certificate of Good Standing, if needed.
- Visit the Platinum Anniversary Booth to register for the Platinum Ball and pre-order Platinum merchandise.

### EMERGENCY SITUATIONS

- In case of emergencies, please alert the nearest OrgCom member—identified by their event IDs—or any security personnel stationed within the venue.
- The Convention's partner hospital for emergency medical needs is Makati Medical Center.
- In case of fire or earthquake, kindly follow standard protocols. Fire exits are indicated on the map.

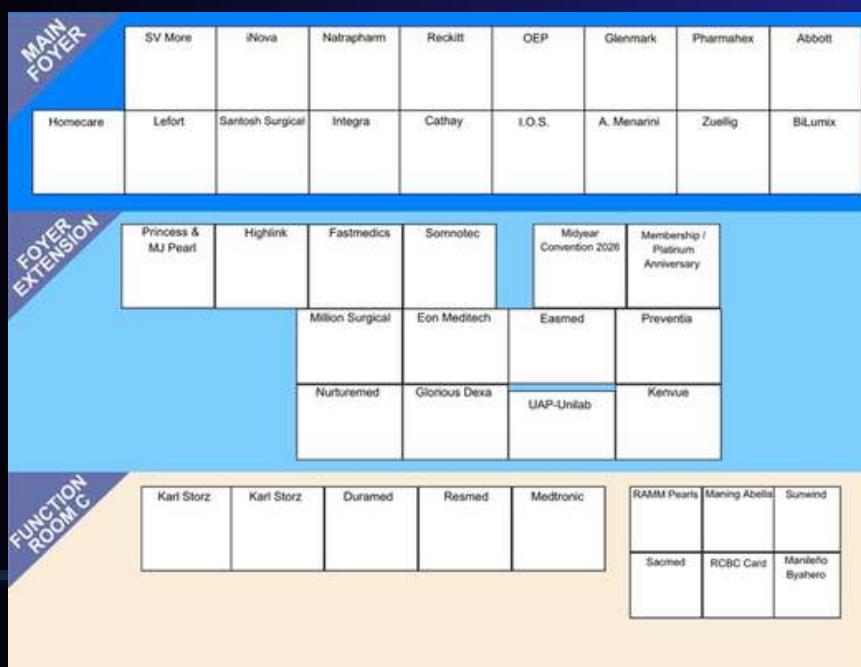
# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

### BOOTHS AND EXHIBITS

- Sponsor's and exhibitor's booths are located in the main foyer, foyer extension, Hall D and Function room C.
- The Booth Passport is included in the Convention kit. It reflects the layout of all booths and serves as your guide as you visit the exhibit areas.
- Please have your passport stamped at each booth you visit.
- Passports with complete stamps may be submitted at the Membership booth (in front of Hall A) on or before 12:00 noon of December 4, 2025 to qualify for a special raffle.



### SAVE THE EARTH

- Let us work together to reduce waste throughout the Convention. A reusable, collapsible cup is included in your Convention kit, and we encourage you to use this for your coffee and beverages during the event.
- To lessen our environmental footprint, printed materials have been minimized in favor of digital resources and QR codes.
- We encourage you to return the ID lanyard at the end of the Convention as this may be reused in subsequent Conventions. There will be a designated drop box at the Registration booth. Kindly keep your lanyard clean and in good condition.
- Additional details may be accessed through our Convention website at [psohns.org/annual-convention-2025](http://psohns.org/annual-convention-2025).
- The Souvenir e-Program may also be downloaded from the website.

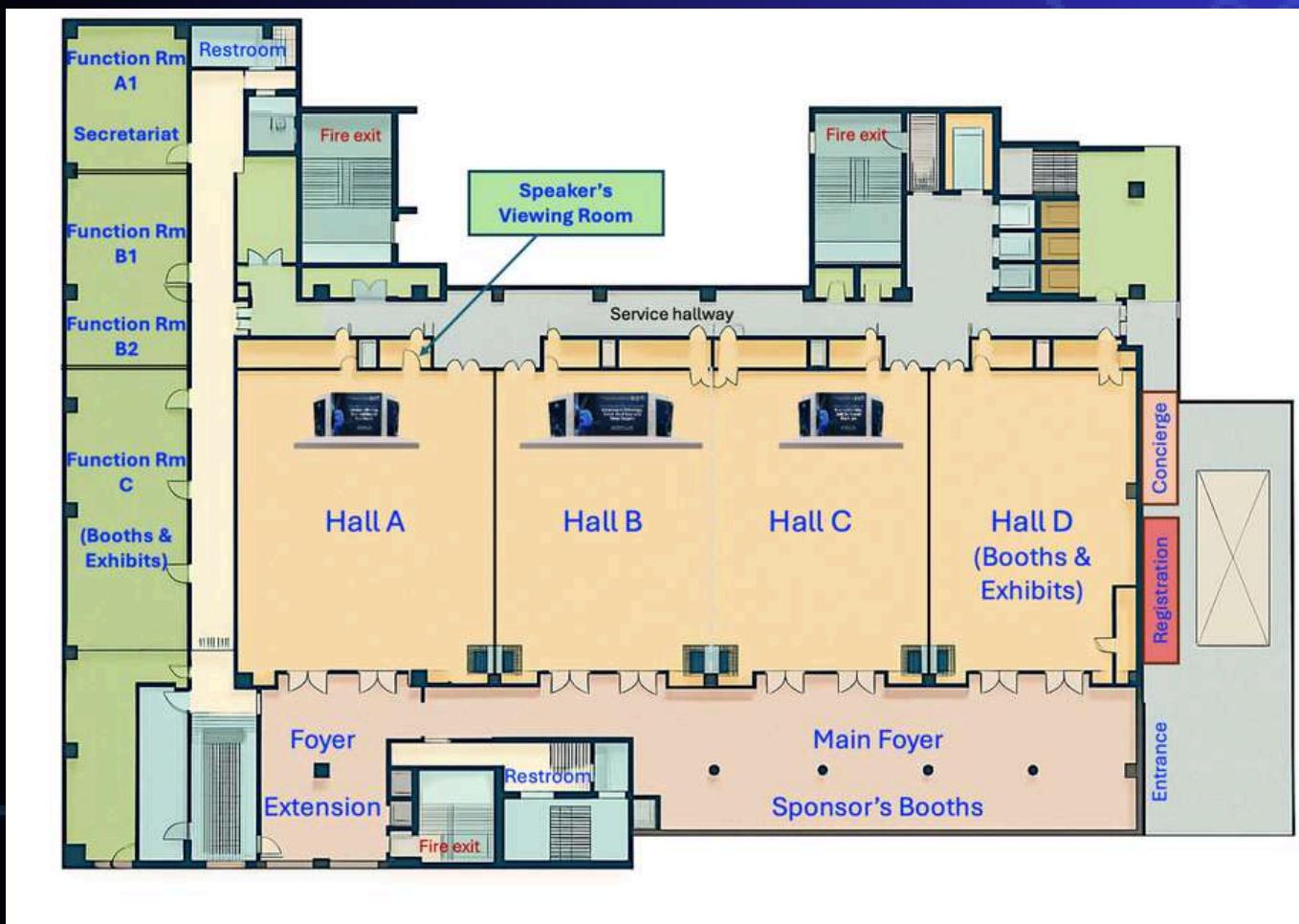
# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

## FLOOR PLAN

F  
L  
O  
O  
R  
P  
L  
A  
N



### Hall A, B, C

- Plenaries and Symposia
- Fellow's Business Meeting
- Rhinology Quiz Bee
- Rhinology Research Contest
- Free Paper Presentation

### Hall D

- Booths & Exhibits

### Main Foyer

- Major and Minor Sponsor's booths
- Foyer Extension
- Booths & Exhibits
- Membership, Platinum Anniversary and Midyear Convention Booth

### Function Rm. A

- Secretariat

### Function Rm. B1 & B2

- Clinical Encounters
- BOT Elections
- Academy Meeting Room
- Other special meetings

### Function Rm. C

- Booths & Exhibits

### Executive Lounge A

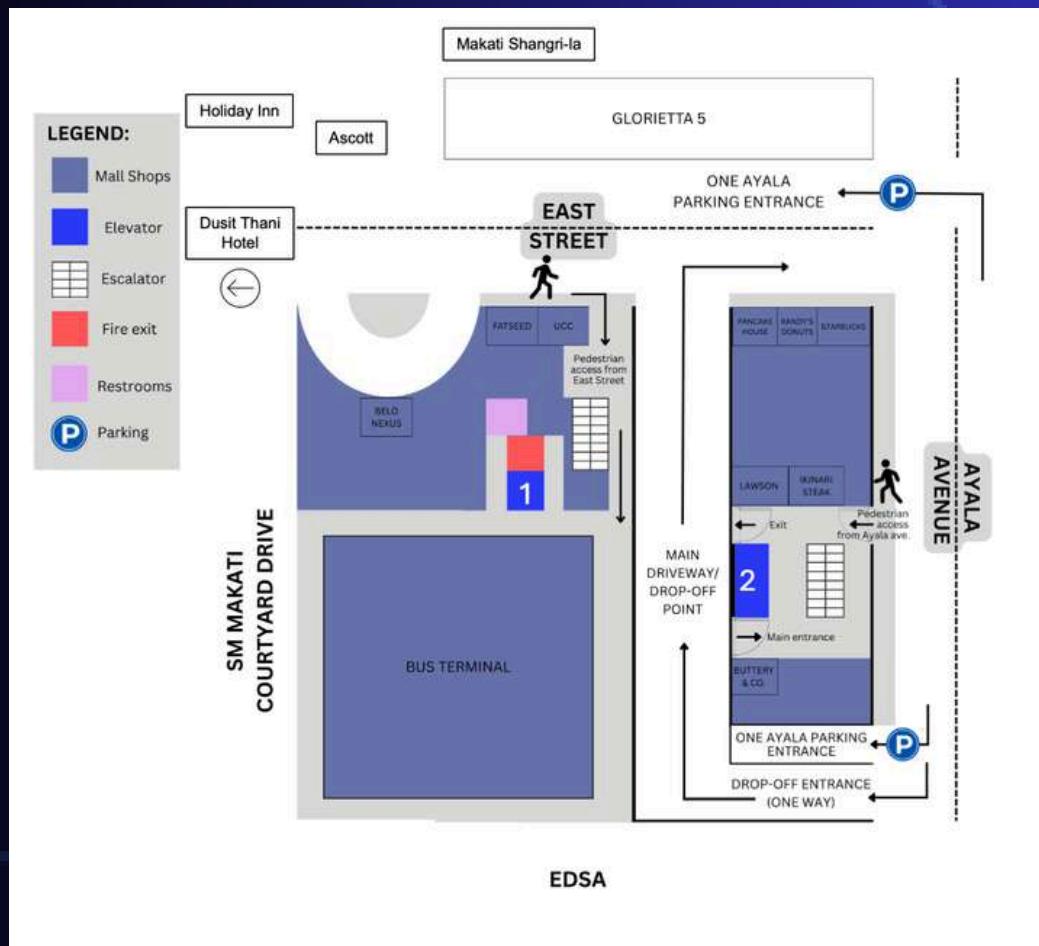
- Speaker's Viewing Room

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



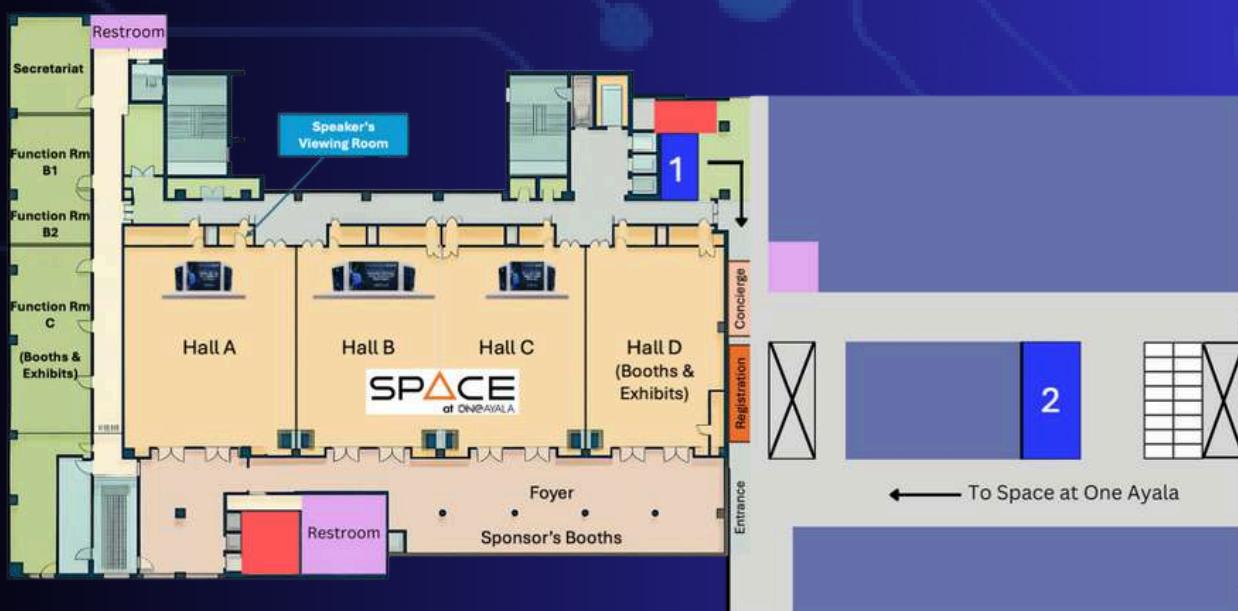
Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

## Upper Ground Floor



**F  
L  
O  
O  
R  
P  
L  
A  
N**

## 5th Floor



# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery

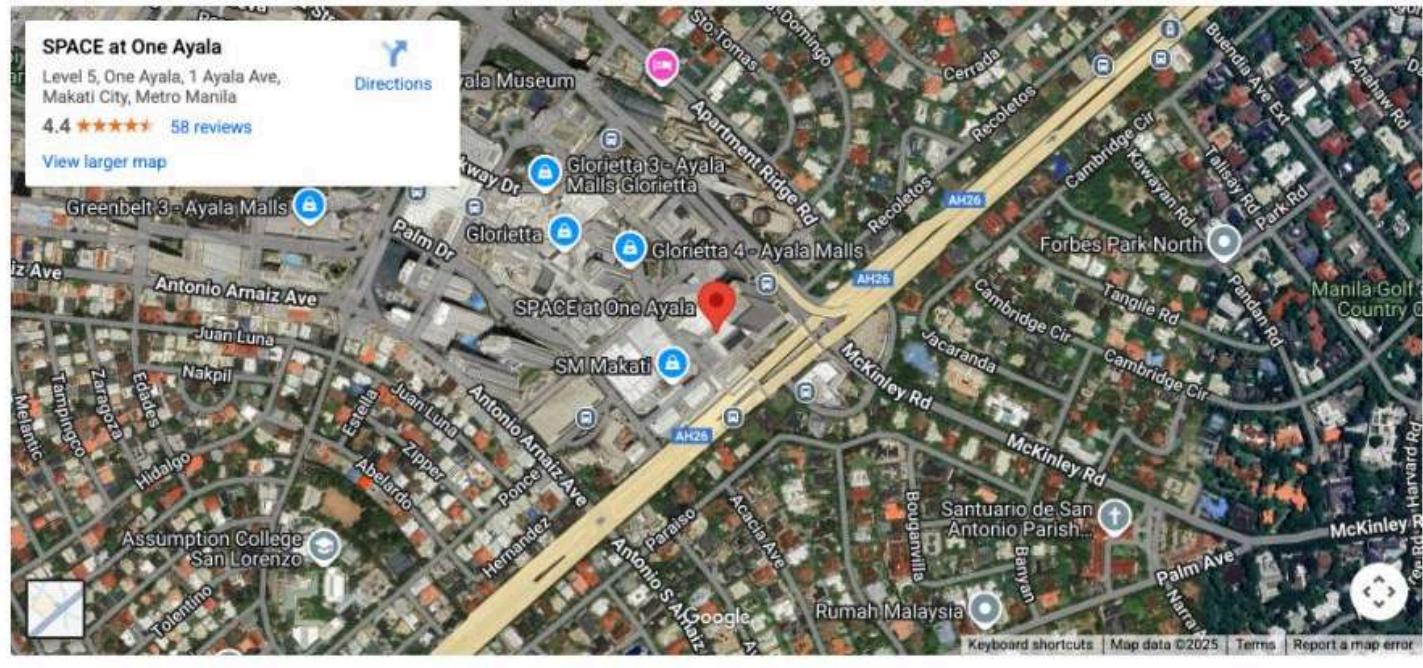


Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery



## Convention Venue

Space at One Ayala Level 5, One Ayala, 1 Ayala Avenue, Makati City, Metro Manila



VICINITY MAP

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

69TH PHILIPPINE SOCIETY OF OTOLARYNGOLOGY-HEAD AND NECK SURGERY (PSO-HNS) ANNUAL CONVENTION Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery				
December 02 - 04, 2025. Space at OneAyala, Makati				
DEC. 2 (TUESDAY)				
TIME	Hall A	Hall B & C	FR B1	FR B2
8:30AM - 9:30AM	OPENING CEREMONY			
9:30AM - 10:30AM	PLENARY 1 A Look into the Past, Present and Future of Rhinology			
10:30AM - 11:30AM	PLENARY 2 Exploring Olfaction		PAORLACI General meeting	
11:30AM - 12:20PM	SPONSORED PLENARY 1 Residual Dizziness: Diagnosis and Management Sponsored by: Abbott Laboratories Philippines		Midyear 2026 meeting (11:30-1:20PM)	
12:20PM - 1:20PM	LUNCH SYMPOSIUM 1 Distinguishing Infectious from Allergic Rhinitis Sponsored by: OEP, Philippines, Inc.			
1:20PM - 2:10PM	BOOTH VISIT			
2:10PM - 3:10PM	Academy Symposium 1: PAORLACI Immune System Disease in the Head and Neck	Symposium 1 Introduction to Obstructive Sleep Apnea	PALP General meeting	
3:10PM - 4:10PM	Academy Symposium 2: PAPO Pediatric Nasal Pathologies	Symposium 2 Home Sleep Apnea Testing	PAR General meeting	
4:10PM - 5:10PM	Academy Symposium 3: PALP Sound Check: Upgrade Your Vocal Engine	Symposium 3 Treatment Options for Obstructive Sleep Apnea	CE 1 How to Test the Chemical Senses: A Practical Workshop	
5:10PM - 6:30PM	BREAK		CE 2 Emerging Trends and Technology Advancements in Auditory Evoked Potentials Sponsored by: Manila Hearing Aid (5:30 - 6:30PM)	CE 3 Effectively utilizing Disposable and Reusable Home Sleep Apnea Testing (HSAT) Devices Sponsored by: Quality Sleep Philippines (5:30 - 6:30PM)
6:30PM - 7:30PM	DINNER SYMPOSIUM 1 When Throat Talks: Advancing Targeted Therapy for Fast Sore Throat Remedy Sponsored by: Reckitt Benckiser Healthcare Philippines			
7:30PM - 10:00PM	GALA NIGHT			

PROGRAM AT A GLANCE

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

### PROGRAM AT A GLANCE

DEC. 3 (WEDNESDAY)				
TIME	Hall A	Hall B & C	FR B1	FR B2
7:00AM - 9:00AM	PSO-HNS Free Paper Presentation	Dr. Ramon V. Arcenas Rhinology Research Contest		CE 4 Applications of Blue Light Laser in Sinonasal disorders Lecture w/ Hands-on Workshop Sponsored by: <del>Microlab</del> (8:00 - 9:00am)
9:00AM - 10:00AM	Academy Symposium 4: PANORS Tympanostomy Tube Innovations	Symposium 4 Integrated Updates in Allergic and Nonallergic Rhinitis		
10:00AM - 11:00AM	Academy Symposium 5: PAAUD Modern Otology in Focus: Eustachian Tube, Tinnitus and Tech	Symposium 5 Case Discussion on the Endoscopic Management of Sinonasal Malignancies	PSO-HNS BOT ELECTIONS (7:00-3:00PM)	PAAUD General meeting
11:00AM - 12:00NN	Academy Symposium 6: AHNOP The 2023 Philippine Clinical Practice Guidelines for Nasopharyngeal Cancer	Symposium 6 Navigating Smell and Taste Disorders		
12:00NN - 12:30PM	BOOTH VISIT			
12:30PM - 1:30PM	LUNCH SYMPOSIUM 2 Three Medications in ENT Practice Sponsored by: <del>Natrapharm</del> , Inc.			
1:30PM - 2:20PM	SPONSORED PLENARY 2 POV on Allergic Rhinitis Sponsored by: Glenmark Philippines, Inc.			PBO-HNS Board of Directors Meeting (2:00-3:00PM)
2:20PM - 3:40PM	PLENARY 3 Advances and Special Considerations in Obstructive Sleep Apnea Surgery		PBO-HNS meeting with Chairs and Program Directors of Training Institutions (3:20 - 4:20PM)	
3:40PM - 4:40PM	Updates on the Development of Diagnosis-Related Groups (DRG)			
4:40PM - 7:00PM	FELLOW'S BUSINESS MEETING		Residents Meet the Experts (5:30 - 6:30pm)	
7:00PM - 12:00MN	ALUMNI NIGHT			

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

4 (THURSDAY)				
TIME	Hall A	Hall B&C	FR B1	FR B2
7:00AM - 9:00AM		Rhinology Quiz Bee: MUST NOSE		CE 5 The Science behind Tracheostomy Tubes: Materials, Mechanics & Patient Impact Sponsored by: Somnotec (7:30AM - 8:30AM)
9:00AM - 10:00AM	PJO-HNS Symposium Early Career Researchers and Peer Review: Mentorship, Training, and Opportunities for ORL-HNS Fellows, Diplomates, and Residents	Symposium 7 Sinus Spectrum: Structural, Fungal and Dental Connections		PAFPRS General meeting
10:00AM - 11:00AM	Academy Symposium 7: PACMFS A History of Nasal Trauma and Reconstruction	Symposium 8 Pathways Through the Skull Base: Surgical Techniques and Management of Complications		PANORS General meeting
11:00AM - 12:00NN	Academy Symposium 8: PAFPRS Form and Function in Harmony: Enhanced Quality of Life	Symposium 9 Conquering Fears: Going Beyond the Basics		PACMFS General meeting
12:00NN - 12:30PM	BOOTH VISIT			
12:30PM - 1:30PM	LUNCH SYMPOSIUM 3 The Role of Xylitol-based Nasal Irrigation as a Vehicle of Intranasal Medications Sponsored by: SV More		PSO-HNS Poster Paper Presentation	ENT Care Centers Stakeholder's Meeting (1:00PM - 3:00PM)
1:30PM - 2:20PM	SPONSORED PLENARY 3 Cranio-maxillofacial Surgery: A 30-year Journey Sponsored by: Pharmahex		PASS General Meeting (2:00PM - 3:00PM)	
2:20PM - 3:20PM	PLENARY 4 Access and Control: Evolving Techniques in Sinonasal and Nasopharyngeal Tumor Resection			
3:20PM - 4:20PM	PLENARY 5 Practical Approaches to Rhinologic Surgery and Emergencies			AHNOP General meeting
4:20PM - 5:30PM	PLENARY 6 CRS in Focus: Integrating Clinical Insights and Emerging Therapies			PAPO General meeting (4:20 - 5:20PM)
5:30PM - 6:30PM	BREAK		CLINICAL ENCOUNTER 6 VISCOFLU: The Mucolytic Power of NAC & Hypertonic Solution. Exploring Dual Mechanisms for Enhanced Airway Clearance Sponsored by: Marburg Philippines	
6:30PM - 7:30PM	DINNER SYMPOSIUM The Legacy of Benzylamine: Over 50 Years of Clinical Experience for Every Sore Throat & Inflammatory Mouth Condition Sponsored by: iNova Pharmaceuticals, Inc.			
7:30PM - 11:00PM	FELLOWSHIP NIGHT			

P  
R  
O  
G  
R  
A  
M  
A  
G  
L  
A  
N  
C  
E



# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

### PROGRAM OF ACTIVITIES

69th PSO-HNS Annual Convention						
Theme: Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base, and Sleep Surgery						
December 2 - December 4, 2025. Space at One Ayala, Level 5, Makati, Philippines						
PROGRAM OF ACTIVITIES						
TIME	HALLA	HALLB&C	FRB1	FRB2		
8:30AM-9:30AM	OPENING CEREMONIES					
	The PRC'S Career Progression and Specialization Program-Credit Accumulation and Transfer System and Its Impact on Medical Practice in the Philippines					
	Keynote Speaker: EFREN LAXAMANA, MD, MBA, PhD (Chairperson, Philippine Regulatory Board of Medicine, PRC)					
9:30AM-10:30AM	PLENARY 1 A Look into the Past, Present and Future of Rhinology					
	Chair: RODANTE ROLDAN, MD, FPSO-HNS	Co-Chair: PATRICK JOSEPH ESTOLANO, MD, FPSO-HNS				
	Evolution of Rhinology Practice in the Philippines: Era of Endoscopic Transformation JOSEFINO HERNANDEZ, MD, FPSO-HNS					
	Advances in the Surgical Management of Recalcitrant Chronic Rhinosinusitis JIVIANNE LEE, MD (USA)					
	Olfactory Test in Japan: Unique Approaches to Evaluate Olfactory Function ERI MORI, MD (Japan)					
	Open forum					
	PLENARY 2					
10:30AM-11:30AM	Exploring Olfaction		PAORLACI General Meeting			
	Chair: ANTONIO CHUA, MD, FPSO-HNS	Co-Chair: MA. LOURDES ENECILLA, MD, FPSO-HNS				
	Diagnostic Approach and Management of Common Smell and Taste Disorders THOMAS HUMMEL, MD, PhD (Germany)					
	Olfactory Cleft Pathology ERI MORI, MD (Japan)					
	Trigeminal Function and Nasal Obstruction ANNA KRISTINA HERNANDEZ, MD, DPBO-HNS, PhD		2026 MIDYEAR CONVENTION EXHIBITOR'S MEETING (11:30AM - 1:20PM)			
	Open forum					
11:30AM-12:20PM	SPONSORED PLENARY 1 Sponsored by: Abbott Laboratories Philippines		PALP General Meeting			
	Residual Dizziness: Diagnosis and Management CHRISTOPHER MALORRE E. CALAQUIAN, MD, MBA, FPSO-HNS					
12:20PM-1:20PM	LUNCH SYMPOSIUM 1 Sponsored by: OEP Philippines, Inc.		PAR General Meeting			
	Moderator: TBA					
	Distinguishing Infectious from Allergic Rhinitis RODOLFO FERNANDEZ, III, MD, FPSO-HNS		BREATHING BETTER, LIVING BETTER: Advances in Rhinology, Smell, Skull Base and Sleep Surgery			
1:20PM - 2:10PM	BOOTH VISIT					
2:10PM-3:10PM	ACADEMY SYMPOSIUM 1: PAORLACI Immune System Disease in the Head and Neck Moderator: ANNE MARIE ESPIRITU, MD, FPSO-HNS	SYMPOSIUM 1 Introduction to Obstructive Sleep Apnea Moderator: AGNES TIRONA-REMULLA, MD, FPSO-HNS	23			
	Recurrent Parotitis: When to Suspect an Autoimmune Disease Cause MARIEEE REYES, MD, FPSO-HNS	Introduction to Obstructive Sleep Apnea RODOLFO DIZON, MD				
	Beyond Allergies, Rhinitis as Manifestation of Autoimmune Disease CHRISTIEN MARIE TORMON-NUFABLE, MD, FPSO-HNS	An Overview of the Clinical Evaluation for Obstructive Sleep Apnea JOHN MING REN LOH, MD (Singapore)				
	When the Immune System Speaks Through the Mouth: Oral Lesions in Autoimmune Diseases PAULA LUZ SANTOS, MD, FPSO-HNS	Open Forum				
3:10PM - 4:10PM	ACADEMY SYMPOSIUM 2: PAPO Pediatric Nasal Pathologies Chair: VICTOR ALARVA III, MD, FPSO-HNS Co-Chair: MAY CRISTINE OBANA, MD, FPSO-HNS	SYMPOSIUM 2 Home Sleep Apnea Testing Moderator: FRANCES MARY AGUSTIN, MD, FPSO-HNS	23			

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

<table border="1"> <tr> <td>Role of Adenoid Hypertrophy in Children with Chronic Rhinitis <b>HASMIN HANNAH LAYNO, MD, FPSO-HNS</b></td><td>Introduction to Home Sleep Apnea Testing for Obstructive Sleep Apnea <b>COX TAN-NGO, BSC, RRT (Canada)</b></td><td colspan="2" rowspan="3" style="background-color: #e67e22; color: white; text-align: center;"> <b>BREATHING BETTER, LIVING BETTER: ADVANCES IN RHINOLOGY, SMELL, SKULL BASE AND SLEEP SURGERY</b> </td></tr> <tr> <td>Not Just a Nosebleed: Cannot-Miss Diagnoses in Pediatric Epistaxis <b>ABIGAIL SALCEDO, MD, DPBO-HNS</b></td><td>Peripheral Arterial Tonometry (PAT) Technology for the Diagnosis of Sleep-Disordered Breathing <b>BRETT MCCLAREN, MSC RPSGT (Singapore)</b></td></tr> <tr> <td>Open Forum</td><td>Home Sleep Apnea Testing - Local Application and Experience <b>JIMMY CHANG, MD, FPSO-HNS</b></td></tr> </table>				Role of Adenoid Hypertrophy in Children with Chronic Rhinitis <b>HASMIN HANNAH LAYNO, MD, FPSO-HNS</b>	Introduction to Home Sleep Apnea Testing for Obstructive Sleep Apnea <b>COX TAN-NGO, BSC, RRT (Canada)</b>	<b>BREATHING BETTER, LIVING BETTER: ADVANCES IN RHINOLOGY, SMELL, SKULL BASE AND SLEEP SURGERY</b>		Not Just a Nosebleed: Cannot-Miss Diagnoses in Pediatric Epistaxis <b>ABIGAIL SALCEDO, MD, DPBO-HNS</b>	Peripheral Arterial Tonometry (PAT) Technology for the Diagnosis of Sleep-Disordered Breathing <b>BRETT MCCLAREN, MSC RPSGT (Singapore)</b>	Open Forum	Home Sleep Apnea Testing - Local Application and Experience <b>JIMMY CHANG, MD, FPSO-HNS</b>
Role of Adenoid Hypertrophy in Children with Chronic Rhinitis <b>HASMIN HANNAH LAYNO, MD, FPSO-HNS</b>	Introduction to Home Sleep Apnea Testing for Obstructive Sleep Apnea <b>COX TAN-NGO, BSC, RRT (Canada)</b>	<b>BREATHING BETTER, LIVING BETTER: ADVANCES IN RHINOLOGY, SMELL, SKULL BASE AND SLEEP SURGERY</b>									
Not Just a Nosebleed: Cannot-Miss Diagnoses in Pediatric Epistaxis <b>ABIGAIL SALCEDO, MD, DPBO-HNS</b>	Peripheral Arterial Tonometry (PAT) Technology for the Diagnosis of Sleep-Disordered Breathing <b>BRETT MCCLAREN, MSC RPSGT (Singapore)</b>										
Open Forum	Home Sleep Apnea Testing - Local Application and Experience <b>JIMMY CHANG, MD, FPSO-HNS</b>										
4:10PM - 5:10PM	ACADEMY SYMPOSIUM 3: PALP Sound Check: Upgrade Your Vocal Engine Chair: <b>REBECCA FELICIANO, MD, FPSO-HNS</b> Co-Chair: <b>MARY ARLENE BONGOSIA, MD, FPSO-HNS</b> Vocal Athletes: Clinical Care and Challenges in Performance Voice Medicine <b>MELFRED HERNANDEZ, MD, FPSO-HNS</b>	SYMPORIUM 3 Treatment Options for Obstructive Sleep Apnea Moderator: <b>LYNDON HENRY DACANAY, MD, FPSO-HNS</b>	CLINICAL ENCOUNTER 1 How to Test the Chemical Senses: A Practical Workshop Moderator: <b>JOSEFINO HERNANDEZ, MD, FPSO-HNS</b>								
	Appy Talk: Finding Online Tools for your Voice <b>RONALD TITULAR</b> <b>JOYCE ANN TITULAR</b>	Beyond AHI: Practical PAP Management for the ENT Surgeon <b>JULIUS GOH LIANG CHYE, MS (ORL-HNS) (Malaysia)</b>	Facilitators: <b>MA. LOURDES ENECILLA, MD, FPSO-HNS</b> <b>ANNA KRISTINA HERNANDEZ, MD, DPBO-HNS, PhD</b> <b>THOMAS HUMMEL, MD, PhD (Germany)</b> <b>ERI MORI, MD (Japan)</b>								
	Patient-Centered Voice In-Person/Teletherapy: Does Proximity and Distance Matter? <b>CARLA KRISHAN CUADRO, MRS-SP, RSLP</b>	Oral Appliance Therapy for Obstructive Sleep Apnea <b>RICARDO BONCAN, DMD</b>									
	Open Forum	Open Forum									
	BREAK										
			CLINICAL ENCOUNTER 2 Sponsored by: Manila Hearing Aid (5:30PM - 6:30PM)								
			CLINICAL ENCOUNTER 3 Sponsored by: Quality Sleep (5:30PM - 6:30PM)								
6:30PM - 7:30PM	DINNER SYMPOSIUM 1 Sponsored by: Reckitt Benckiser Healthcare Philippines, Inc.										
	When Throat Talks: Advancing Targeted Therapy for Fast Sore Throat Remedy <b>NATIVIDAD ALMAZAN, MD, , FPSO-HNS, MSClin Epi, PhD Edu</b> <b>MARIA SHAMYLLE QUINTO, MD, FPSO-HNS</b>										
7:30PM - 10:00PM	GALA NIGHT										
TIME	DECEMBER 3, 2025 (WEDNESDAY)										
	HALL A	HALL B & C	FR B1								
7:00AM- 9:00AM	PSO-HNS Free Paper Presentation	DR. RAMON V. ARCEÑAS RHINOLOGY RESEARCH CONTEST	<b>CLINICAL ENCOUNTER 4</b> Sponsored by: Microlab (8:00AM - 9:00AM)  Applications of Blue Light Laser in Sinonasal disorders Lecture w/ Hands-on Workshop <b>MA. LOURDES ENECILLA, MD, FPSO-HNS</b>								
9:00AM - 10:00AM	ACADEMY SYMPOSIUM 4: PANORS Tympanostomy Tube Innovations Chair: <b>CHRISTOPHER MALORRE CALAQUIAN, MD, MBA, FPSO-HNS</b> Co-Chair: <b>ROSARIO RICALDE, MD, FPSO-HNS</b>	SYMPORIUM 4 Integrated Updates in Allergic Rhinitis and Nonallergic Rhinitis Chair: <b>TERESA LUISA GLORIA-CRUZ, MD, FPSO-HNS</b> Co-Chair: <b>GIANCARLA AMBROCI, MD, FPSO-HNS</b>									
	Clinical Evaluation of A Novel Robotic Fully-Automated Handheld Tympanostomy Tube Surgical Applicator <b>LYNNE LIM, MD (Singapore)</b>	Allergic Rhinitis: Evolving Knowledge and Application <b>ANNE MARIE ESPIRITU, MD, FPSO-HNS</b>	PSO-HNS BOT ELECTIONS (7:00AM - 3:00PM)								
	Tympanostomy Tubes <b>KHUSHROO ARDESHAR PASTAKIA (India)</b>	Pediatric Allergic Rhinitis: from Guidelines to Clinical Practice <b>RICARDO RAMIREZ, JR, MD, FPSO-HNS</b>									
		Surgery for AR and NAR <b>SOMASUNDARAM SUBRAMANIAM, MD (Singapore)</b>									
		Open Forum									

PROGRAM OF ACTIVITIES

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

10:00AM - 11:00AM	ACADEMY SYMPOSIUM 5: PAAUD Modern Otolaryngology in Focus: Eustachian Tube, Tinnitus and Tech	SYMPORIUM 5 Case Discussion on the Endoscopic Management of Sinonasal Malignancies		
	Chair: JONA MINETTE LIGON, MD, FPSO-HNS Co-Chair: MELANIE GRACE CRUZ, MD	Chair: ARMANDO LORENZO, JR., MD, FPSO-HNS Co-Chair: JANUARY GELERA, MD, FPSO-HNS		
	A Practical Approach to Eustachian Tube Dysfunction GISELLE GOTAMCO, MD, FPSO-HNS			
	Tinnitus Evaluation and Management Options Available in the Philippines JOYCE RODVIE SAGUN, MD, MCI Aud, FPSO-HNS	Panelists: PETER SIMON JARIN, MD, FPSO-HNS JOMAN LAXAMANA, MD, FPSO-HNS TAE-BIN WON, MD, PhD (South Korea)		
	Experience in Continuous Irrigation Mode Endoscopic Ear Surgery (CIMEES) and Eustachian Tube Balloon Dilatation ING PING TANG, MD FRCS (Malaysia)			
	Open Forum	Open Forum		
11:00AM - 12:00NN	ACADEMY SYMPOSIUM 6: AHNOP The 2023 Philippine Clinical Practice Guidelines for Nasopharyngeal Cancer	SYMPORIUM 6 Navigating Smell and Taste Disorders		
	Chair: ARSENIO CLARO CABUNGCAL, MD, FPSO-HNS Co-Chair: PAULYN GADDI, MD, FPSO-HNS	Chair: NORMAN MENDOZA, MD, FPSO-HNS Co-Chair: RYAN CHUA, MD, FPSO-HNS		
	Screening, Diagnosis, and Pre-treatment Evaluation of Nasopharyngeal Cancer JC KENNETH JACINTO, MD	Smell and Taste Disorders in Systemic Diseases THOMAS HUMMEL, MD, PhD (Germany)		
	Treatment of Nasopharyngeal Cancer CESAR VINCENT VILLAFUERTE, III, MD, FPSO-HNS	What is the Optimal Surgical Strategy for Managing Olfactory Cleft Lesions? ERI MORI, MD (Japan)		
	Follow-up Care and Treatment of Recurrent Disease CHRISTINE JOY ARQUIZA, MD, FPSO-HNS	Parosmia THOMAS HUMMEL, MD, PhD (Germany)		
	Open forum	Open forum		
12:00NN - 12:30PM	BOOTH VISIT			
12:30PM - 1:30PM	LUNCH SYMPOSIUM 2 Sponsored by: Natrapharm, Inc.			
	Moderator: CHRISTOPHER MALORRE CALAQIAN, MD, MBA, FPSO-HNS			
	Three Medications in ENT Practice JOSEFINO HERNANDEZ, MD, FPSO-HNS			
1:30PM - 2:20PM	SPONSORED PLENARY 2 Sponsored by: Glenmark Philippines Inc.			
	Moderator: JOEL ROMUALDEZ, MD, FPSO-HNS			
	POV on Allergic Rhinitis MA. LOURDES ENECILLA, MD, FPSO-HNS RICARDO RAMIREZ, JR., MD, FPSO-HNS			
2:20PM - 3:40PM	PLENARY 3 Advances and Special Considerations in Obstructive Sleep Apnea Surgery			PBO-HNS Board of Directors Meeting (2:00PM - 3:00PM)
	Moderator: DUANE SALUD, MD, FPSO-HNS			
	Advances in Obstructive Sleep Apnea Surgery MICHAEL ALEXIUS SARTE, MD, FPSO-HNS			
	Dealing with the Tongue Base - Past, Present, and Future JOHN MING REN LOH, MD (Singapore)			
	Improving Outcomes in Obstructive Sleep Apnea Surgery JULIUS GOH LIANG CHYE, MS (ORL-HNS) (Malaysia)			
	Open forum			
3:40PM - 4:40PM	SYMPORIUM ON PROFESSIONALISM			PBO-HNS meeting with Chairs and Program Directors of Training Institutions (3:20PM - 4:20PM)
	Moderator: ARMANDO ISLA, JR., MD, FPSO-HNS			
	Updates on the Development of Diagnosis-Related Groups (DRG) MICAELA CORDERO, MD			
4:40PM - 7:00PM	FELLOW'S BUSINESS MEETING			RESIDENTS MEET THE EXPERTS (5:30PM - 6:30 PM)
7:00PM-12:00MN	ALUMNI NIGHT			

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

TIME	DECEMBER 4 (THURSDAY)			
	Hall A	Hall B & C	FR B1	FR B2
7:00AM - 9:00AM		RHINOLOGY QUIZ BEE - MUST NOSE		<b>CLINICAL ENCOUNTER 5</b> Sponsored by: Somnotec (7:30AM-8:30AM) The Science behind Tracheostomy Tubes: Materials, Mechanics and Patient Impact <b>PETER JOHN CARABEO, MD, FPSO-HNS</b>
9:00AM - 10:00AM	<b>PJO-HNS Symposium</b> Moderator: JEREMY LICUDINE, MD, FPSO-HNS  Early Career Researchers and Peer Review: Mentorship, Training, and Opportunities for ORL-HNS Fellows, Diplomates, and Residents <b>JOSE FLORENCIO LAPEÑA, JR., MA, MD, FPSO-HNS</b>	<b>SYMPOSIUM 7</b> Sinus Spectrum: Structural, Fungal and Dental Connections Chair: ALBERTO CALDERON, MD, FPSO-HNS Co-Chair: FATIMA GANSATAO, MD, FPSO-HNS  Updates on Septal and Turbinate Surgeries <b>NIÑO BERNARDO TIMBUNGCO, MD, FPSO-HNS</b> Fungal Rhinosinusitis <b>ARMANDO LORENZO, JR., MD, FPSO-HNS</b> Odontogenic Infections <b>KATHLEEN RODRIGUEZ-LABRADOR, MD, FPSO-HNS</b> Open Forum		<b>PAPRS General Meeting</b>
10:00AM - 11:00AM	<b>ACADEMY SYMPOSIUM 7: PACMFS</b> A History of Nasal Trauma and Reconstruction Chair: ISAAC CESAR DE GUZMAN, MD, FPSO-HNS Co-Chair: ARMANDO LORENZO, JR., MD, FPSO-HNS  <b>JOSE FLORENCIO LAPEÑA, JR., MA, MD, FPSO-HNS</b>	<b>SYMPOSIUM 8</b> Pathways Through the Skull Base: Surgical Techniques and Management of Complications Chair: JOMAN LAXAMANA, MD, FPSO-HNS  Co-Chair: GIANELE RICCA SUCGANG, MD, FPSO-HNS  Approaches to Skull Base <b>ING PING TANG, MD (Malaysia)</b>		<b>PANORS General Meeting</b>
11:00AM - 12:00NN		Management of Olfactory Neuroblastoma <b>TAE-BIN WON, MD, PhD (South Korea)</b>  Management of CSF Leaks and Skull Base Reconstruction <b>SOMASUNDARAM SUBRAMANIAM, MD (Singapore)</b>		
	Open Forum	Open Forum		
12:00NN-12:30PM	<b>ACADEMY SYMPOSIUM 8: PAFPRS</b> Form and Function in Harmony: Enhanced Quality of Life Chair: JOSE RICO ANTONIO, MD, FPSO-HNS Co-Chair: PHILIP FULLANTE, MD, FPSO-HNS  Functional Rhinoplasty <b>EDUARDO YAP, MD, FPSO-HNS</b>  Cleft Rhinoplasty <b>MA. CARMELITA SAMACO, MD, FPSO-HNS</b>  Open Forum			
12:30PM-1:30PM	<b>LUNCH SYMPOSIUM 3</b> Sponsored by: SV More  Moderator: LEMUEL IAN GUEVARA, MD, FPSO-HNS  The Role of Xylitol-based Nasal Irrigation as a Vehicle of Intranasal Medications <b>RYAN CHUA, MD, FPSO-HNS</b>  Panelists: <b>MA. LOURDES ENECILLA, MD, FPSO-HNS</b> <b>PETER SIMON JARIN, MD, FPSO-HNS</b>			
	<b>Poster Session Contest on Surgical Instrumentation and Innovation</b>			
	<b>ENT Care Centers Stakeholder's Meeting (1:00PM - 3:00PM)</b>			

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

1:30PM - 2:20PM	<b>SPONSORED PLENARY 3</b> Sponsored by: Pharmahex Cranio-maxillofacial Surgery: A 30-year Journey <b>ROBERTO PANGAN, DMD, MD, Hon. Member FPSO-HNS</b>	<b>PASS General Meeting</b> (2:00PM - 3:00PM)
2:20PM - 3:20PM	<b>PLENARY 4</b> Access and Control: Evolving Techniques in Sinonasal and Nasopharyngeal Tumor Resection Chair: CESAR DE LEON, MD, FPSO-HNS   Co-Chair: RODOLFO FERNANDEZ, III, MD, FPSO-HNS Managing Sinonasal Malignancy: Endoscopic, Open, Combined <b>ARSENIO CLARO CABUNGCAL, MD, FPSO-HNS</b> Centripetal Approaches to Tumors <b>SOMASUNDARAM SUBRAMANIAM, MD (Singapore)</b> Endoscopic Nasopharyngectomy <b>TAE-BIN WON, MD (South Korea)</b> Open Forum	
3:20PM - 4:20PM	<b>PLENARY 5</b> Practical Approaches to Rhinologic Surgery and Emergencies Chair: RAINDROP EMBATE, MD, FPSO-HNS   Co-Chair: JEMILYN GAMMAD, MD, FPSO-HNS Rhinology Practice in the Province: FESS with Limited Instruments <b>JOMAN LAXAMANA, MD, FPSO-HNS</b> Revision ESS <b>JOMAN LAXAMANA, MD, FPSO-HNS</b> Management of Epistaxis <b>NORMAN MENDOZA, MD, FPSO-HNS</b> Open forum	<b>AHNOP General Meeting</b>
4:20PM - 5:30PM	<b>PLENARY 6</b> CRS in Focus: Integrating Clinical Insights and Emerging Therapies Chair: NIÑO BERNARDO TIMBUNGCO, MD, FPSO-HNS   Co-Chair: SANDY GERALDINE BAUTISTA, MD, FPSO-HNS Current Concepts in CRS <b>MA. LOURDES ENECILLA, MD, FPSO-HNS</b> Case Discussion on the Management of CRS <b>RODANTE ROLDAN, MD, FPSO-HNS</b>	
5:30PM - 6:30PM	Open forum  BREAK	<b>CLINICAL ENCOUNTER 6</b> Sponsored by: Marburg Philippines VISCOFLU: The Mucolytic Power of NAC & Hypertonic Solution. Exploring Dual Mechanisms for Enhanced Airway Clearance <b>FREDERICK MARS UNTALAN, MD, FPSO-HNS</b>
6:30PM-7:30PM	<b>DINNER SYMPOSIUM 2</b> Sponsored by: iNova Pharmaceuticals, Inc.  The Legacy of Benzylamine: Over 50 Years of Clinical Experience for Every Sore Throat & Inflammatory Mouth Condition <b>KEITH ROMEO AGUILERA, MD, FPSO-HNS</b> <b>KIRT AREIS DELOVINO, MD, FPSO-HNS</b> <b>FREDERICK MARS UNTALAN, MD, FPSO-HNS</b>	
7:30PM - 11:00PM	FELLOWSHIP NIGHT	



BREATHING BETTER, LIVING BETTER:

Advances in Rhinology, Smell, Skull Base and Sleep Surgery

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

A  
B  
S  
T  
R  
A  
C  
T

## PLENARY 1: A Look into the Past, Present and Future of Rhinology

Chair: Rodante Roldan, MD  
Co-Chair: Patrick Joseph Estolano, MD

- **The Evolution of Rhinology Practice in the Philippines: Era of Endoscopic Transformation**  
Josefino Hernandez, MD
- **Advances in the Surgical Management of Recalcitrant Chronic Rhinosinusitis**  
Jivianne Lee, MD
- **Olfactory Test in Japan: Unique Approaches to Evaluate Olfactory Function**  
Prof. Eri Mori

## PLENARY 2: Exploring Olfaction

Chair: Antonio Chua, MD  
Co-Chair: MA. Lourdes Eneilla, MD

- **Diagnostic Approach and Management of Common Smell and Taste Disorders**  
Thomas Hummel, MD, PhD
- **Olfactory Cleft Pathology**  
Prof. Eri Mori
- **The Nose Does More Than Smell: Exploring Trigeminal Function and Nasal Obstruction**  
Anna Kristina Hernandez, MD, PhD

## SPONSORED PLENARY 1

Sponsored by: Abbott Laboratories Philippines

- **Residual Dizziness: Diagnosis and Management**  
Christopher Malorre E. Calaquin, MD

## LUNCH SYMPOSIUM 1

Sponsored by: OEP Philippines, Inc.

- **Distinguishing Rhinitis from Infection**  
Rodolfo Fernandez, III, MD

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

**A  
B  
S  
T  
R  
A  
C  
T**

### ACADEMY SYMPOSIUM 1: PAORLACI

#### Immune System Disease in the Head and Neck

Moderator: Anne Marie Espiritu, MD, FPSO-HNS

- **Recurrent Parotitis: When to Suspect an Autoimmune Cause**

Lecturer: Dr. Marifee Reyes

Recurrent parotitis is a rare occurrence in children and adults. The objective of the lecture is to present a case of recurrent parotitis in a child and in an adult while exploring its possible causes, differential diagnoses, and management. The lecture will also provide an updated literature review on recurrent parotitis and autoimmune diseases of the parotid gland.

- **Beyond Allergies, Rhinitis as Manifestation of Autoimmune Disease**

Christien Marie Tormon- Nufable, MD

Medical Specialist II

Department of Otorhinolaryngology- Head & Neck Surgery

Western Visayas Medical Center

Rhinitis is often thought of as just an allergy, but in some cases it may actually sign of an autoimmune condition. This lecture will look at how and why rhinitis can develop when the immune system attacks the body's own tissues. Comparison of an allergy-related rhinitis with an autoimmune-related rhinitis, differentiation in symptoms, and the importance of recognizing the distinction will be discussed. This lecture aims to demonstrate that rhinitis is not just allergies, but to encourage a broader view in diagnosis and management.

- **When the Immune System Speaks Through the Mouth: Oral Lesions in Autoimmune Diseases**

Paula Luz Santos, MD

Medical Specialist III

Southern Philippines Medical Center

The oral cavity is often where autoimmune diseases initially manifest, yet these signs may be easily overlooked. This lecture explores the spectrum of oral manifestations of autoimmunity, with a focus on their diagnostic value and impact on patient care. In the Philippine context, although conditions such as lupus, pemphigus, and Sjögren's syndrome are relatively uncommon, they remain clinically significant and may be underrecognized. Awareness of oral involvement is therefore highly relevant to everyday ORL-HNS practice. By learning to listen when the immune system speaks through the mouth, clinicians can detect diseases earlier, respond more effectively, and ultimately improve patient outcomes.

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

### ABSTRACT

#### SYMPOSIUM 1

Introduction to Obstructive Sleep Apnea  
Moderator: Agnes Tirona-Remulla, MD

- **Introduction to Obstructive Sleep Apnea**

Rodolfo Dizon, MD

- **An Overview of the Clinical Evaluation for Obstructive Sleep Apnea**

John Ming Ren Loh, MD (Singapore)

Consultant

Department of Otorhinolaryngology, Head & Neck Surgery  
Changi General Hospital

Synopsis: This talk aims to give a framework from history taking, physical examination, awake to drug induced sleep endoscopy, to evaluate a patient with Obstructive Sleep

#### ACADEMY SYMPOSIUM 2: PAPO

Pediatric Nasal Pathologies  
Chair: Ann Kathleen Barlin, MD  
Co-Chair: May Cristine Obana, MD

- **Role of Adenoid Hypertrophy in Children with Chronic Rhinitis**

Hasmin Hannah Layno, MD  
Consultant, Dept. of ORL-HNS  
Asian Hospital and Medical Center

Adenoid hypertrophy is a common condition in children that can cause symptoms such as nasal obstruction, ear infections and sleep disordered breathing. Common methods to diagnose adenoid hypertrophy in children include lateral skull X ray, flexible endoscopy, or intraoperative rigid nasal endoscopy as the gold standard. Adenoid hypertrophy can lead to various medical conditions which includes acute rhinosinusitis with some progressing to chronic rhinosinusitis. Numerous studies show that the adenoids can serve as a reservoir for pathogens causing this condition in children. The clinical consensus statement on the optimal diagnosis and management of pediatric chronic rhinosinusitis of 2014 suggests that the first step is to treat the patient with an empirical antibiotic therapy effective against typical rhinosinusitis pathogens for at least 20 consecutive days. If the condition persists, culture-directed antibiotic therapy is to be prescribed along with a high-volume nasal saline wash & topical nasal steroids. If this strategy is not successful, adenoidectomy is considered the first line surgical procedure for children up to 12 years old. Endoscopic sinus surgery (ESS) should be considered only in case of failure of medical therapy and adenoidectomy.

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

### ABSTRACT

- **Not Just a Nosebleed: Cannot-Miss Diagnoses in Pediatric Epistaxis**  
Abigail Salcedo, MD

#### SYMPOSIUM 2

#### Home Sleep Apnea Testing

Moderator: Frances Mary Agustin, MD

- **Home Sleep Apnea Testing in the Philippine - Conveniently Diagnosing OSA using WatchPAT**

Cox Tan-Ngo, BSC, RRT (Canada)

President/CEO

Quality Sleep Philippines

**ABSTRACT:** This presentation explores a contemporary approach to diagnosing obstructive sleep apnea (OSA) through the use of home sleep apnea tests (HSAT), with a focus on the implementation and benefits of WatchPAT in the Philippines. The session outlines the criteria for patient selection, emphasizing the importance of pre-qualifying candidates based on established inclusion and exclusion guidelines to ensure optimal testing efficacy. Attendees will learn about the comparative advantages between HSAT and in-laboratory polysomnography (PSG), particularly for patients whose clinical presentation suggests moderate to severe OSA versus those suspected of other sleep disorders.

Key points include the role of standardized reporting protocols and the necessity of clear communication among medical staff and referring physicians, especially when test results are ambiguous or when patients do not meet HSAT criteria. The presentation will also discuss the impact of misclassification and the steps required to address recurring issues, ensuring adherence to national guidelines and American Academy of Sleep Medicine (AASM) standards. WatchPAT's innovative approach, with options for both disposable and reusable devices, remote scoring via an online portal, and rapid data availability, illustrates a scalable model that can significantly reduce wait times for uncomplicated OSA cases. By offering a streamlined diagnostic process that aligns with modern clinical criteria, this presentation highlights how WatchPAT is reshaping sleep apnea management in national and international contexts, ultimately improving patient outcomes and fostering integration into broader sleep disorder screening protocols.

**ACCOMPLISHMENTS:** Cox Tan-Ngo is the President & CEO of AR Medical Technologies. He is a Registered Respiratory Therapist with a Bachelor of Science Degree in Cardiopulmonary Sciences from Northeastern University. He received additional training at the School of Sleep Medicine, an affiliated program in collaboration with Stanford University Center of Excellence for the Diagnosis and Treatment of Sleep Disorders. He currently holds Copyrights in US and Canada for Facial Feature Detection and Measurements that integrate AI and machine learning used for the treatment of obstructive sleep apnea.

Other positions and titles Cox currently holds include: Co-founder and President & CEO of Quality Sleep Philippines, Co-founder and current General Manager /Clinical Director for Clinical Sleep Solutions Inc., Co-founder & current Chairman for the BC Respiratory and Sleep Providers Association.

- Peripheral Arterial Tonometry (PAT) Technology for the Diagnosis of Sleep-Disordered Breathing**

Brett McLaren, MSC RPSGT (Singapore)

McLaren Brett Anthony  
Area Business Director  
ZOLL Itamar

**Abstract:** Diagnosing Sleep Apnea can be challenging in the real-world setting. To improve accessibility, a home sleep apnea testing methodology utilizing Peripheral Arterial Tonometry is available to Philippines physicians for the diagnosis of sleep apnea. This presentation will focus on the utility of Peripheral Arterial Tonomometry using the diagnostic tool WatchPAT® to record, review and report on patients presenting with high pre-test probability OSA.

- Home Sleep Apnea Testing - A Viable Diagnostic Option**

Jimmy Chang, MD  
Head, Comprehensive Sleep Disorders Center  
St. Luke's Medical Center-Quezon City

The lecture "Home Sleep Apnea Testing: A Viable Diagnostic Option" highlights the growing role of Home Sleep Apnea Testing (HSAT) in diagnosing obstructive sleep apnea (OSA), especially in the context of pandemic-related healthcare shifts. OSA significantly affects health and quality of life, but diagnostic accuracy through clinical examination alone remains limited, with only 50–60% sensitivity even by experts.

The pandemic disrupted access to in-laboratory polysomnography (PSG), traditionally the gold standard for OSA diagnosis. This led to increased reliance on HSAT as a practical, cost-effective alternative. HSAT allows patients to undergo testing at home, improving comfort and accessibility while reducing hospital exposure and cost.

Despite its advantages, HSAT has limitations. It lacks the ability to monitor sleep stages and limb movements, and it is not suitable for pediatric, elderly, or patients with complex comorbid conditions. Proper patient selection—moderate to high risk for OSA—and interpretation by a certified sleep specialist are critical for effective use.

The lecture also addresses technology requirements (airflow, respiratory effort, oxygenation), the use of PAT technology, and the importance of using validated Level 3 devices. For areas without Level 1 facilities or patients with limited insurance coverage, HSAT serves as an accessible diagnostic path. Integration with therapeutic approaches like APAP trials and follow-up PSG when necessary is recommended.

Ultimately, HSAT offers a viable diagnostic alternative in appropriate settings, especially when timely diagnosis and treatment are crucial.

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

### ACADEMY SYMPOSIUM 3: PALP

#### Sound Check: Upgrade Your Vocal Engine

Chair: Rebecca Feliciano, MD

Co-Chair: Mary Arlene Bongosia, MD

- **Melfred Hernandez, MD**

- **Appy Talk: Finding Online Tools for your Voice**

**Ron Timothy Titular**

**Joyce Ann Titular**

- **Patient-Centered Voice Teletherapy vs. In-Person Intervention: Does Proximity and Distance Matter?**

**Carla Krishan Cuadro, MRS-SP, RSLP**

speech-language pathologist

Lee Silverman Voice Treatment (LSVT-LOUD) Certified Clinician

McNeill Dysphagia Therapy Program (MDTP) Certified Provider

The rapid adoption of voice teletherapy raises a critical question: Is physical proximity truly essential for achieving effective therapeutic outcomes? This presentation will address this concept by presenting comparative data on patient experiences and clinical outcomes across two distinct delivery models: traditional, in-person voice therapy and synchronous teletherapy. Using a patient-centered framework, our analysis moves beyond simple functional improvements (objective acoustic measures, Voice Handicap Index scores) to assess vital patient-reported metrics, including therapeutic alliance, treatment adherence, and overall satisfaction. The central dilemma that will be explored is whether geographic distance inherent in teletherapy fundamentally compromises the clinician-patient relationship, or if the compelling advantages of accessibility and scheduling flexibility ultimately outweigh the need for physical proximity.

The session will provide evidence-based guidance for optimizing service delivery models. Attendees will learn practical strategies for maximizing efficacy and maintaining high-quality, patient-centered voice care within the fast-evolving digital health landscape.

### ABSTRACT

Tympanostomy Tubes are divided into short-term tubes and long-term tubes, depending on their time duration of instatement. Depending on the indications for tube placement and surgeon experience with the same, myriad of Tympanostomy tubes have been created in attempts to provide better middle ear ventilation, improved ease of placement and preventing complications like post-tube otorrhea, persistent perforation and tube occlusion. In order for a tube to be effective, it should be biocompatible with the middle ear to minimize a foreign body reaction, with Teflon and silicone remaining two of the most commonly used materials. Tympanostomy tube design also plays a vital role for insertion and retention times. With nearly 1 out of every 15 children by the age of 3 years receiving Tympanostomy Tubes, it is imperative that the right tube be chosen to facilitate optimal ventilation of the middle ear, while minimizing complications.

**A  
B  
S  
T  
R  
A  
C  
T**

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

### ABSTRACT

#### PREFACE

Tympanostomy tube insertion for ventilation of the middle ear is one of most commonly performed procedures to counter otitis media with effusion, recurrent acute otitis media, hearing loss caused by middle ear effusion and persistent acute otitis media.

#### GLOBAL STATISTICS

Mostly prevalent in children below 6 years of age, more than 10 million surgeries of Myringotomy incision & Tympanostomy tube insertion are undertaken across the world every year.

#### RISK FACTORS

Myringotomy is a common surgery to help drain fluid from the middle ear, allowing air to circulate, preventing infections, relieving pressure and is considered safe and easy to perform, but may encounter couple of potential risks.

#### DIFFERENT TYMPANOSTOMY TUBES

Classification on the basis materials, dimensions, applications, durations and configurations.

#### ADVANTAGES

Which material are used in manufacturing of Tympanostomy tubes and their advantages, which are the ones for short term and long-term use. BIOCOMPATIBILITY TESTS Different testing undertaken to establish the biocompatibility of all the Tympanostomy Tubes.

#### EXTRUSIONS

Factors that contribute towards premature extrusions of Tympanostomy tubes that includes patient related and product related.

#### PREFERENCES

Different types of Tympanostomy tubes and their usage patterns worldwide, depending on individual surgeon's preferences.

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

**A  
B  
S  
T  
R  
A  
C  
T**

### SYMPOSIUM 3

#### Treatment Options for Obstructive Sleep Apnea

Moderator: Lyndon Henry Dacanay, MD

- **Beyond AHI: Practical PAP Management for the ENT Surgeon**  
**Julius Goh Liang Chye, MS (ORL-HNS) (Malaysia)**
- **Oral Appliance Therapy for Obstructive Sleep Apnea**  
**Ricardo Boncan, DMD**  
Head  
St. Luke's Medical Center Dentistry and Oral Surgery, Quezon City

While the mainstay for the management of Obstructive Sleep Apnea is CPAP devices, the compliance of patients for this modality is poor.

Over the last 15 years a growing recognition that Mandibular Advancement Devices (MAD) may fill the gap of those unwilling to use CPAP. Initially, MAD's were found to be beneficial for mild and borderline moderate OSA, however there is growing evidence that combination therapy or sole therapy even in more severe cases of OSA may impart some benefit. What will be discussed will be an overview of the procedure for assessment, fabrication and benefits of oral appliance therapy in more recent studies.

### DINNER SYMPOSIUM 1

Sponsored by: Reckitt Benckiser Healthcare Philippines, Inc.

- **When Throat Talks: Advancing Targeted Therapy for Fast Sore Throat Remedy**  
**Natividad A. Almazan, MD, MSClin Epi, PhD Edu**  
**Maria Shamylle C. Quinto, MD**

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

### ABSTRACT

#### CLINICAL ENCOUNTER 1

##### How to Test the Chemical Senses: A Practical Workshop

Moderator: JOSEFINO HERNANDEZ, MD

Facilitators:

Ma. Lourdes Enecilla, MD

Anna Kristina Hernandez, MD, PhD

Thomas Hummel, MD, PhD (Germany)

Eri Mori, MD (Japan)

This interactive workshop provides hands-on training in assessing the chemical senses, including smell, taste, and intranasal trigeminal function. The session covers an overview of relevant anatomy and physiology for each modality, followed by rotation through three practical stations with demonstrations of standardized testing procedures. Participants will observe and practice these procedures, learn scoring methods, and interpret results. The workshop accommodates up to 36 participants divided into small groups, allowing direct engagement with each station. Active participation is encouraged during discussion and question-and-answer segments, focusing on practical challenges and interpretation of findings, with applications in both research and clinical settings.

#### CLINICAL ENCOUNTER 2

Sponsored by: Manila Hearing Aid

- **Emerging Trends and Technology Advancements in Auditory Evoked Potentials**

Maria Rina Reyes-Quintos, MD, MClinAud, PhD

- **Aided Cortical**

Rasmus Skipper, MSc (Aud) (Denmark)

#### CLINICAL ENCOUNTER 3

Sponsored by: Quality Sleep

- **Effectively utilizing Disposable and Reusable Home Sleep Apnea Testing (HSAT) Devices**

Jimmy Chang, MD

Brett McLaren, MSC RPSGT (Singapore)

Cox Tan-Ngo, BSC, RRT (Canada)

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

### ACADEMY SYMPOSIUM 4: PANORS

#### Tympanostomy Tube Innovations

Chair: Christopher Malorre Calaquian, MD, MBA

Co-Chair: Rosario Ricalde, MD

- Clinical Evaluation of A Novel Robotic Fully-Automated Handheld Tympanostomy Tube Surgical Applicator  
Dr. Lynne Lim  
Senior Consultant and Adjunct Associate Professor  
Lynne Lim Ear Nose Throat and Hearing Centre

**INTRODUCTION:** CLiKX is a novel robotic handheld surgical applicator for tympanostomy tube insertion. It aims to reduce the need for multiple instruments use, general anaesthesia and surgical theatre.

#### METHODOLOGY:

A prospective clinical trial was conducted with CLiKX for patients needing tympanostomy tube surgery in Indonesia. The aim was to evaluate CLiKX's safety and performance. Standard paediatric FDA approved ear tubes were used.

#### RESULTS:

70 ears amongst 40 patients were treated. Median age of 6 years. 7 months to < 2 years (n=4), 2 to <5 years (n=11), 5 to <18 years (n=17), 18 to 60 years (n=8). Mode of anesthesia was general anesthesia (n=3), moderate sedation (n=47), local anesthesia (n=19) and no anesthesia (n=1).

Mean rate of successful tube insertion was 97.4% (n=38/39) with 95% CI of 92.5% to 100%. Logistic regression statistical analysis and stratification by age confirmed that CLiKX® performed reliably across all age groups. The one failure was in a 6 year old patient under moderate sedation with a very thinned ear drum and narrow ear canal fitting only a 3 mm speculum.

Safety rate was 100% with no adverse events of hearing loss, trauma or device failures. At 1 month follow up, tubes retention was 94.3% and ear tubes were patent in 98.5% of cases.

The overall procedural impression was rated as "very good" (4.6/5) by the surgeon, with at least "easy to use" (100%) across all modes of anesthesia. Patient and caregiver satisfaction was high, with 97.5% saying they would recommend the procedure to others.

**CONCLUSION:** CLiKX offers a minimally invasive, safe and effective alternative to traditional ear tube surgery, warranting further clinical trials.

**ABSTRACT**

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

### ABSTRACT

- **Tympanostomy Tubes**

Khushroo Ardeshar Pastakia (India)

#### SYMPOSIUM 4

#### Integrated Updates in Allergic Rhinitis and Nonallergic Rhinitis

Chair: Teresa Luisa Gloria-Cruz, MD

Co-Chair: Giancarla Ambrocio, MD

- Updates in AR Management

Anne Marie Espiritu, MD

- Pediatric Allergic Rhinitis: from Guidelines to Clinical Practice

Ricardo Ramirez, Jr., MD

Allergic rhinitis (AR) represents the most prevalent chronic disease in the pediatric population, with peak incidence occurring during the school-age years. The global prevalence of pediatric AR continues to increase, reflecting complex interactions between genetic susceptibility, environmental exposures, and allergen sensitization. Advances in diagnostic methodologies, including molecular allergology and objective assessment tools, have improved the precision of AR diagnosis in children. Contemporary pharmacotherapeutic strategies have shifted toward personalized, evidence-based management paradigms that emphasize both therapeutic efficacy and safety. Current international guidelines advocate a stepwise approach to treatment, tailored according to symptom severity, clinical response, and shared decision-making between clinicians, patients, and caregivers. These emerging insights underscore the importance of individualized diagnostic and therapeutic frameworks for pediatric AR, facilitating optimized disease control, symptom reduction, and enhanced health-related quality of life.

- **Surgery for AR and NAR**

SOMASUNDARAM SUBRAMANIAM, MD (Singapore)

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

**A  
B  
S  
T  
R  
A  
C  
T**

### ACADEMY SYMPOSIUM 5: PAAUD

#### Modern Otology in Focus: Eustachian Tube, Tinnitus and Tech

Chair: JONA MINETTE LIGON, MD

- **A Practical Approach to Eustachian Tube Dysfunction**  
**GISELLE GOTAMCO-LO, MD**

- **Tinnitus Evaluation and Management Options Available in the Philippines: Let's Talk Tinnitus: From Patient Stories to Practice Solutions**  
**JOYCE RODVIE SAGUN, MD, McAud**

Assistant Professor 1

Master of Clinical Audiology, Faculty of Medicine and Surgery  
University of Santo Tomas

#### Synopsis:

Tinnitus, a symptom affecting millions worldwide, including Filipinos, presents a significant challenge. This lecture is designed to empower ear and hearing healthcare professionals, with the knowledge and skills to confidently evaluate and manage tinnitus. Your role is crucial, and by bridging theory and practice with local patient cases, this lecture aims to equip you to make a real difference in the lives of those affected.

Through patient narratives, we'll explore the diverse presentations of tinnitus in our local population, from a young adult BPO employee to patients with age-related hearing loss. Each story illuminates critical diagnostic considerations, cultural factors affecting patient communication, and the socioeconomic realities influencing treatment accessibility.

The lecture will cover comprehensive evaluation protocols adapted for Philippine clinical practice, including cost-effective assessment tools and culturally sensitive patient interview techniques. We'll discuss the local management options, from lifestyle modifications and sound therapy to cognitive behavioral therapy (CBT) and referral pathways for specialized care.

#### Key focus areas include:

- Practical diagnostic approaches using available resources
- Evidence-based treatment modalities accessible in the Philippines
- Managing patient expectations and providing realistic hope
- Building effective multidisciplinary care networks
- Addressing unique challenges in Filipino healthcare settings

Participants will leave with actionable strategies for improving tinnitus care delivery, enhanced confidence in patient counseling, and a deeper understanding of how global best practices can be meaningfully implemented within our local healthcare context. Together, we'll transform patient stories into practice solutions, inspiring change and making a real difference in Filipino lives.

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

### ABSTRACT

- **Experience in Continuous Irrigation Mode Endoscopic Ear Surgery (CIMEES) and Eustachian Tube Balloon Dilatation**  
I ING PING TANG, MD FRCS (Malaysia)

#### SYMPOSIUM 5

##### Endoscopic Management of Sinonasal Malignancies

Chair: ARMANDO LORENZO, JR., MD

Co-Chair: JANUARY GELERA, MD

- **Case Discussion on Endoscopic Management of Sinonasal Malignancies**

Panelists:

PETER SIMON JARIN, MD

JOMAN LAXAMANA, MD

TAE-BIN WON, MD, PhD (South Korea)

#### ACADEMY SYMPOSIUM 6: AHNOP

##### The 2023 Philippine Clinical Practice Guidelines for Nasopharyngeal Cancer

Chair: ARSENIO CLARO CABUNGCAL, MD

Co-Chair: KIRT AREIS DELOVINO, MD

- **Screening, Diagnosis, and Pre-treatment Evaluation of Nasopharyngeal Cancer**

JC KENNETH JACINTO, MD

- **Treatment of Nasopharyngeal Cancer**

**CESAR VINCENT VILLAFUERTE, III, MD**

Clinical Associate Professor

University of the Philippines Manila-Philippine General Hospital

Nasopharyngeal Carcinoma (NPC) is one of the most prevalent head and neck malignancies in the Philippines. In 2023 the Department of Health released the Philippine Head and Neck Cancer Clinical Practice Guidelines which included recommendations on the Treatment of NPC. In this lecture we will go through these guidelines in the context of the historical management of NPC, the current standards of care, and potential future directions in the treatment of this disease.

- **Follow-up Care and Treatment of Recurrent Disease**

CHRISTINE JOY ARQUIZA, MD

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

### SYMPOSIUM 6

#### Navigating Smell and Taste Disorders

Chair: NORMAN MENDOZA, MD

Co-Chair: RYAN CHUA, MD

- **Smell and Taste Disorders in Systemic Diseases**

THOMAS HUMMEL, MD, PhD (Germany)

- **What is the Optimal Surgical Strategy for Managing Olfactory Cleft Lesions?**

Prof. Eri Mori

Assistant Professor

Dept. of ORL-HNS, Jikei University School of Medicine

Tokyo, Japan

Olfactory cleft lesions present unique challenges, as their pathophysiology and optimal management remain incompletely defined. While cases such as olfactory cleft polyps in chronic rhinosinusitis may be effectively controlled with targeted surgery and postoperative medical therapy, olfactory cleft disease (OCD) often requires a more individualized approach.

Determining surgical candidacy in OCD benefits from a combination of olfactory tests. In Japan, prognosis can be evaluated by combining T&T olfactometry, which assesses orthonasal olfaction, with the intravenous olfactory test using Alinamin, which evaluates retronasal pathways. Even in patients with no measurable response on T&T, a positive Alinamin test suggests that olfactory function could still improve after surgery. This preoperative prognostic insight is valuable for both surgeons and patients, allowing more informed decision-making.

If conservative therapy—including corticosteroids and olfactory training—fails, and prognosis testing indicates potential benefit, surgery may be considered. Surgical management typically involves widening the olfactory cleft via ethmoidectomy, performed with meticulous care to avoid injury to the cribriform plate or postoperative-synechia and to preserve remaining olfactory mucosa.

This lecture will outline a comprehensive approach to surgical planning for olfactory cleft lesions, integrating multimodal olfactory testing with preoperative evaluation, surgical technique, and postoperative management, illustrated through representative clinical cases.

- **Parosmia**

THOMAS HUMMEL, MD, PhD (Germany)

**A  
B  
S  
T  
R  
A  
C  
T**

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

**A  
B  
S  
T  
R  
A  
C  
T**

### LUNCH SYMPOSIUM 2

Sponsored by: Natrapharm, Inc.

Moderator: CHRISTOPHER MALORRE CALAQUIAN, MD, MBA

- **Three Medications in ENT Practice**

JOSEFINO HERNANDEZ, MD

### SPONSORED PLENARY 2

Sponsored by: Glenmark Philippines Inc.

Moderator: JOEL ROMUALDEZ, MD

- **POV on Allergic Rhinitis**

MA. LOURDES ENECILLA, MD  
RICARDO RAMIREZ, JR., MD

### PLENARY 3

#### Advances and Special Considerations in Obstructive Sleep Apnea Surgery

Moderator: DUANE SALUD, MD

- **Dealing with the Tongue Base - Past, Present, and Future**

JOHN MING REN LOH, MD (Singapore)

Consultant

Department of Otorhinolaryngology, Head & Neck Surgery  
Changi General Hospital

**Synopsis:** This talk will discuss the role of tongue base surgery as part of multi-level OSA surgery, current practices including Transoral Robotic Surgery (TORS), and new technology such as the hypoglossal nerve stimulation

- **Advances in Obstructive Sleep Apnea Surgery**

Dr. Michael Alexius A. Sarte

Chairman

Department of Sleep Medicine, The Medical City

**Abstract:**

Since 1964 when Dr Ikematsu published uvulopalatopharyngoplasty (UPPP) then reintroduced into English by Dr Fujita in 1981, surgery for obstructive sleep apnea has truly evolved. Modified UPPP, trans oral robot surgery, hypoglossal nerve stimulation surgery. These procedures are here to stay but the question is when and why do we do it, it will be discussed here.

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

**A  
B  
S  
T  
R  
A  
C  
T**

### LUNCH SYMPOSIUM 2

Sponsored by: Natrapharm, Inc.

Moderator: CHRISTOPHER MALORRE CALAQUIAN, MD, MBA

- **Three Medications in ENT Practice**

JOSEFINO HERNANDEZ, MD

### SPONSORED PLENARY 2

Sponsored by: Glenmark Philippines Inc.

Moderator: JOEL ROMUALDEZ, MD

- **POV on Allergic Rhinitis**

MA. LOURDES ENECILLA, MD  
RICARDO RAMIREZ, JR., MD

### PLENARY 3

#### Advances and Special Considerations in Obstructive Sleep Apnea Surgery

Moderator: DUANE SALUD, MD

- **Dealing with the Tongue Base - Past, Present, and Future**

JOHN MING REN LOH, MD (Singapore)

Consultant

Department of Otorhinolaryngology, Head & Neck Surgery  
Changi General Hospital

**Synopsis:** This talk will discuss the role of tongue base surgery as part of multi-level OSA surgery, current practices including Transoral Robotic Surgery (TORS), and new technology such as the hypoglossal nerve stimulation

- **Advances in Obstructive Sleep Apnea Surgery**

Dr. Michael Alexius A. Sarte

Chairman

Department of Sleep Medicine, The Medical City

#### Abstract:

Since 1964 when Dr Ikematsu published uvulopalatopharyngoplasty (UPPP) then reintroduced into English by Dr Fujita in 1981, surgery for obstructive sleep apnea has truly evolved. Modified UPPP, trans oral robot surgery, hypoglossal nerve stimulation surgery. These procedures are here to stay but the question is when and why do we do it, it will be discussed here.

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

A  
B  
S  
T  
R  
A  
C  
T

## SYMPOSIUM ON PROFESSIONALISM

Moderator: ARMANDO ISLA, JR., MD

- **Updates on the Development of Diagnosis-Related Groups (DRG)**  
Speaker: REINARD FRANCISCO, MD

## CLINICAL ENCOUNTER 4

Sponsored by: Microlab

- **Applications of Blue Light Laser in Sinonasal disorders**  
Lecture w/ Hands-on Workshop  
MA. LOURDES ENECILLA, MD

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

### ABSTRACT

- Revision ESS
- Management of Epistaxis  
NORMAN MENDOZA, MD

#### PLENARY 6

#### **CRS in Focus: Integrating Clinical Insights and Emerging Therapies**

Chair: NIÑO BERNARDO TIMBUNGCO, MD

Co-Chair: SORAYA JOSON, MD

- Current Concepts in CRS  
MA. LOURDES ENECILLA, MD
- Case Discussion on Management of CRS  
RODANTE ROLDAN, MD

#### DINNER SYMPOSIUM 2

**Sponsored by: iNova Pharmaceuticals, Inc.**

#### **The Legacy of Benzydamine: Over 50 Years of Expert Care**

KEITH ROMEO AGUILERA, MD

KIRT AREIS DELOVINO, MD

FREDERICK MARS UNTALAN, MD

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

### PJO-HNS Symposium

Moderator: JEREMY LICUDINE, MD

- Early Career Researchers and Peer Review: Mentorship, Training, and Opportunities for ORL-HNS Fellows, Diplomates, and Residents

**JOSE FLORENCIO LAPEÑA, JR., MA, MD**

Editor-in-Chief

Philippine Journal of Otolaryngology-Head and Neck Surgery

This session will discuss how early career researchers learn peer review, illustrate examples of peer review mentorship and training, and explore opportunities for early career researcher peer review mentorship and training with the Philippine Journal of Otolaryngology Head and Neck Surgery and Philippine Society of Otolaryngology – Head and Neck Surgery. It aims to introduce the 2026 PSO-HNS – PJOHNS Peer Review Training Courses and lay the foundations for a Resident Reviewer Training Program, engaging interested Fellows to become mentors and motivated trainees to enroll as mentees. A must-attend for PJOHNS Editorial Board members, PSO-HNS Research Contest Judges and Committee Members, Research Coordinators and Residency Training Officers, and Technical and Ethical Review Committee members as well as Fellows, Diplomates, and Residents interested in Research and Publication.

### SYMPOSIUM 7

#### Sinus Spectrum: Structural, Fungal and Dental Connections

Chair: ALBERTO CALDERON, MD

Co-Chair: FATIMA GANSATAO, MD

- Updates on Septal and Turbinate Surgeries

NIÑO BERNARDO TIMBUNGCO, MD

- Fungal Rhinosinusitis

ARMANDO LORENZO, JR., MD

- Odontogenic Infections

KATHLEEN RODRIGUEZ-LABRADOR, MD

Assistant Training Officer

Veterans Memorial Medical Center

#### Abstract

Odontogenic infection may cause rhinosinusitis particularly Maxillary Sinusitis. Its diagnosis and treatment involve both the otolaryngologists and dentists. In this lecture, we will focus on the management as Otorhinolaryngologist and review on the several pathways of odontogenic infection leading to sinusitis.

A  
B  
S  
T  
R  
A  
C  
T

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

**A  
B  
S  
T  
R  
A  
C  
T**

### ACADEMY SYMPOSIUM 7: PACMFS

#### Nasal Bone Fracture and Nasal Reconstruction

Chair: ISAAC CESAR DE GUZMAN, MD

Co-Chair: ARMANDO LORENZO, JR., MD

- **A History of Nasal Trauma and Reconstruction**

JOSE FLORENCIO LAPEÑA, JR., MA, MD

### SYMPOSIUM 8

#### Pathways Through the Skull Base: Surgical Techniques and Management of Complications

Chair: JOMAN LAXAMANA, MD

Co-Chair: GIANELE RICCA SUGGANG, MD

- **Approaches to Skull Base. Where are we?**

**ING PING TANG, MD (Malaysia)**

Professor & Senior Consultant ORL-HNS

University Malaysia Sarawak & Sarawak General Hospital  
Sarawak, Malaysia

#### Abstract:

Skull base surgery has evolved over the last decade into a 360-degree integration of cutting-edge technology and advanced surgical skills. With the advancement of technology, instrumentation and surgical techniques, the entire spectrum of skull base surgery can now be performed by the single team possessing the necessary technical capability and versatility. However, a minimally invasive approach remains the preferred choice among skull base surgeons. The endoscopic approach offers a wide range of working angles, allowing visualization through the narrowest practical surgical corridor to achieve maximum effectiveness at the target site while minimizing disruption of the normal tissues. The combined efforts of otolaryngologists and neurosurgeons trained in skull base surgery – each contributing their respective experience and expertise – will shape the next era in the evolution of skull base surgery.

- **Management of Olfactory Neuroblastoma**

TAE-BIN WON, MD, PhD (South Korea)

- Management of CSF Leaks and Skull Base Reconstruction

SOMASUNDARAM SUBRAMANIAM, MD (Singapore)

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

### ACADEMY SYMPOSIUM 8: PAFPRS

#### Form and Function in Harmony: Enhanced Quality of Life

Chair: JOSE RICO ANTONIO, MD

Co-Chair: PHILIP FULLANTE, MD

- Functional Rhinoplasty for Beauty and Longevity  
EDUARDO YAP, MD

Asian rhinoplasty comprises 3 subgroups of surgery: framework surgery, contour grafting and soft tissue surgery.

The framework surgery is important for the longevity of results. The septum is extended via septal extension graft (SEG) for counter rotation and projection of the tip. The internal valves are widened through the use of Extended spreader grafts. Sometimes, synthetic materials like polycaprone mesh, homograft/xenograft cartilage are used if septum is small and weak.

Contour graft surgery comprises mainly dorsal augmentation and tip grafting. Dorsal augmentation is almost always a part in Asian Rhinoplasty. Various tip grafts techniques using conchal cartilage is applied to achieve a counter-rotation and tip projection.

Soft tissue surgery mainly involves the tip and ala. Usually, the skin profile improves after surgery however sometimes defatting is done to enhance the tip definition.

The ala of the nose should be analyzed in 3 dimensions. The alar rim, flare and base. Majority of Asian noses have globular hanging ala, wide base and flared ala. These are corrected using the sail excision technique and alarplasty to achieve a good ala-columellar relationship.

The premaxilla is usually retruded because of a hypoplastic anterior spine. The naso-labial angle is usually improved by just using SEG rather than just plain dorsal augmentation only. Plumping with bits of cartilages in premaxilla will improve the deformity too.

The overall goal in Asian structural rhinoplasty is to provide longevity in a natural looking nose with good aesthetic and functional outcome.

- Cleft Rhinoplasty

MA. CARMELITA SAMACO, MD

A  
B  
S  
T  
R  
A  
C  
T

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

A  
B  
S  
T  
R  
A  
C  
T

## SYMPOSIUM 9

### Conquering Fears: Going Beyond the Basics

Chair: SANDY GERALDINE BAUTISTA, MDCo-Chair: HYCEL MORE, MD

- **Tools to make the Frontal Sinus Surgery Less Daunting**

JANUARY GELERA, MD

- **In N Out: Approaches to the Frontal Sinus**

RODOLFO FERNANDEZ, III, MD

- **Approaches to Sphenoid Sinus (Trans-superior meatal posterior ethmoidectomy for exposure of the sphenoid sinus)**

PETER SIMON JARIN, MD

A Posterior Ethmoidectomy not only address disease in the posterior ethmoid but also improves exposure of the sphenoid sinus. In the Messerklinger approach, an anterior ethmoidectomy which removes the uncinate, ethmoid bulla and basal lamella is the prerequisite to access the posterior ethmoids.

The Trans Superior Meatal Posterior Ethmoidectomy is a direct, less invasive and safe maneuver not only to access posterior ethmoid without an anterior ethmoidecomy, but also improves visualization during endoscopic endonasal transsphenoidal approaches.

## LUNCH SYMPOSIUM 3

**Sponsored by: SV More**

Moderator: LEMUEL IAN GUEVARA, MD

- **The Role of Xylitol-based Nasal Irrigation as a Vehicle of Intranasal Medications**

RYAN CHUA, MD

Panelists:

MA. LOURDES ENECILLA, MD

PETER SIMON JARIN, MD

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

A  
B  
S  
T  
R  
A  
C  
T

## SPONSORED PLENARY 3

Pharmahex

### Cranio-maxillofacial Surgery: A 30-year Journey

ROBERTO PANGAN, DMD, MD

## PLENARY 4

### Access and Control: Evolving Techniques in Sinonasal and Nasopharyngeal Tumor Resection

Chair: CESAR DE LEON, MD

Co-Chair: RODOLFO FERNANDEZ, III, MD

- **Managing Sinonasal Malignancy: Endoscopic, Open, Combined**  
ARSENIO CLARO CABUNGCAL, MD

- **Centripetal Approaches to Tumors**

SOMASUNDARAM SUBRAMANIAM, MD (Singapore)

- **Endoscopic Nasopharyngectomy**

TAE-BIN WON, MD (South Korea)

## PLENARY 5

### Practical Approaches to Rhinologic Surgery and Emergencies

Chair: RAINDROP EMBATE, MD

Co-Chair: JEMILYN GAMMAD, MD

- **Rhinology Practice in the Province: FESS with Limited Instruments**

JOMAN LAXAMANA, MD

Synopsis:

In most provincial Philippine hospitals, limited access to comprehensive endoscopic sinus surgery instruments and extensive experience in setting up the operating room pose significant challenges. This lecture addresses these obstacles by emphasizing the essential instruments required, practical tips, and necessary adjustments to optimize surgical procedures in resource-limited settings. Participants will learn strategies to effectively perform endoscopic sinus surgery with basic and readily available instruments, ensuring safety and efficiency.

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

ABSTRACT

## CLINICAL ENCOUNTER 5

Sponsored by: Somnotec

- The Science behind Tracheostomy Tubes: Materials, Mechanics and Patient Impact  
PETER JOHN CARABEO, MD

## CLINICAL ENCOUNTER 6

Sponsored by: Marcburg Philippines

Moderator: Beverly Carbonell, MD

- VISCOFLU: The Mucolytic Power of NAC & Hypertonic Solution. Exploring Dual Mechanisms for Enhanced Airway Clearance  
FREDERICK MARS UNTALAN, MD

### Dr. Ramon V. Arcenas Rhinology Research Contest

Research Entry #1

Title: "Prevalence of Surgical Site Infection on Patients who Underwent Surgery of the Nose and Sinuses without Post Operative Antibiotics : A Single Center Study"

Institution: Veterans Memorial Medical Center

Author/s:

Sarah Eunice C. Caluma, MD<sup>1</sup>

Kathleen Rodriguez-Labrador, MD, FPSO-HNS<sup>2</sup>

1 Medical Officer III, Department of Otorhinolaryngology - Head and Neck Surgery, Veterans Memorial Medical Center

2 Consultant, Department of Otorhinolaryngology - Head and Neck Surgery, Veterans Memorial Medical Center

#### ABSTRACT

Objective: This study aims to determine the prevalence of Surgical Site Infection among patients who underwent endoscopic sinus surgery who received only antibiotic prophylaxis pre-operatively

Methodology: This is a tertiary hospital-based, prospective cohort study. A total of 45 patients who were medically cleared to undergo Endoscopic Sinus Surgery were included in the study. All patients were monitored from day 1, day 3, day 7 and day 30 post ESS and underwent repeat rigid nasal endoscopy for signs and symptoms of surgical site infection (SSI). Bivariate analysis for association between potential risk factors and their potential association with SSI were performed using Chi square ( $\chi^2$ ) and Fisher's exact tests. P-value < 0.05 were considered statistically significant.

Results: Among the 45 patients who completed the postoperative surveillance protocol, no patient developed surgical site infection (SSI), as defined by CDC criteria with presence of local erythema, tenderness, purulent drainage, or systemic signs of infection occurring within 30 days of surgery. No statistically significant associations ( $p > 0.05$ ) were observed between SSI and any single demographic or clinical variable, including smoking, alcohol use, diabetes, BMI, or nasal polyp characteristics.

Conclusion: Patients who were given preoperative antibiotics of 3g of Ampicillin-Sulbactam did not develop Surgical Site Infection up to 1 month post operatively. This study suggests that routine administration of postoperative antibiotics may not be necessary in patients undergoing clean-contaminated sinus surgery when appropriate antibiotic prophylaxis and surgical protocols are observed.

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

### Research Entry #2

Title: "Correlation of Blood and Tissue Eosinophilia in Predicting Nasal Polyp Endotype in Filipinos Undergoing Endoscopic Sinus Surgery for Chronic Rhinosinusitis with Nasal Polyposis in a Tertiary Government Training Hospital (January 2015 to December 2024)"

Institution: Rizal Medical Center

#### Author/s:

Jose Paolo A. Diño, MD<sup>1</sup>

Rodante A. Roldan, MD, MHA, FPSO-HNS<sup>2</sup>

Giancarla Marie C. Ambrocio, MD, FPSO-HNS<sup>3</sup>

Karla Victoria Nable-Llanes, MD, FPSO-HNS<sup>4</sup>

Matthew Derrick L. Uy, MD, MBA, DPBO-HNS<sup>5</sup>

1 Medical Officer III, Department of Otorhinolaryngology - Head & Neck Surgery, Rizal Medical Center

2 Medical Specialist IV, Department of Otorhinolaryngology - Head & Neck Surgery, Rizal Medical

Center

3 Medical Officer IV, Department of Otorhinolaryngology - Head & Neck Surgery, Rizal Medical Center

4 Department of Otorhinolaryngology - Head & Neck Surgery, The Medical City South Luzon

5 Alumnus, Department of Otorhinolaryngology - Head & Neck Surgery, Rizal Medical Center

### ABSTRACT

Objective: To evaluate the correlation between blood and tissue eosinophilia among Filipino patients with CRSwNP and assess the diagnostic accuracy of peripheral eosinophilia in predicting the tissue eosinophilic endotype.

Methods: A retrospective review of 137 adults who underwent endoscopic sinus surgery from 2015-2024 at a tertiary hospital was conducted. Using EPOS 2020 criteria for tissue eosinophilia ( $\geq 10$  eosinophils/HPF) and a peripheral eosinophilia cutoff of  $> 0.24 \times 10^9$  cells/L, correlation, sensitivity, and specificity were computed.

Results: Eosinophilic CRSwNP comprised 35% of cases. A weak, non-significant correlation was found between blood and tissue eosinophilia ( $p = 0.062$ ,  $p = 0.469$ ). Sensitivity and specificity of peripheral eosinophilia for tissue eosinophilia were 37.5% and 67.4%, respectively.

Conclusion: Peripheral eosinophilia shows limited reliability as a standalone surrogate for tissue eosinophilia but may complement histopathologic evaluation.

Keywords: Chronic Rhinosinusitis; Eosinophilic Chronic Rhinosinusitis; Sinusitis; Nasal Polyps; Nasal Polyposis; Eosinophilic Polyps; Blood eosinophilia

ABSTRACT

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

### Research Entry #3

Title: "Structured Histopathologic Profile Of Chronic Rhinosinusitis With Nasal Polypsis In Filipino Adult Patients Managed With Endoscopic Sinus Surgery In A Tertiary Institution: A Cross-Sectional Study"

Institution: University of the Philippines – Philippine General Hospital

#### Author/s:

Hazel S. Lapitan, MD<sup>1</sup>

Pauline Mae R. Dy, MD<sup>2</sup>

Gabriel Martin S. Ilustre, MD<sup>3</sup>

Anderson Kirk Nigel G. Tan, MD<sup>4</sup>

Ramon Antonio B. Lopa, MD<sup>5</sup>

Jose M. Carnate Jr, MD<sup>6</sup>

1 Resident, Department of Otolaryngology – Head and Neck Surgery, University of the Philippines – Philippine General Hospital

2 Resident, Department of Laboratories, University of the Philippines – Philippine General Hospital

3 Department of Otolaryngology – Head and Neck Surgery, University of the Philippines – Philippine General Hospital

4 University of the Philippines – College of Medicine

5 Consultant, Department of Otolaryngology – Head and Neck Surgery, University of the Philippines – Philippine General Hospital

6 Consultant, Department of Pathology, University of the Philippines College of Medicine

#### ABSTRACT

Objective: To describe the histopathologic profile of chronic rhinosinusitis with nasal polyps (CRSwNP) in Filipino patients who underwent endoscopic sinus surgery (ESS) in a tertiary hospital from 2019-2023.

Methods: A cross-sectional descriptive study of nasal polyp specimens from adult Filipino CRSwNP patients who underwent ESS in a tertiary hospital in the Philippines between January 2019 and December 2023. Histopathologic characteristics were evaluated using the structured histopathologic profiling proposed by Snidvongs, et al. (2012).

Results: Among 122 patients (mean age  $45.57 \pm 16.87$  years; 68.03% male) 43.4% had eosinophilic CRS (ECRS) and 56.6% non-eosinophilic (non-ECRS). Lymphoplasmacytic inflammatory predominance was observed in 54.7% of cases, occurring most frequently in ECRS (60.38%). Basement membrane thickening was significantly more common in ECRS (33.96%) than in non-ECRS (13.04%). Moderate to severe subepithelial edema was more frequent in ECRS (73.6%) compared with non-ECRS (46.4%), whereas mild edema predominated in non-ECRS (49.3% vs.

**A  
B  
S  
T  
R  
A  
C  
T**

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

### ABSTRACT

24.5%;  $p = 0.018$ ). Mucosal ulceration was more common in ECRS (18.87%). There was no significant difference between ECRS and non-ECRS in the distribution of neutrophilic infiltrate, hyperplastic/papillary change, or squamous metaplasia.

Conclusion: Non-eosinophilic CRSwNP was found to be the predominant endotype, and accounted for 64.3% of cases in this study population. Although both CT-based disease severity and blood eosinophil count were initially correlated with eosinophilic inflammation, only the peripheral blood eosinophil count remained a significant independent predictor. These findings support its use as a simple, accessible, and cost-effective tool for identifying eosinophilic CRSwNP even before a tissue biopsy is done.

**Keywords:** chronic rhinosinusitis, CRS, nasal polyp, nasal polyp endotype, Lund-Mackay score, blood eosinophil count.

#### Research Entry #5

**Title:** "Translation, Cultural Adaptation, and Validation of a Cebuano Diagnostic Questionnaire for Nasal Polyposis"

**Institution:** Southern Philippines Medical Center

#### Author/s:

John Michael P. Tagsa, MD, DPBO-HNS<sup>1</sup>

Shalelie Mae P. Manupac, MD<sup>2</sup>

Danilo R. Legita, MD, FPSO-HNS<sup>3</sup>

<sup>1</sup> Consultant, Department of Otorhinolaryngology – Head and Neck Surgery, Southern Philippines Medical Center

<sup>2</sup> Medical Officer IV, Department of Otorhinolaryngology – Head and Neck Surgery, Southern Philippines Medical Center

<sup>3</sup> Medical Specialist IV, Department of Otorhinolaryngology – Head and Neck Surgery, Southern Philippines Medical Center

#### ABSTRACT

**Background:** Nasal polyps (NP) are benign mucosal growths in the nasal cavity and paranasal sinuses, often associated with conditions such as asthma, cystic fibrosis, and allergic rhinitis. While diagnostic tools like nasal endoscopy and CT scans are effective, they are costly and require specialized equipment, making them less accessible in resource-limited settings. A simple, reliable, and culturally adapted diagnostic tool is needed for early detection, especially in non-English-speaking populations.

**Objective:** This study aimed to translate, culturally adapt, and validate a Cebuano version of the nasal polyposis diagnostic questionnaire developed by El Hasnaoui et al., and assess its diagnostic accuracy when compared to nasal endoscopy.

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

**Methods:** A cross-sectional validation study was conducted in a tertiary government hospital. The original diagnostic questionnaire was translated into Cebuano using forward and backward translation methods, followed by expert review for content validity. Reliability was assessed through pilot testing using the Kuder-Richardson Formula 20 (KR-20). Diagnostic accuracy was compared to nasal endoscopy, the gold standard for NP diagnosis.

**Study Design and Setting:** A validation research design was employed. The study was conducted at the Otorhinolaryngology-Head and Neck Surgery Outpatient Clinic of a tertiary government training hospital in the Philippines between October and December 2023.

**Study Population:** The study included 59 adult participants (20 years and older), all native Cebuano speakers, who underwent nasal endoscopy. Participants were purposively sampled from patients seeking care at the ORL-HNS clinic.

**Results:** The translated Cebuano questionnaire achieved perfect content validity with an Item-Level Content Validity Index (I-CVI) of 1.00. The internal consistency of the questionnaire was excellent, with a Kuder-Richardson Formula 20 (KR-20) value of 0.90. The diagnostic accuracy of the tool was high, showing 100% sensitivity, 91.1% specificity, and an overall accuracy of 93.2%. The Youden Index was 0.91. The questionnaire outperformed the original French version in terms of sensitivity (100% vs. 88%).

**Conclusion:** The Cebuano-translated nasal polyposis diagnostic questionnaire is a valid, reliable, and culturally appropriate tool for screening NP in Cebuano-speaking populations. Its high diagnostic accuracy, ease of use, and low cost make it a suitable alternative to nasal endoscopy in resource-limited settings. The tool can serve as an effective screening instrument for early detection and epidemiological studies in the Philippines and similar regions.

**Keywords:** Nasal Polyps, Nasal Polyposis, Diagnostic Questionnaire, Translation, Cultural Adaptation, Validity, Sensitivity, Specificity, Cebuano, Epidemiology

**ABSTRACT**

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

## International Speakers

S  
P  
E  
A  
K  
E  
R



### Julius Goh Liang Chye

- Chairperson, AOCMF Internal Board, AO Foundation
- Chairman, Department of Oral and Maxillofacial Surgery, Hospital Universitario 12 de Octubre
- Associate Professor, School of Medicine, Universidad Complutense
- Head, Department of Oral and Maxillofacial Surgery, ASEPEYO
- Studied Medicine and Oral and Maxillofacial Surgery at Universidad Complutense de Madrid



### Prof. Thomas Hummel

- Research Associate at the Department of Pharmacology, University of Erlangen, Germany



### Dr. Jivianne Lee

- Professor Rhinology & Endoscopic Skull Base Surgery
- Board of Directors of the American Rhinologic Society in 2014 and Associate Editor of Sinonasal Disorders for Otolaryngology-Head & Neck Surgery
- Co-Director of the ARS International Humanitarian Initiative



### Hsueh Yee Lynne Lim

- SNR Consultant & Adj Associate Professor, National University Hospital and National University Singapore
- SNR Consultant & Adj Associate Professor, Lynne Lim Ear Nose Throat and Hearing Centre

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

## International Speakers



**Brett Anthony McLaren**

- Area Business Director, ZOLL Itamar
- Senior Clinical Marketing Manager, ResMed Ltd
- Clinical Learning and Development Manager, ResMed Ltd
- Regional Clinical Specialist ResMed Ltd
- Sleep Unit Manager, Cabrini Hospital, Australia



**Prof. Eri Mori**

- Editorial Board, Journal Auris Nasus Larynx
- Associate Editor, Journal of Oto-Rhino-Laryngology, Head and Neck Surgery
- Editorial Board, Journal of Rhinology
- Clinical Fellow, Department of Otorhinolaryngology, St. Luke's International Hospital, Tokyo, Japan
- Assistant Professor, Department of Otorhinolaryngology, The Jikei University School of Medicine, Tokyo, Japan



**John Loh Ming Ren**

- Consultant, Department of Otorhinolaryngology, Head & Neck Surgery, Changi General Hospital
- Associate Consultant, Department of Otorhinolaryngology, Head and Neck Surgery,



**Prof. Somasundaram Subramaniam**

- Associate Program Director, NUHS Otolaryngology ACGME-I Residency Program
- Undergraduate Director NTFGH, NSU YLLSOM Otolaryngology
- Clinical Lecturer, National University of Singapore
- Clinical Assistant Professor, Department of National University of Singapore
- Clinical Director, Department of Otolaryngology, Ng Teng Fong General Hospital
- President, Singapore ENT Society Executive Committee
- President, ASEAN Rhinologic Society Executive Committee

S  
P  
E  
A  
K  
E  
R

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

## International Speakers

S  
P  
E  
A  
K  
E  
R



### Prof. Ing Ping Tang

- Consultant, ORL-HNS, Otolaryngology, Lateral & Endoscopic Skull Base Surgeon, ORL-HNS Department, Sarawak General Hospital
- Visiting Consultant, ORL-HNS, Borneo Medical Centre & timberland Medical Center, Kuching
- Past President, Malaysian Society of Otolaryngologists-Head and Neck Surgeons
- President, Sarawak ENT Society
- President, Sarawak HEAR



### Prof. Tae-Bin Won

- Director of Scientific Committee, Korean Society of Otorhinolaryngology- Head and Neck Surgery
- Director of International Affairs Committee, Korean Rhinologic Society
- Past President, Korean Society of Endoscopic Neurosurgery (KOSEN)
- Director at large, Korean Skull Base Society
- Director of Ethical Committee, Korean Society of Facial Plastic and Reconstructive Surgery
- General Secretary, Asian Facial Plastic Surgery Society



BREATHING BETTER, LIVING BETTER:

Advances in Rhinology, Smell, Skull Base and Sleep Surgery

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

S  
P  
E  
A  
K  
E  
R

## Local Speakers



### Maria Natividad A. Almazan, MD

- Board of Director – Philippine Board of Otolaryngology-Head and Neck Surgery
- Head – Research Development Office ,MCU-FDTMF Professor 3, MCU-FDTMF College of Medicine
- Professor 1St Luke's Medical Center College of Medicine Member, TRB and IERB St. Luke's Medical Center; IERB East Avenue Medical Center
- President- PSO-HNS, PBO-HNS
- Chairperson – Department of ORL-HNS ,MCUFDTMF (1999-2005)
- Head Otology Subspecialty – EAMC (1990- 2019), MCU (1990- 2017), VMMC
- Graduate at University of the Philippines-College of Medicine
- Fellowship: Teikyo University, Tokyo Japan – Otology and Temporal Bone Surgery (1988-1990)



### Christine Joy S. Arquiza, MD

- Past President, Philippine Society of Otolaryngology-Head and Neck Surgery
- Preside/Member, Philippine Haggai Institute Alumni Association
- Member, Philippine Medical Association
- Clinical Associate Professor, College of Medicine- UP-PGH
- Medical Specialist III- Department of Otorhinolaryngology-Head & Neck Surgery-Philippine General Hospital
- Consultant, Department of Otorhinolaryngology-Head & Neck Surgery-St. Luke's Medical Center
- Director, Philippine thyroid Association



### Ricardo Boncan, DMD, FOPAP, FICD

- Head, Dentistry and Oral Surgery- St. Luke's Medical Center QC
- Past President, Orofacial Pain Association Philippines
- Founding Board member, Philippine Society of Dental Sleep Medicine
- Country Representative/ Executive Committee Member, Asian Academy of Orofacial Pain and TMD
- Member, PRC, CPSP-CATS for Dentistry



### Arsenio Claro A. Cabungcal, MD

- Associate Professor/ Vice chair for training, College of Medicine, University of the Philippines – Manila; Department of Otorhinolaryngology, Philippine General Hospital, Manila
- LU 7 Committee Member, College of Medicine, University of the Philippines - Manila
- LU 3 Admissions Committee Interviewer, College of Medicine, University of the Philippines - Manila
- COME Preceptor, College of Medicine, University of the Philippines - Manila
- Consultant, Department of Otorhinolaryngology, Philippine General Hospital, Manila



BREATHING BETTER, LIVING BETTER:

Advances in Rhinology, Smell, Skull Base and Sleep Surgery

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

S  
P  
E  
A  
K  
E  
R

## Local Speakers



**Christopher Mallore E. Calaquian, MD**

- Dean, College of Medicine Pamantasan ng Lungsod ng Muntinlupa
- Medical Specialist 3, Full time Ospital ng Muntinlupa
- Clinical Assoc. Professor UP Manila College of Medicine



**Peter John Carabeo, MD**

- Active Consultant St. Luke's Medical Center – Global City
- Consultant Executive Screening Center, Centuria Medical Makati



**Jimmy V. Chang, MD**

- Head, Comprehensive Sleep Disorders Center- St. Luke's Medical Center
- Training Officer/ Program Director of ENT-HNS residency training Program- St. Luke's Medical Center
- Past Chairman, Philippine Academy of Sleep Surgery



**Ryan U. Chua, MD**

- Residency Coordinator, University of Santo Tomas Hospital
- Rhinology Section Head, University of Santo Tomas Hospital
- Member, Philippine Medical Association
- Member, QCMA
- Member, Philippine Academy of Rhinology



BREATHING BETTER, LIVING BETTER:

Advances in Rhinology, Smell, Skull Base and Sleep Surgery

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

## Local Speakers

S  
P  
E  
A  
K  
E  
R

### Carla Crishan A. Cuadro, MD



- Adjunct Assistant Research Professor, Institute of Aging, UP- National Institutes of Health
- Consultant, Memory Center- St. Luke's Medical Center (Global & Quezon City)
- Consultant, Voice Center- St. Luke's Medical Center (Global)
- Core Member, Dementia Society of the Philippines (DSP)
- Member, Asia- Pacific Society of Speech, Language & Hearing (APSSLH)
- Member, Ugnayang Pang-Agham Tao (UGAT)- Philippine Anthropological Association

### Rodolfo V. Dizon Jr., MD



- Consultant, Perpetual Help Medical Center- Las Pinas
- Consultant, Manila Doctors Hospital
- Consultant, ACE Medical Center Pateros
- Consultant, Medical Center Taguig
- Medical Specialist, Ospital ng Makati
- Fellow, Philippine College of Physician
- Fellow, Philippine College of Chest Physicians
- Fellow, Philippine Society of Sleep Medicine

### Ma. Lourdes B. Eneccilla, MD



- Faculty, Dept. of Pharmacology, St. Luke's Medical Center - College of Medicine-WHQM
- Course Director, Karl Storz Academy Advanced ESS Course, The Medical City
- Secretary, Philippine Academy of Rhinology
- Board of Trustee, Philippine Society of Otolaryngology- Head & Neck Surgery
- Member, Philippine Medical Association
- Fellow, Philippine Society of Otolaryngology- Head & Neck Surgery
- Member, Philippine Academy of Rhinology
- International Member, American Academy of Rhinology

### Anne Marie V. Espiritu, MD



- Chair, PSO-HNS Philippine Academy of Otorhinolaryngic Allergy and Clinical Immunology
- Chair, Section ORLACI and OCAD (Oral Cavity Diseases), Manila Doctors Hospital
- Consultant Advisor Section of Rhinopharyngology, MDH
- Chair, Dept. of ORL-HNS, The Medical City-South Luzon (TMCSL)



BREATHING BETTER, LIVING BETTER:

Advances in Rhinology, Smell, Skull Base and Sleep Surgery

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

**S  
P  
E  
A  
K  
E  
R**

## Local Speakers



**Rodolfo U. Fernandez III, MD**

- Consultant, St. Luke's Medical Center- Global
- Consultant, UP-Philippine General Hospital
- Consultant, The Medical City- South Luzon
- Consultant, Manila Doctors Hospital
- Medical Officer III, UP- Philippine General Hospital



**January E. Gelera, MD**

- Medical Specialist III, Amang Rodriguez Memorial Medical Center
- Consultant, World Citi Medical Center
- Consultant, University of Santo Tomas Hospital



**Giselle L. Gotamco, MD**

- Medical Staff, Chinese General Hospital & Medical Center
- Assistant Professor, Chinese General Hospital College of Medicine
- Assistant Professor, University of Santo Tomas- Faculty of Medicine and Surgery



**Josefino G. Hernandez, MD**

- Consultant, Department of ORL-HNS- Medical Center Manila & Asian Hospital & Medical Center
- Past Chairman, Department of ORL-HNS, UP-PGH
- Medical Specialist II, Rizal Medical Center
- Member, Philippine Medical Association
- Past President, Philippine Society of Otolaryngology- Head and Neck Surgery
- Past President, Philippine Academy of Rhinology



# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

## Local Speakers

S  
P  
E  
A  
K  
E  
R



**Anna Kristina Hernandez, MD**

- Research Associate, Smell and Taste Clinic, TU Dresden
- Consultant, Asian Hospital and Medical Center
- Attending Physician, UP-Philippine General Hospital
- Consultant, Medical Center Manila
- Medical Officer III, UP- Philippine General Hospital



**Melfred L. Hernandez, MD**

- Chair, AO CMF Asia Pacific Board
- Member, AO Foundation Board of Trustees
- Consultant, Craniofacial Surgery and Research Center, Sri Dharmasthala Manjunatheshwara, Dharwad, Karnataka, India
- Clinical Professor, Department of Oral and Maxillofacial Surgery, Sri Dharmasthala Manjunatheshwara College of Sciences and Hospital, Dharwad, Karnataka, India
- Fellowship training in Oral and Maxillofacial Surgery, Royal College of Surgeons, United Kingdom



**JC Kenneth M. Jacinto**

- Consultant, Armed Forces of the Philippines Medical Center
- Consultant, Cardinal Santos Medical Center
- Consultant, Benevides Cancer Institute, University of Santo Tomas Hospital
- Head of Radiation Oncology Unit, St. Elizabeth Cancer Care Center, St. Elizabeth Hospital Inc., General Santos
- Member, Philippine Medical Association
- Fellow, Philippine College of Radiology



**Peter Simon R. Jarin, MD**

- Consultant, Quirino Memorial Medical Center
- Consultant, Cainta Municipal Hospital
- Consultant, The Medical City
- Past Chairman, Philippine Academy of Rhinology
- Member, Philippine Society of Otolaryngology-Head and Neck Surgery



# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

## Local Speakers



### Jose Florencio F. Lapeña, Jr., MD

- Regional Journal Selection Committee Chair, Western Pacific Index Medicus, WHO-Western Pacific Region
- National Journal Selection Committee Chair, Philippine Council for Health Research and Development, Dept. of Science and Technology
- Editor in Chief, Philippine Journal Otolaryngology-Head & neck Surgery
- Past Chapter President, Philippine Association of Medical Journal Editors Inc. (PAMJE)
- Past President, Asia Pacific Association Medical Journal Editors (APAME)
- Past Vice President, President-Elect, Secretary & Director, World Association of Medical Editors (WAME)
- Senior Fellow, PCS & PSO-HNS
- Full Member, Philippine American Academy of Science and Engineering
- Regional Faculty, Arbeitsgemeinschaft fur Osteosynthesefragen CranoMaxilloFacial



### Joman Q. Laxamana, MD

- Medical Specialist II, Jose B. Lingad Memorial General Hospital
- Faculty & Consultant, FEU-NRMF Medical Center
- Chairman, Angeles Medical Center Advanced ENT Unit
- Consultant, Our Lady of Mt. Carmel Medical Center Main
- Consultant, Angeles University Foundation Medical Center



### Hasmin Hannah L. Layno, MD

- Consultant, Asian Hospital & Medical Center
- Member, Philippine Society of Otolaryngology-Head and Neck Surgery
- Member, Philippine Academy of Pediatric Otolaryngology



### Armando A. Lorenzo, Jr., MD

- Former Chief Medical Officer West Metro Medical Center
- Residency Training of ORI-HNS, East Avenue Medical Center, Dept. of ORL-HNS
- Doctor of Medicine, Our Lady of Fatima University of College of Medicine
- BS Biology, Far Eastern University

S  
P  
E  
A  
K  
E  
R



BREATHING BETTER, LIVING BETTER:

Advances in Rhinology, Smell, Skull Base and Sleep Surgery

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

S  
P  
E  
A  
K  
E  
R

## Local Speakers



### Norman N. Mendoza, MD

- Consultant, Institute of ENT-HNS, The Medical City
- Past Chair, Philippine Academy of Rhinology
- Member, Philippine Society of Otolaryngology-Head and Neck Surgery
- Associate Board Examiner, Philippine Board of Otolaryngology-Head and Neck Surgery
- Doctor of Medicine, University of Santo Tomas
- BS Psychology, University of Santo Tomas - College of Science



### MARIA SHAMYLLE C. QUINTO, MD

- Chair, Philippine Academy of Laryngobronchoesophagology and Phoniatrics
- Consultant, Veterans Memorial Medical Center



### Ricardo L. Ramirez Jr., MD

- Chief of Clinic, Cavite East Asia Medical Center
- Associate Professor, St. Luke's College of Medicine William H. Quasha Memorial
- Past President, Philippine Society of Otolaryngology-Head & Neck Surgery
- Member, Philippine Medical Association
- Doctor of Medicine, St. Luke's College of Medicine William Quasha Memorial
- BS Medical Technology, University of Perpetual Help Rizal



### Marifee U. Reyes, MD

- Chair, ENT Center Bicol Access Health Centrum
- Past Head, Emergency Department, Bicol Medical Center
- Past Chief of Medical Professional Staff, NICC Doctors Hospital
- Past Technical Advisor/ Regional Coordinator, NICC Doctors Hospital
- Past Training Officer, Bicol Medical Center Department of ENT
- Member, Philippine Medical Association
- Member, Philippine Society of Otolaryngology-Head and Neck Surgery



BREATHING BETTER, LIVING BETTER:

Advances in Rhinology, Smell, Skull Base and Sleep Surgery

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

S  
P  
E  
A  
K  
E  
R

## Local Speakers



### Maria Rina T. Reyes-Quintos, MD

- Chair, ENT Center Bicol Access Health Centrum
- Past Head, Emergency Department, Bicol Medical Center
- Past Chief of Medical Professional Staff, NICC Doctors Hospital
- Past Technical Advisor/ Regional Coordinator, NICC Doctors Hospital
- Past Training Officer, Bicol Medical Center Department of ENT
- Member, Philippine Medical Association
- Member, Philippine Society of Otolaryngology-Head and Neck Surgery



### Kathleen M. Rodriguez-Labrador, MD

- Assistant Training Officer, Veterans Memorial Medical Center
- Rhinology Consultant, Veterans Memorial Medical Center
- Consultant, New Era General Hospital
- Faculty, New Era University-College of Medicine
- Consultant, Med 101 Diagnostic Center
- Member, Philippine Academy of Rhinology
- Member, Philippine Society of Otolaryngology-Head and Neck Surgery
- Member, Philippine Medical Association
- Member, Quezon City Medical Society



### Rodante A. Roldan MD

- Medical Specialist, Rizal Medical Center
- Former Medical Officer, Rizal Medical Center
- Fellow, Philippine Society of Otolaryngology-Head & Neck Surgery
- Member, Philippine Medical Association
- Master of Hospital Administration, UP Manila College of Public Health
- Doctor of Medicine, UP Manila College of Medicine
- BS Basic Medical Sciences, UP Manila College of Medicine



### Joyce M. Rodvie Sagun, MD

- Assistant Professor 1, Master of Clinical Audiology, Faculty of Medicine & Surgery- University of Santo Tomas
- Medical Officer IV, Dr. Jose N. Rodriguez Memorial Hospital Sanitarium
- Retainer Medical Specialist- Maxicare PCC
- Member, Philippine Medical Association
- Member, Association of Clinical Audiologist of the Philippines (ACAP)
- Member, Philippine Academy of Audiology (PAAud)
- Volunteer Medical Specialist, Tzu Chu International Medical Association (TIMA)



BREATHING BETTER, LIVING BETTER:

Advances in Rhinology, Smell, Skull Base and Sleep Surgery

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

S  
P  
E  
A  
K  
E  
R

## Local Speakers



**Abigail S. Salcedo, MD**

- Consultant, Western Visayas Medical Center
- Consultant, St. Paul's Hospital of Iloilo
- Pediatric ENT Fellow, Queensland Children's Hospital
- Pediatric ENT Fellow, Perth Children's Hospital
- Former Chief Resident, UP-PGH- Department of ORL-HNS
- Member, Iloilo Medical Society



**Ma. Carmelita N. Samaco, MD**

- Consultant, Amang Rodriguez Memorial Medical Center
- ORL-HNS Residency, East Avenue Medical Center
- Medicine, University of Santo Tomas
- BS Medical Technology, University of Santo Tomas



**Paula Luz C. Santos, MD**

- Medical Specialist III, Southern Philippines Medical Center
- Consultant, Midsayap Community Doctors Hospital
- Faculty Member, Davao Medical School Foundation Inc. & Brokenshire College of Medicine
- Former Medical Officer IV, Southern Philippines Medical Center
- Member, Philippine Medical Association
- Member Philippine Society of Otolaryngology-Head and Neck Surgery
- Past Secretary, Southern Mindanao Chapter PSO-HNS



**Michael Alexius A. Sarte, MD**

- Chair, Department of Sleep Medicine, The Medical City
- Medical Specialist, Rizal Medical Center
- Member, Philippine Society of Otolaryngology-Head and Neck Surgery
- Member, Philippine Society of Sleep Medicine
- Doctor of Medicine, University of Santo Tomas
- BS Biology, University of Santo Tomas



BREATHING BETTER, LIVING BETTER:

Advances in Rhinology, Smell, Skull Base and Sleep Surgery

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

S  
P  
E  
A  
K  
E  
R

## Local Speakers

### Niño Bernardo V. Timbungco, MD



- Medical Specialist II (PT), DOH- Dr. Jose N. Rodriguez Memorial Hospital
- Medical Specialist II (PT), DOH- East Avenue Medical Center
- Member, Philippine Society of Otolaryngology-Head & Neck Surgery
- Member, Philippine College of Surgeons
- Member, Philippine Academy of Rhinology
- Doctor of Medicine, University of Santo Tomas
- BS Medical technology, University of Santo Tomas

### Ronald B. Titular, MD



- Founder, Bright Speak/VoiceConPH
- FEBC Consultant
- Manager/Network Dir. NU107, Progressive Broadcasting, Inc

### Joyce Ann B. Titular, MD



- Freelance Voice Over
- Freelance Actress
- Voice Coach
- Host 700 Club Asia

### Christien Marie T. Nufable, MD



- Medical Specialist II, Department of ORL-HNS Western Visayas Medical Center
- Consultant, Department ORL-HNS St. Paul's Hospital Iloilo
- Consultant, Department ORL-HNS Healthway Qualimed Hospital Iloilo
- Consultant, Department of EENT Western Visayas State University Hospital
- Visiting Faculty, College of Medicine Western Visayas State University
- Part-time Faculty, College of Medicine Central Philippine University Iloilo City
- Past Visayas Board of Trustee, PSO-HNS
- Past President, Western Visayas Chapter PSO-HNS

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

S  
P  
E  
A  
K  
E  
R

## Local Speakers



### Frederick Mars B. Untalan, MD MA

- Former PSO-HNS President 2022
- Vice Chair of PACMFS
- Medical Specialist IV - Baguio General Hospital & Medical Center
- Consultant at Notre Dame De Chartres Hospital; S. Louis University-Hospital of the Sacred Heart; Pines City Doctors Hospital
- MBA - Health Management Ateneo Graduate School of Business



### Cesar Vincent L. Villafuerte III, MD

- Associate Board Examiner, PBO-HNS
- Research Assistant Professor 3, National Institute of Health, UP-Manila
- Assistant Training Officer, Residency Training Program, Division of Radiation Oncology, Department of Radiology, UP-PGH
- Clinical Associate Professor and Attending Medical Specialist of Otorhinolaryngology & Radiation Oncology, UP-PGH
- Clinical Consultant, Department of ORL-HNS, FEU-NRMF
- Fellow, Philippine College of Radiology in Radiation Oncology
- Fellow, Philippine Society of Otolaryngology-Head & Neck Surgery



### Eduardo C. Yap, MD

- Consultant, Belo Medical Group
- Medicine, University of Santo Tomas
- BS General Science, University of Santo Tomas



# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

EXHIBITORS DIRECTORY

**Abbott Laboratories**  
Venice Corporate Center  
#8 Turin Street, McKinley Town Center Fort  
Bonifacio, Taguig City 1634, Philippines  
Mr. Rodel Samonte  
Senior CME Manager  
Phone: (02) 8702 8562  
Mobile: +639 175637035  
Email: [rodelio.samonte@abbott.com](mailto:rodelio.samonte@abbott.com)

Allmed Instruments Medical System Inc.  
Unit 106 Mindanao Nova Realty Bldg.  
Brgy. Talipapa, Mindanao Ave, Quezon City  
Ms. Rosellyn Mariano  
Secretary  
Phone: +632 8 930 8708  
Mobile: +63918 935 0891  
Email: [infoaims2013@gmail.com](mailto:infoaims2013@gmail.com)

**A. Menarini Philippines, Inc**  
4th Floor, W Building, 11th Avenue Corner 28th  
Street, Bonifacio High Street, Bonifacio Global City  
Mr/Ms. Breezy Mondejar  
CME Manager  
Phone: +632 8 333 3877  
Email: [yolanda.reniva@menariniapac.com](mailto:yolanda.reniva@menariniapac.com)

**Alvita Nutraceutical Corp.**  
Company Address: #8 Jose Cruz St. Brgy. Ugong  
Pasig City  
Contact Person: Claire Diomampo  
Position: Brand Manager  
Telephone No:  
Mobile No: 09163409280  
Email: [claire.diomampo@levantgroupe.com](mailto:claire.diomampo@levantgroupe.com)

**Bayer Consumer Health**  
8th Flr. Science Hub Tower 1, Campus Avenue  
Corner Turin St McKinley Hill Cyberpark,  
Pinagsama, Taguig City  
Ms. Lira Yumang | Ms. Jamelle Vendiola  
Consultant, Medical Operations | CMEManager  
(PMII)  
Phone: +632 858 0619  
Mobile: 09277044345  
Email: [lira.yumang.ext@bayer.com](mailto:lira.yumang.ext@bayer.com)  
: [japvendiola@profinsights.biz](mailto:japvendiola@profinsights.biz)

**Berovan Marketing Inc.**  
Ms. Elvie Gesim  
Senior- PSSR  
Telephone: 02.8711.2711  
Mobile: 09209543727  
Email: [elviegesim@berovan.co](mailto:elviegesim@berovan.co)

**BiLumix Philippines**  
40-C 133 Corregidor, Caloocan City  
Contact Person: Meysie Rapiz  
Position: Product Specialist  
Telephone No: 028-5297936  
Mobile No: 0918 936 8807  
Email: [bilumixph@gmail.com](mailto:bilumixph@gmail.com)

**DKSH Market Expansion Services Philippines, Inc.**  
3rd Floor, Science Hub Tower 2, Campus Avenue  
McKinley Hill Cyberpark, Pinagsama, Taguig City,  
1630 Philippines  
Ms. Jane Aubrey Gochoco  
Product Manager  
Telephone No: +63 2 85483200  
Mobile: 09989837480  
Email: [jane.aubrey.gochoco@dksh.com](mailto:jane.aubrey.gochoco@dksh.com)

**Dubbel Medical Corporation**  
Unit 202 Ablaza Bldg., 117 E. Rodriguez Sr. Ave.,  
Quezon City  
Ms. Annabelle A. Jorda  
Chief Executive Officer  
Phone: +632 8 740 0713  
Mobile: +63922 869 6065 or +63917 186 2685  
Email: [dubbelmedicalcorp@yahoo.com.ph](mailto:dubbelmedicalcorp@yahoo.com.ph)

**Ear Diagnostics Inc.**  
West East Center, 1334 Taft Ave.,  
Ermita, Manila 1000  
SDr. Rhodileen de la Cruz  
EVP  
Phone: +632 8 536 7772  
Mobile No.: 0925-5455685  
E-mail: [edi\\_taft@eardiagnostics.com.ph](mailto:edi_taft@eardiagnostics.com.ph)



BREATHING BETTER, LIVING BETTER:  
Advances in Rhinology, Smell, Skull Base and Sleep Surgery

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

E  
X  
H  
I  
B  
I  
T  
O  
R  
S  
  
D  
I  
R  
E  
C  
T  
O  
R  
Y

Company Name: Easmed Medical Supplies

Company Address:

Unit 506A The Richmonde Plaza,  
#21 San Miguel Avenue,  
Ortigas, Pasig City, Philippines 1600

Contact Person: Frederick Calvelo

Position: Business Unit Manager

Telephone No: (63) 2 8634 0441

Mobile No: (63)917 183 9521

Email: [frederick.calvelo@easmed.com](mailto:frederick.calvelo@easmed.com)

Ensitech Pharmaceuticals, Inc.

Penthouse - Gomezville Suites,  
422A Gomezville St. Barangay Additions Hills,  
Mandaluyong City, Philippines 1552

Marie T. Ygaña

President & Managing Director

Telephone No.: + 632 8716-0677

Mobile No.: + 63 977 837 7827 (Whatsapp & Viber)

Email: [epi.phippines@gmail.com](mailto:epi.phippines@gmail.com)

Eon Meditech

12, Gurukrupa society, Utran road, Surat -394105,  
Gujrat , India

Khushroo Pastakia

Executive Director

Telephone No: +91 261-2494330

Mobile No: +91 95104 56706

Email: [info@eonmeditech.com](mailto:info@eonmeditech.com)

Glenmark Philippines Inc.

Unit 901, 11th Corporate Center

11th Ave corner Triangle Drive

Bonifacio Global City, Taguig

Ms. Madelien Madrelino / Ms. Lizette Pellazar

Junior Product Manager - RespiCare / Head of Marketing

Phone: +632 802 3235 / +632 802 3248

Mobile: 0998-5472602 / 0917-510 0446

E-mail: [Madelien.Madrelino@glenmarkpharma.com](mailto:Madelien.Madrelino@glenmarkpharma.com);

[Lizette.Pellazar@glenmarkpharma.com](mailto:Lizette.Pellazar@glenmarkpharma.com)

Great Reconstruction Surgicals Inc.

Unit 203 Seneca Plaza Bldg., E. Rodriguez Sr.  
Avenue Quezon City 1101

Ms. Zeth San Antonio

Product Manager

Phone: +632 8 725 0867

Mobile: +63917 541 1234

Email: [grecons\\_surgicals@yahoo.com](mailto:grecons_surgicals@yahoo.com)  
: zeth0706@yahoo.com

Guangzhou MeCan Medical Limited

Room 510, Yidong Mansion, No.301-303, Huanshi Middle Road, Yuexiu, Guangzhou, China

Mr. Andy Miao

General Manager

Mobile and whatsapp: +86 159 8923 0468

Email: [info@mecanmedical.com](mailto:info@mecanmedical.com)

Healthworld International Philippines Corp.

0421 Quirino Avenue, La Huerta, Parañaque City

Mr. Almond Tabora

Key Accounts Officer

Telephone Number: (02) 8829-0175

Mobile No: 0917-874-2481 / 0917-822-2938

Email: [keyaccounts@healthworldintl.com](mailto:keyaccounts@healthworldintl.com)

Hearwell Medical Supplies OPC

Unit 3, Block 3, Lot 23 B. Estanislao St., Rodestan, BFRV, Talon II, Las Pinas City, NCR, Philippines, 1747

Ms. Claire Manlapas

Managing Director

Mobile: +639338253937

Email: [enquiryPH@hearwell.asia](mailto:enquiryPH@hearwell.asia)

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

EXHIBITORS DIRECTORY

### Hearwell Medical Supplies OPC

Unit 3, Block 3, Lot 23 B. Estanislao St., Rodestan, BFRV, Talon II, Las Pinas City, NCR, Philippines, 1747  
Ms. Claire Manlapas  
Managing Director  
Mobile: +639338253937  
Email: [enquiryPH@hearwell.asia](mailto:enquiryPH@hearwell.asia)

### Hearwell Medical Supplies OPC

Unit 3, Block 3, Lot 23 B. Estanislao St., Rodestan, BFRV, Talon II, Las Pinas City, NCR, Philippines, 1747  
Ms. Claire Manlapas  
Managing Director  
Mobile: +639338253937  
Email: [enquiryPH@hearwell.asia](mailto:enquiryPH@hearwell.asia)

### Homecare Medical Enterprises

1850 Felix Huertas  
Mr. Roy H. Almario  
General Manager  
Mobile: 0917 6694271  
Email: [homecare\\_medics2010@yahoo.com](mailto:homecare_medics2010@yahoo.com)

### Hyphens Pharma Philippines Inc.

16th Flr. Unit 1606 Orient Square Bldg. F.  
Ortigas, Pasig City  
Mr. Francis Abat  
District Sales Manager  
Phone: +632 8 706 3386  
Mobile: +63998 582 9646  
Email: [francisabat@hyphens.com.ph](mailto:francisabat@hyphens.com.ph)

### iNova Pharmaceuticals

Unit 1208, The Finance Centre  
9th Ave. cor. 26th St. Bonifacio Global City  
Taguig City, Metro Manila 1634, Philippines  
Ms. Ria Enriquez  
Position: Product Manager (URTI OTC)  
Telephone No: 63287375196 loc 3002  
Mobile No: 09173278391  
Email: [m.enriquez@inovapharma.com](mailto:m.enriquez@inovapharma.com)

### Integra Medica Solutions Corp. (IMSCO)

16S Manhattan Parkview 3, Gen Malvar Avenue  
Edna Guevarra  
Sales Manager  
Phone: +632 8 961 8284 / +632 8 871 8762  
Mobile No.: +639209006935  
E-mail: [edna@imsco-ph.com](mailto:edna@imsco-ph.com);  
[integra.medica@yahoo.com.ph](mailto:integra.medica@yahoo.com.ph)

### I.O.S. Marketing Corp.

647 P. Paterno St., Quaipo Manila  
Ms. Lenlie Villanueva /Ms. Ivie Mendoza  
Sales Manager- FLC Division / Sales Head - Instruments Division  
Phone: +632 8 961 8284 / +632 8 871 8762  
Mobile No.: +639209006935  
E-mail: [edna@imsco-ph.com](mailto:edna@imsco-ph.com);  
[integra.medica@yahoo.com.ph](mailto:integra.medica@yahoo.com.ph)  
Email: [mendoza.i@ios.com.ph](mailto:mendoza.i@ios.com.ph)

### Karl Storz Endoscopy Philippines Inc.

1901 Picadilly Star Building, 4th Avenue, Corner 27th Street BGC, Taguig City, 1636, Philippines  
Mr. Simon Suplido  
Marketing Manager  
Mobile: 09399106505  
Email: [simon.suplido@karlstorz.com](mailto:simon.suplido@karlstorz.com)

### Kenvue Philippines

Edison Avenue, Bo. Ibayo, Parañaque City  
Mr. Johnrey Pepito  
Oral and Self Care Lead for HCP Marketing  
Mobile: +63917 670 1416  
Email: [jpepito3@kenvue.com](mailto:jpepito3@kenvue.com)

### Lefort Medical Trading Corp.

46 Mayor I.S. Diaz St. Cubao, QC  
Ms. Lorie Salazar  
Operations Manager  
Mobile: 09176507888  
Email: [lefort\\_medical@yahoo.com](mailto:lefort_medical@yahoo.com)

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

**Manila Hearing Aid**  
UUUnit 808 BSA Twin Towers Bank Drive  
Ortigas Center  
Brgy. Wack Wack, Mandaluyong City  
Mr. Mark Anthony Baguiao  
Medical Sales Manager  
Phone: +632 8 696 1580  
Mobile: +63977 829 4909 Email:  
[mabaguiao@manilahearingaid.com.ph](mailto:mabaguiao@manilahearingaid.com.ph)

**Medilight Incorporated**  
85 Road 20 Corner Herrera St.  
Brgy. Bahay Toro, Quezon City  
Mr. Emmanuel L. Lavarias  
VP for Operations  
Mobile: +63917 814 3786  
Email: [emman.lavarias@medilightphil.com](mailto:emman.lavarias@medilightphil.com)

**Medtronic Philippines**  
Company Address: 29<sup>th</sup> Floor, One World Place,  
BGC, Taguig  
Contact Person: Mariel Sumulong  
Position: Sales Manager  
Telephone No:  
Mobile No: 0917 809 9330  
Email:  
[mariel.anne.grace.c.sumulong@medtronic.com](mailto:mariel.anne.grace.c.sumulong@medtronic.com)

**Microlab**  
1157 Rodriguez Ave. General Lacuna St.  
Bangkal Makati City  
Mr. Navarre M. Espinoza  
Business Unit Manager  
Phone: +632 8 551 3839 loc. 231  
Mobile: +63917 817 2825  
Email: [gdm@microlabphils.com.ph](mailto:gdm@microlabphils.com.ph),  
[nmespinoza@microlabphils.com.ph](mailto:nmespinoza@microlabphils.com.ph)

**MTC Opto-Medic, Inc.**  
179 OHI Bldg. Yakal Street  
San Antonio Village, Makati City  
Mr. Jorge Villanueva  
Business Development  
Telephone No: +632 8 813 1351  
Mobile: +639567725967  
Email: [sales@mtcpb.com](mailto:sales@mtcpb.com)

**Natrapharm, Inc.**  
The Patriot Bldg., Km. 18 West Service Road  
South Luzon Expressway, Parañaque City 1700  
Mr. Ferdinand Carmelo F. Samson  
Product Manager  
Telephone No: (02) 8588 1800  
Mobile: 0917 874 7527  
E-mail: [ffsamson@natrapharm.com](mailto:ffsamson@natrapharm.com) /  
[shamyremayolandriantp@gmail.com](mailto:shamyremayolandriantp@gmail.com)

**Nurturemed Pharma Inc.**  
Company Address: Capt. Henry Javier St. Cor Danny  
Floro St. Brgy. Oranbo Pasig City  
Mary Rose Valle  
Position: Associate Product Manager  
Telephone No:  
Mobile No: 09688514681  
Email: [mrdvalle@nurturemed.ph](mailto:mrdvalle@nurturemed.ph)

Company Name: OEP Philippines Inc.  
Company Address: 606 SECCO 1 Blfg., rada &  
Legaspi Sts., Legaspi Village, Makati City  
Sharon Ibay  
Position: National Sales Manager  
Mobile No: 09273315836  
Email: [sharon.ibay@oepgroup.com](mailto:sharon.ibay@oepgroup.com)

**Olten Instruments Phils Corp.**  
16 Sampaguita St. Tomasa Subd. Brgy.  
Ususan Taguig City  
Anicita Aciel C. Dimson  
Position: Marketing & Purchasing Coordinator  
Telephone No: 86283293  
Mobile No: 09175737397  
Email: [surgicomphils@gmail.com](mailto:surgicomphils@gmail.com)

**Orient EuroPharma (OEP)**  
Unit 606, SEDCCO 1 Building, Rada Street  
Legaspi Village, 1229 Makati City  
Ms. Sharon Ibay  
National Sales Manager- Primary Care Team  
Phone: +632 8 815 1209  
Mobile: +63 917 152 7636  
Email: [Sharon.Ibay@oepgroup.com](mailto:Sharon.Ibay@oepgroup.com)



# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



## Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

**Pharma Nutria N.A. (MM-L), Inc. (SV More)**  
SV More Corporate Center, 16 Sct. Tuazon  
Cor. Roces Avenue, Quezon City  
Ms. Auldry S. Silpedes  
Business Development Officer  
Phone: +632 373 6240. Mobile: +63917 807 4360  
E-mail: assilpedes@yahoo.com

**Pharmahex, Inc**  
JADC, 7 E. Rodriguez Jr. Ave., Bagong Ilog, Pasig City  
Contact Person: Eliza A. Asis  
Position: General Manager  
Telephone No: 8671-2090  
Mobile No: 09178710036  
Email: [pharmahexinc@gmail.com](mailto:pharmahexinc@gmail.com)

**Philip Aaron Electronic Parts**  
142-D R. Lagmay St., San Juan City, MM  
Mr. Ric Villaluz  
Telephone: 02-77297603  
Mobile: 09228662722  
Email: [arcatechrv@gmail.com](mailto:arcatechrv@gmail.com)

**Pines Medical Trading**  
14-A Sunflower Street, San Luis Village Baguio City  
Mr. Jonah W. Deyto  
Proprietress  
Phone: (07) 4 422 1394  
Mobile: +63998 924 7766  
Email: [pinesmt71@gmail.com](mailto:pinesmt71@gmail.com)

**Reckitt Benckiser Healthcare Phils Inc**  
Company Address: 3/F Mead Johnson 2309 Don Chino Roces Ave Ext Makati City  
Contact Person: Joseph Garcia / Arthur Pascual  
Position: Sr. Medical Marketing Manager / Assoc CME Manager  
Telephone No: (02) 8841 8181  
Mobile No: +63 917 167 7010 / 09178811297  
Email: [joseph.garcia1@reckitt.com](mailto:joseph.garcia1@reckitt.com) / [arthur.pascual@reckitt.com](mailto:arthur.pascual@reckitt.com)

**SANTOSH SURGICAL INSTRUMENTS**  
Company Address: Gala No. 34, 1st Floor, Hareram Harekrishna Industrial Estate, OPP. SHANTA Industries, I. B. Patel Road, Goregaon (East), Mumbai - 400063  
Contact Person: Jitendra M. Tailor / Sunny M. Tailor  
Position: Marketing Head  
Telephone No: 9004331445  
Mobile No: 9820222918  
Email: [santosh surgicalin@gmail.com](mailto:santosh surgicalin@gmail.com)

**SV MORE GROUP OF COMPANIES**  
Company Address: 24 SCOUT YBARDOLAZA ST. SACRED HEART QUEZON CITY  
JENNIFER MALANUM  
BUSINESS UNIT OFFICER – ENT DIVISION  
Telephone No: 02-8786-9800  
Mobile No: 0917-1165567  
Email: [jennifer.malanum@svmoregroup.com](mailto:jennifer.malanum@svmoregroup.com)

**The Cathay Drug Company Inc.**  
2 nd Flr. Vernida 1 Bldg., 120 Amorsolo St. Legazpi Village, Makati City  
Agnes Ramos  
CME Officer  
Phone: +632 8 892 5936  
Mobile: +63917 881 2978  
Email: [agnes.ramos@cathaydrug.com](mailto:agnes.ramos@cathaydrug.com) / [Info@cathaydrug.com](mailto:Info@cathaydrug.com)

**United American Pharmaceuticals**  
Level D, Bldg. 2, Unilab Corporate Center 66 United Street, Mandaluyong City  
Christian Leonard A. De Guzman  
Email: [cadeguzman@unilab.com.ph](mailto:cadeguzman@unilab.com.ph)  
Mobile No: +63917 873 0155



# RELIEVES PAINFUL SORE THROAT!



## 5X ACTION VS. SORE THROAT

Benzydamine HCl + Cetylpyridinium Cl

**Difflam®**

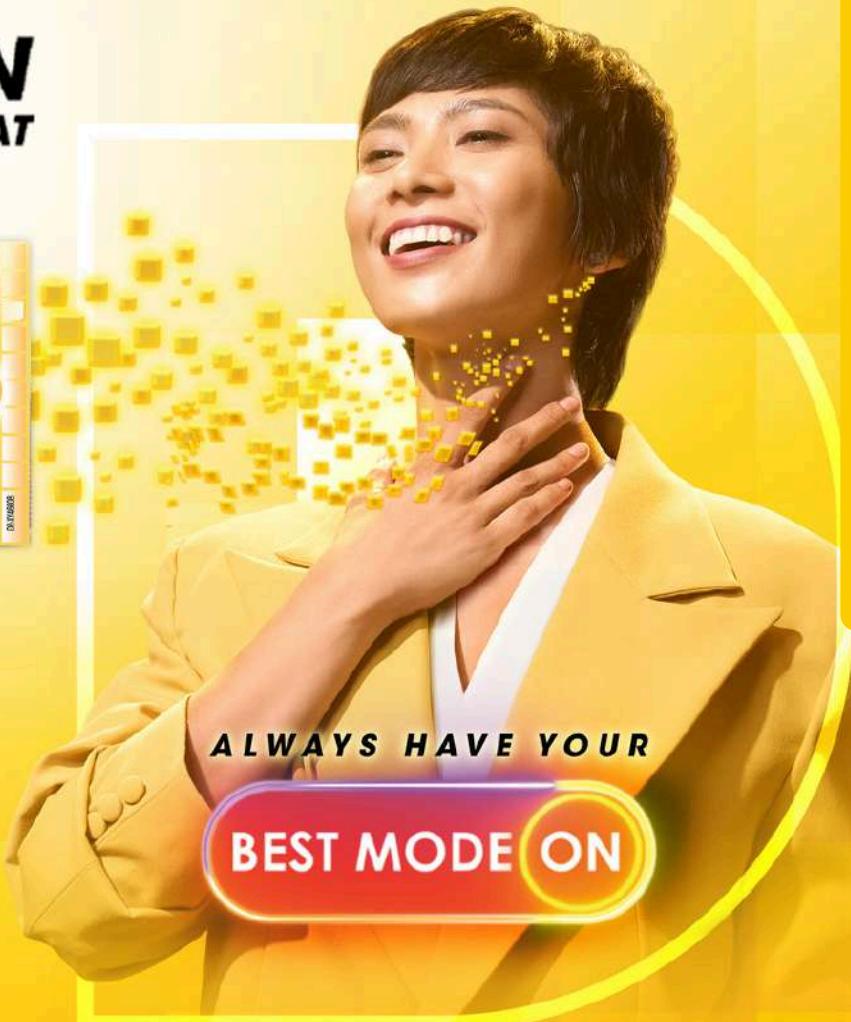
**Honey & Lemon**

3 mg / 1.33 mg Lozenge  
Non-steroidal anti-Inflammatory drug • Antiseptic

- RELIEVES PAINFUL, SWOLLEN THROATS
- HELPS FIGHT INFECTION



- RELIEVES INFLAMMATION
- REDUCES PAIN
- SOOTHES THE THROAT
- FIGHT VIRUSES
- NUMBS THROAT PAIN



## Benzydamine HCl + Cetylpyridinium Cl

# Difflam®

If symptoms persist, consult your doctor.

® : Difflam is a Registered Trademark

ASC Ref. No. I0216P061925D

BREATHING BETTER, LIVING BETTER:

Advances in Rhinology, Smell, Skull Base and Sleep Surgery

PLATINUM SPONSOR

# POVIDONE-IODINE BETADINE®



PLATINUM  
SPONSOR

## 'PAG MAY SORE THROAT SIGNS, MAG-BETADINE!



laban sa 99.99% of  
sore throat-causing:

- ✓ Viruses
- ✓ Bacteria
- ✓ Fungi

\*Based on *in vitro* studies.



®: BETADINE is a Registered Trademark.  
If symptoms persist, consult your doctor. Refer to patient information leaflet for more details.  
ASC Ref. No. I0030P062525B

BREATHING BETTER, LIVING BETTER:

Advances in Rhinology, Smell, Skull Base and Sleep Surgery

**NEW**

# Flurbiprofen

Strepsils® **MaxPro** Direct  
THROAT SPRAY

CLINICALLY PROVEN TO RELIEVE  
INFLAMED SORE THROAT



**Speedy Relief**



**Sustained Relief**



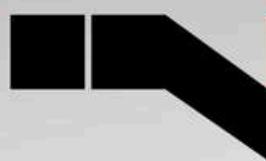
**Swift Recovery**



**PLATINUM SPONSOR**



BREATHING BETTER, LIVING BETTER:  
Advances in Rhinology, Smell, Skull Base and Sleep Surgery



# Natrapharm

## Esomeprazole Magnesium

### Peprazom®

20mg • 40mg Delayed-Release Capsule  
40mg Powder for Solution for Injection (IV)



Montelukast sodium +  
Levocetirizine dihydrochloride

### STELIX™

10mg/5mg Film - Coated Tablet



Co-amoxiclav  
NATRAVOX®

375 mg Tablet • 625 mg Tablet

The PRUDENT STEP UP against  
the most common pathogens



Natrapharm, Inc.

The Patriot Building, Km. 18 West Service Road, South Luzon Expressway, Parañaque City 1700, Philippines  
Tel. Nos. (632) 8588-1800 • Fax Nos. (632) 8821-7383 / 882-6722 • Website: <https://www.natrapharm.com>

NX-APZC/STLX-11-2025-002

**GOLD SPONSOR**



BREATHING BETTER, LIVING BETTER:  
Advances in Rhinology, Smell, Skull Base and Sleep Surgery

79

Ebastine  
Betamethasone  
Co-Aleva

10 mg/500 mcg Tablet

Antihistamine/Corticosteroid

Ebastine  
Aleva

10 mg & 20 mg Tablet

Antihistamine

# Go Further

*Delivers Fast onset of action<sup>1</sup>*  
*Delivers effective anti-histamine activity<sup>2</sup>*  
*Safe and convenient dosing<sup>3</sup>*



REFERENCES:

- 1 J. Sastry. Ebastine in allergic rhinitis and chronic idiopathic urticaria. *Allergy*, Vol 53 Suppl. 89:1-20, 2008
- 2 Carey W., Warrington S., Boyce M., Luria X. Inhibition of the Histamine Wheal by Ebastine compared with Cetirizine, Fexofenadine and Loratadine at Steady State. *Drugs Exptl., Clin. Res.* XXVIII (6) 243-247, 2002
- 3 Karppinen A et al. Comparison of cetirizine, ebastine and loratadine in treatment of immediate mosquito-bite allergy. *Allergy* Vol 57; 534-537.2002



OEP Philippines, Inc.



BREATHING BETTER, LIVING BETTER:  
 Advances in Rhinology, Smell, Skull Base and Sleep Surgery

# S.V. MORE GROUP OF COMPANIES



**PHARMA**  
NUTRIA N.A., INC.



**S.V. MORE**  
PHARMA CORP.

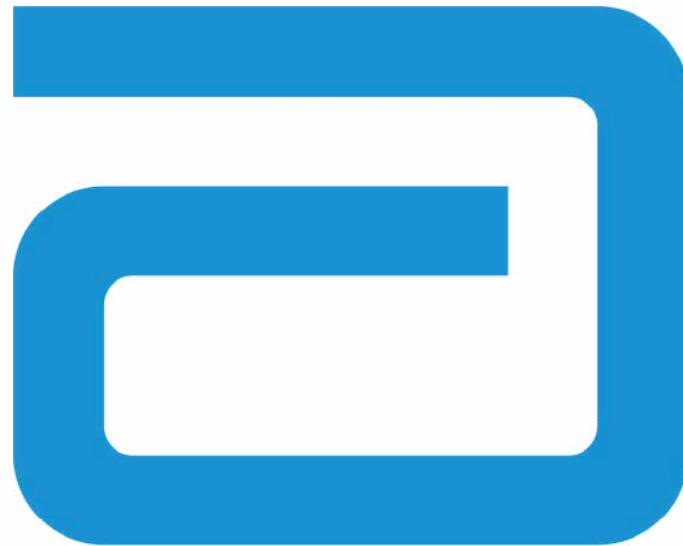


The Company's focus is on the Filipino talent. Its cogent advocacy is: Filipino-owned companies must invest in the skills and capabilities of their countrymen. This is proudly embodied in the Group' tagline, "The FILIPINO talent is worth the investment in GOLD"

**GOLD  
SPONSOR**



BREATHING BETTER, LIVING BETTER:  
Advances in Rhinology, Smell, Skull Base and Sleep Surgery



# Abbott

**Olopatadine/  
Mometasone Furoate**  
**Ryaltris™**  
(60mcg/2mcg)  
Nasal Spray  
Anti-allergic Agent/Corticosteroid Combination

*My COMBINATION FOR a good day*

**ULTIMATE PARTNER  
"ALLERGY RELIEF"**  
**Mometasone  
Furoate**  
**MOMATE™**  
50 mcg/actuation  
Nasal Spray Suspension • Corticosteroid

**Fluticasone  
Propionate**  
**FLUSORT**  
50 mcg Per actuation  
Nasal Spray • Corticosteroid



**Montelukast  
Levocetirizine hydrochloride**  
**Glemont L**  
10mg/5mg Film-Coated Tablet  
Leukotriene Receptor Antagonist / Antihistamine

**MOVE MOUNTAINS  
WITH**



**NEWEST ADDITION TO GLENMARK'S ALLERGIC RHINITIS PORTFOLIO**

**Glenmark**

**e**  
**glenmark**  
A new way for a new world

**BREATHING BETTER, LIVING BETTER:**

Advances in Rhinology, Smell, Skull Base and Sleep Surgery



**ORAHEX**

get **12 Hours** **ORAHEX tra Care!**

For Next Level Oral Health,

**ORAHEX** Oral Rinse

Alcohol-Free Formula 380 ml

ORAHEX-AF MINT FLAVOR

Oral Rinse

Chlorhexidine 0.12% w/v

RECOGNIZED BY PSP

RECOGNIZED BY PSP

RECOGNIZED BY PSP

RECOGNIZED BY PSP

CHX Gold Standard of Oral Health  
HELPS KILL BACTERIA  
Advanced Oral Antiseptic & Disinfectant

Chlorhexidine as Gold standard in chemical plaque control

Broad spectrum antimicrobial

Bactericidal & Bacteriostatic properties

Recognized by both Medical and Dental specialists

RECOGNIZED BY PSP

RECOGNIZED BY PSP

marimer

## Gentle, Effective Nasal Care for All Ages



- ✓ 100% natural seawater rich in essential minerals & trace elements
- ✓ Steroid-free, drug-free, non-medicated – safe for daily use
- ✓ Easy-to-use formats for better patient compliance
- ✓ Safe for all ages, including infants and pregnant women
- ✓ Supports nasal hygiene & aids allergies, colds, & post-surgical care



Include Marimer in your nasal care recommendations for better outcomes.



Visit our booth to learn how Marimer supports your patients' daily nasal health.

ALVITA

marimer

Natural Relief. Everyday Protection.



# HEALTHWORLD

World Class *QUALITY* Need Not Be Expensive

NEWBORN HEARING SCREENING

NASOPHARYNGOSCOPE

WIRELESS CAMERA

TYMPANOMETER

TREATMENT UNIT

HEARING & BALANCE

DISTAL TIP ENDOSCOPE

NASAL PACKING

ENDOSCOPE

STROBOSCOPY & HD CAMERA

(POCUS) PORTABLE WIRELESS ULTRASOUND

LIGHTSOURCE & ENT CHAIR

LAPAROSCOPIC INSTRUMENTS & CLIPS

HYSTEROSCOPY & RESECTOSCOPE UNIT

LAPAROSCOPY TOWER

[WWW.HEALTHWORLDINTL.COM](http://WWW.HEALTHWORLDINTL.COM)

8829 0175 | 0917 822 2938

LIKE US ON

FACEBOOK!



EASMED

INNOVATIVE  
MEDICAL  
TECHNOLOGIES

Discover Us!

Discover cutting-edge, minimally invasive technologies at the Easmed booth – advancing care and delivering superior patient outcomes.



CURIS, BM780

Precise, with minimal thermal impact RF Generators



RaVoR

Precise Volume reduction for Turbinates & OSA treatments



Bipolar  
Forceps

Non Stick Supergliss, Calvian Endopen



Drug Eluting  
Biodegradable  
Dressing

Nasopore, Nexpak

+63 917 183 9521

sales.ph@easmed.com

www.easmed.com

REGULAR  
SPONSOR

BREATHING BETTER, LIVING BETTER:

Advances in Rhinology, Smell, Skull Base and Sleep Surgery

84



Leading ENT Manufacturer,  
 Trusted Worldwide.



[www.eonmeditech.com](http://www.eonmeditech.com)

CDSCO | ISO 9001:2015 | ISO 13485:2016 | CE | ANVISA | TGA CERTIFIED | UK MHRA | US FDA

[info@eonmeditech.com](mailto:info@eonmeditech.com)

Looking for **HEARWELL MEDICAL SUPPLIES**  
**Distribution Partners!**

Unit 3 Block 3 Lot 23 B. Estanislao St, BFRV, Talon II, Las Piñas City, NCR 1740

**HEARWELL**  
 Philippines



Hearing Aids and Batteries  
 (includes Cochlear)

Balance Eqpt  
 VNG, VOG, VHIT, DVA

Dispensing Eqpt and Systems

Ear Impression Tools and Materials

Electrolarynx

Audiometric Eqpt  
 Audiometer, Tymp, OAE, ABR, HIT, REM

Find us on  
 Facebook  
[facebook.com/HearwellMedicalPhp](https://facebook.com/HearwellMedicalPhp)

[enquiryPH@Hearwell.asia](mailto:enquiryPH@Hearwell.asia)

(63) 028 646 1856 (office)  
 (63) 09695987669 (mobile)

**FREEDOM  
 FOR ENT  
 SURGERY.**

StraightShot® M5  
 Microdebrider



A surgical drill  
 to match your skill

ENT MR8™ High Speed Drill

PROTECTING  
 PATIENTS'  
 NERVES AND  
 SENSES IS  
**MORE THAN  
 VITAL.**

NIM Vital™  
 Nerve Monitoring System



**FEEL THE CLARITY**  
 with the World's #1 OTC Allergy brand

Globally trusted brand with multiple allergy solutions  
 for your patients and their family:



FOR MILD-MODERATE ALLERGIES

**CLARIQUICK**

Relieves itchy nose in 10 minutes\*

**LONG-LASTING**

Up to 24 hours

**NON-DROWSY**

vs Diphenhydramine & acetaminophen



FOR SEVERE ALLERGY CONDITIONS

**LOW DOSE & WIDE THEAPEUTIC COVERGE**

Based on over 200 clinical trials in the U.S. and over 100 clinical trials in the Philippines

**FAST-ACTING**

Relieves itchy nose in 10 minutes\*

**NON-DROWSY**

vs Diphenhydramine & acetaminophen



FOR NASAL DECONGESTION

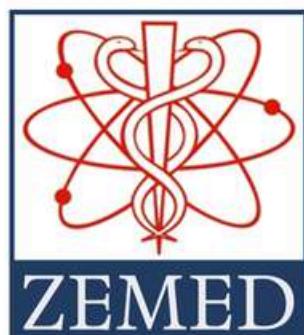
**WORKS IN AS FAST AS 25 SECONDS**

Oxytazoline has a rapid onset of action (within 15 minutes) and a short half-life (within 2 hours)

**PROVIDES 12 HOURS RELIEF**

Oxytazoline has a long duration of action (up to 24 hours)





**ZENITH MEDICAL EQUIPMENT, INC.**

SALES • ARCHITECTURAL PLANNING • INSTALLATION • REPAIR • SERVICE AND MAINTENANCE

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

## *The Organizing Committee*



ORGANIZING COMMITTEE



BREATHING BETTER, LIVING BETTER:

Advances in Rhinology, Smell, Skull Base and Sleep Surgery

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

ORGANIZING COMMITTEE

## Honorary Chair



**Mohammad Ariff A. Baguindali, MD**  
Honorary Chair

**Conrado Donato A. Pabico Jr., MD**  
Over-all Convention Chair

**Rodante A. Roldan, MD**  
Over-all Convention Co-Chair

**Ma. Lourdes B. Enecilla, MD**  
Secretary-General



BREATHING BETTER, LIVING BETTER:

Advances in Rhinology, Smell, Skull Base and Sleep Surgery

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

ORGANIZING COMMITTEE

## *Scientific Committee*



**Chair: Maria Anna T. Isaac-Lim, MD**

**Member:**

**Giancarla C. Ambrocio, MD**

**Reinzi Luz S. Bautista, MD**

**Colina Q. Colina, MD**

**Ryan U. Chua, MD**

**January E. Gelera, MD**

**Josefino G. Hernandez, MD**

**Patrick Joseph L. Estolano, MD**

## *CPD Committee*

**Chair: Jona Minette E. Ligon, MD**

**Member:**

**Fatima M. Gansatao, MD**

**Soraya N. Joson, MD**



BREATHING BETTER, LIVING BETTER:

Advances in Rhinology, Smell, Skull Base and Sleep Surgery

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

ORGANIZING COMMITTEE



## Finance Committee Block

**Chair: Candice Q. Ansorge, MD**

## Ways & Means

**Chair: Emma B. Guevara, MD**

**Member:**

**Antonio H. Chua, MD**

**Diane D. Diamante-Ilao, MD**

**Karen June P. Dumla, MD**

**Shiella B. Lim, MD**

**Arnelle Y. Quiambao, MD**

**Ricardo L. Ramirez Jr., MD**

**Frederick Mars B. Untalan, MD**

## Booths & Exhibits

**Chair: Edmund T. Ong, MD**

**Member:**

**Michael Ryan A. Abuan, MD**

**Cecile Trisha B. Duran, MD**

**Kennard Q. Felix, MD**

**May Cristine L. Obama, MD**

**Cristine Celine P. Tan, MD**



BREATHING BETTER, LIVING BETTER:

Advances in Rhinology, Smell, Skull Base and Sleep Surgery

90

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

ORGANIZING COMMITTEE



## *Publicity and Documentation*

**Chair: Hycel S. More, MD**

**Member:**

**Frances Marie C. Agustin, MD**  
**Keith Romeo A. Aguilera, MD**

## *Physical and Technical Committee*

**Chair: Ma. Rowena M. Muñoz, MD**

**Member:**

**Paulo Angelo D. Catindig, MD**  
**Joseph Arnold D. Darvin, MD**  
**Lyndon Henry T. Dacanay, MD**  
**Aileen S. Delos Santos-Garcia, MD**  
**Bianca Denise E. Edora, MD**  
**Lemuel Ian R. Guevara, MD**  
**Isaac Cesar S. de Guzman, MD**  
**Janice M. Mangahas, MD**  
**Maria Margarita F. Taningco, MD**  
**Miguel Carlo R. Mendoza, MD**



BREATHING BETTER, LIVING BETTER:  
Advances in Rhinology, Smell, Skull Base and Sleep Surgery

# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

ORGANIZING COMMITTEE



## Registration & Invitation

**Chair:** Archie Brian C. Ramos, MD

**Member:**

Mark Aldrin A. Alcid, MD  
Nikki Lorraine K. Chao, MD  
Oliver Glenn C. Domingo, MD  
Cristopher Ed C. Gloria, MD  
John V. Silva, MD

## Gala Dinner & Fellowship Night

**Chair:** Maria Cristina B. Viceral, MD

**Member:**

Jimmy V. Chang, MD  
Danilo D. Deveza, Jr., MD  
Johanna Co-Dy Lim, MD  
Rebecca R. Feliciano, MD  
Soraya N. Joson, MD



# The 69th Annual Convention of the Philippine Society of Otolaryngology - Head and Neck Surgery



Breathing Better, Living Better: Advances in Rhinology, Smell, Skull Base and Sleep Surgery

ORGANIZING COMMITTEE



## *Opening Ceremony*

**Chair: Maria Elaine D. Villanueva, MD**

**Member:**

**Rodney Oliver J. Aragon, MD**  
**Josefa Andrea G. Cornista, MD**  
**Carlo A. Nofuente, MD**

## *Secretariat*

**Sharon B. Barraquiel**

**Melissa B. Martinez**

**Rochell D. Maurat**

**April Christine D. Mayuga**

**Allysa R. Rodriguez**

**Francisco H. Tutaan**

**Rodolfo B. Atos**



BREATHING BETTER, LIVING BETTER:

Advances in Rhinology, Smell, Skull Base and Sleep Surgery



# CLINICAL ENCOUNTER

## How to Test the Chemical Senses: A Practical Workshop

4:10-5:10 PM  
DEC. 2, TUESDAY

FUNCTION RM. B1-2  
SPACE AT ONE AYALA



**DR. ERI MORI**

Speaker



**PROF. THOMAS HUMMEL**

Speaker



**PROF. ANNA KRISTINA HERNANDEZ**

Speaker



**DR. MA. LOURDES ENECILLA**

Speaker



**DR. JOSEFINO HERNANDEZ**

Moderator

LIMITED SLOTS FOR THE WORKSHOP.  
PLEASE COME EARLY.

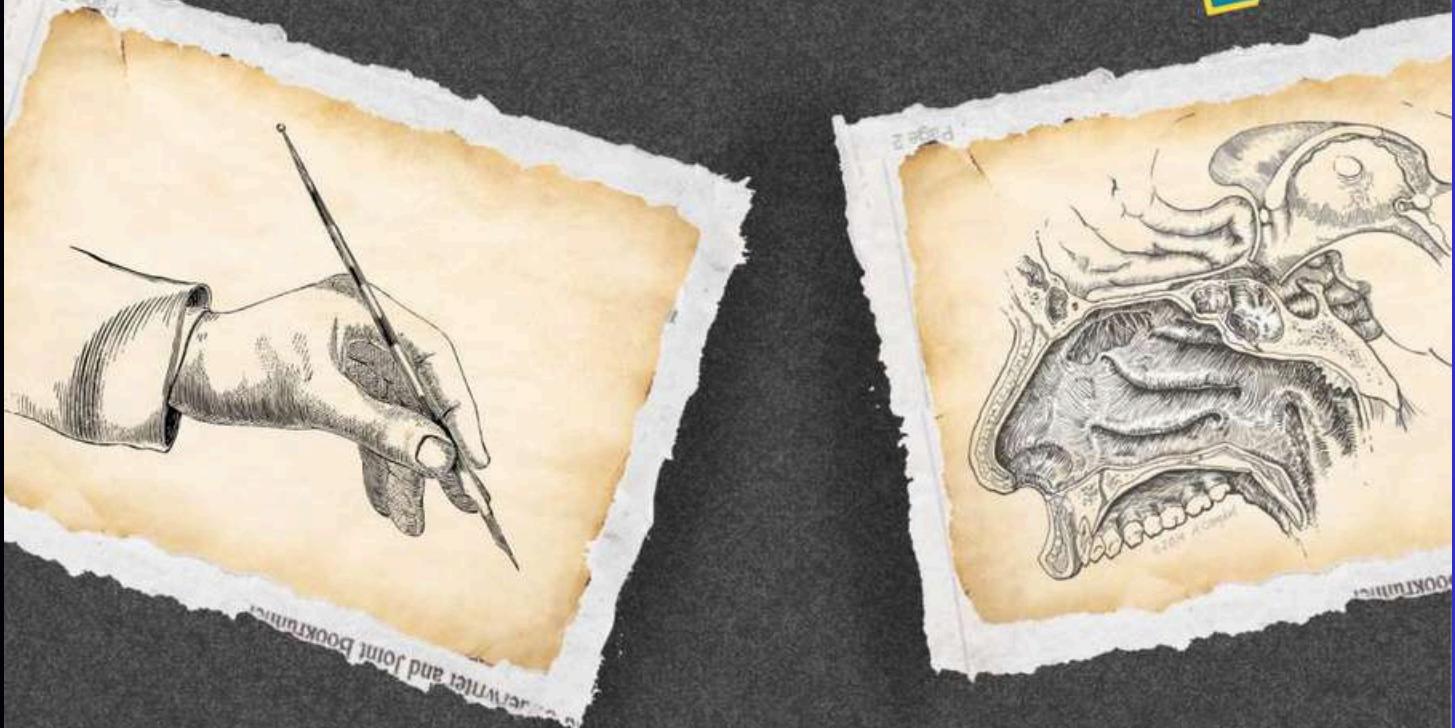
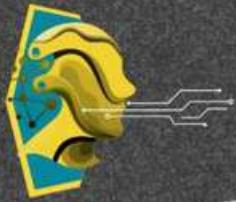


BREATHING BETTER, LIVING BETTER:

Advances in Rhinology, Smell, Skull Base and Sleep Surgery



The 69th Annual Convention of the Philippine Society  
of Otolaryngology - Head and Neck Surgery  
in cooperation with the Philippine Academy of Rhinology



# Dr. Ramon V. Arcenas Rhinology Research Contest

## PRIZES:

1st place	₱ 30,000
2nd place	₱ 20,000
3rd place	₱ 10,000

DECEMBER 3, 2025

7:00 - 9:00 AM

HALL B and C  
SPACE AT ONE AYALA



BREATHING BETTER, LIVING BETTER:

Advances in Rhinology, Smell, Skull Base and Sleep Surgery

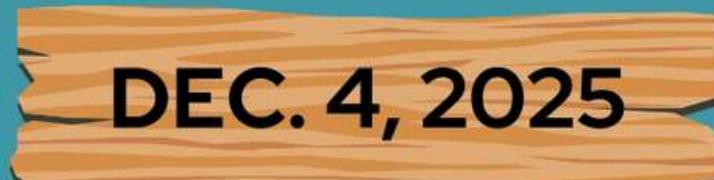


The Philippine Society of Otolaryngology – Head and Neck Surgery  
in cooperation with the Philippine Academy of Rhinology

# MUST NOSE



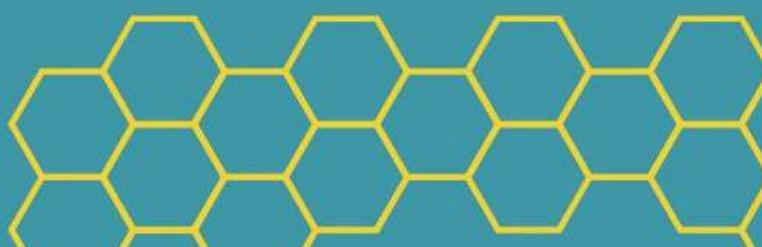
## Rhinology Quiz Bee



DEC. 4, 2025

7:00 - 9:00 AM

VENUE: HALL A,  
SPACE AT ONE AYALA



BREATHING BETTER, LIVING BETTER:

Advances in Rhinology, Smell, Skull Base and Sleep Surgery