



ORL NEWS

P H I L I P P I N E S

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60th Jubilee Annual Convention Focuses on Facial Plastic Surgery

By **Melfred L. Hernandez, MD, FPSO-HNS**
Overall Convention Chair



Our 61st year is just a day away.

And today we welcome you as the Philippine Society of Otolaryngology-Head and Neck Surgery celebrates its 60th Jubilee Annual Convention with the theme "Restoring and Enhancing Form and Function" and hosts the Pan Asia Academy of Facial Plastic and Reconstructive Surgery 6th Annual Congress with focus on "Avant-garde Techniques in Facial Plastic Surgery on December 1-3, 2016 at the Marriott Grand Ballroom at Resorts World Manila.

The organizing committee promises an exciting scientific program that would bring together local, regional and international experts in the fields of otology, audiology, rhinology, laryngobronchoesophagology, head and neck surgery and sleep medicine, with special spotlight on facial plastic, maxillofacial and reconstructive surgery. And with the new and expansive Marriott Grand Ballroom serving as our venue for the second year in a row, we

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2016 is PSO-HNS 60th Diamond Jubilee Year!

By **Danilo A. Poblete, MD, FPSO-HNS**
Overall Chair, 60th Jubilee Celebrations



Our society's 60th year foundation anniversary is a genuine convergence of mind and spirit. Preparations for the year-long celebrations started way back January 2015 when a group of passionate Fellows met for the first time to organize themselves and draft the plans for the jubilee year.

Countless general and committee meetings followed soon after.

The grand launch happened during the PSO-HNS Midyear Convention held in Naga City via an invitational video presentation.

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Message from the President



Charlotte M. Chiong, MD, PhD, FPSO-HNS

As we approach the last month of the year it is time that Fellows of PSOHNS receive this report from the President and the Board of Trustees. We were witness to the successful staging of the midyear congress held at Edsa Shangrila. The scientific programme was stellar and that is thanks to the scientific chair Dr. Adonis Jurado. We also witnessed the

launching of the advocacy campaign on "Change is in the Air" led by PAR Chair Dr. Antonio Chua with Drs. Ma. Lourdes Enecilla and Joel Romualdez.

The support we received from our pharmaceutical friends was tremendous and the avowed fund support for advocacy from the proceeds of that congress amounting to a little over two million pesos will certainly go along way in moving these programmes pending the guidelines to be formulated by the advocacy committee. We hope the fund support will be available for disbursement to approved projects upon approval of the next year's budget.

The new PSO-HNS headquarters at 27 Manga Road was finally inaugurated last July 8. It has been titled and rendered legal ownership by our corporation thereafter. As approved by the general assembly funds related to our transfer has been implemented and with total expenses for minor renovation and transfer and other taxes producing a total expenditure of almost 28M. While we have not changed our business address given that we are still awaiting the tax exempt certificate filed from our Medical Plaza Ortigas

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hope to highlight this year's annual convention and congress as a fitting climax to the society's yearlong celebration of its six decades of glorious tradition of service and excellence to the nation.

It is only but fitting that on our Jubilee Year we commence the Thierry Garcia Memorial Lecture, to be given by our past PSOHNS president & Professor Emeritus Dr. Generoso Abes. Asian Society of Head and Neck Oncology President Alfredo Q.Y. Pontejos, Jr. will deliver the Jubilee Lecture. The compact but meaningful opening ceremonies will be graced by Dr. Corazon Collantes-Jose, founding president and chair of Asia Pacific Academy of Cosmetic Surgery, as our guest speaker. On-site registration will be facilitated, and delegate pedestrian traffic will be unhampered by the spacious registration area. The scientific program is packed with plenary sessions, symposia, focus learning sessions and workshops which will prove to be intellectually stimulating and interesting for all our trainees, diplomates and fellows, and colleagues from the cosmetic, plastic, ophthalmic plastic, and dermatologic fields.

The exposition in two large ballrooms will house booths and exhibits of our healthcare partners that will whet our appetite for the cutting-edge and the latest in diagnostic and therapeutic innovations. This year will see the Organizing Committee pioneering both Android and iOS apps that would offer the entire scientific program, speaker listing & directory, abstracts and instant access to valuable information at the touch of a finger. Physical arrangements have been made in such a way that delegates will enjoy added security and easier access to the main Marriott Hotel with the operationalization of the new Skybridge.

And to cap our eventful Jubilee year we invite everyone to a special

business address there have already been activities, meetings and functions held at our new headquarters. As approved by the Board we have invited the PBO-HNS to hold their meetings there and also hold office in one of the rooms there. We do expect full transfer by the time this tax exempt certificate has been obtained.

The work on becoming a recognized specialty by the Philippine Medical Association is still a work in progress but the task is at hand more than ever with about 5000 more votes during the last congress and hopefully turnover of these votes before the next PMA convention in May will make the campaign a success.

The PRC and PRBOM (Philippine Regulatory Board of Medicine) required us last May to develop and submit an OBE (Outcomes Based Education) Curriculum. In cooperation and close collaboration with the PBO-HNS led by Dr. Rodolfo Nonato we have been able to submit and present in time thanks to the hard work of Dr. Agnes T. Remulla assisted by Dr. Elmo Lago, Jr. and Dr. Eduard Alfanta as well as other committed fellows from the different subspecialties and institutions. This strong partnership has also produced, with the request of the PSO-HNS, some changes to be considered for the required list and number of procedures as a result of the formulation of this new curriculum. Our core values of Professionalism, Service with excellence, Outstanding in education and research, Honor and Integrity, Nationalism and Solidarity were pillars that guided the whole process of crafting this OBE and it will now be incumbent upon the institutions to tweak their instructional designs and particular curriculum to conform to the common minimum standards or surpass them even.

The next midyear congress will be held in the Ilocos Region under the leadership of Dr. Jose Orosa III and we can look forward to a most enjoyable and another milestone event for our organization. The BOT will soon visit Laoag to map out the general directions for this midyear congress.

We are now set for the 60th Annual Congress at Marriott Grand Ballroom, the same venue that we got at introductory rates last year. The registration rates will be higher this year and benchmarked with congress registration rates of other specialty organizations. There are several reasons why this will be so. Given the fact that this we had a jubilee ball last February of free attendance at a cost of 2.6 M and the shortfall between the approved budget for this year of 8M and the proceeds from the last annual congress of around 4M added to the fact that midyear's congress proceeds have all been earmarked for advocacy as well as the additional increase with our capital asset with the purchase of our new building and improvements thereon. The decision to increase this year's congress registration rates has not been easy but had to be made given the foregoing facts. There are still more projects to be completed such as the updated CPGs, improvements for our own journal PJO-HNS and a possible move to be an open access journal which will benefit our Fellows and also open our research work to be more accessible in the scientific circles worldwide.

We have recognized the loyalty and service of our personnel Mia, Sharon, Melissa and Kiko by an increase in salaries and benefits that have long been overdue. We are now in the process of digitizing our records along with other housekeeping functions that we have embarked on this year. We also foresee a constitutional amendment to accommodate an expanded membership programme to be attuned with the mandate and direction of the Philippine Medical Association to be as inclusive as possible. With the kind approval of the Fellows the fact that our scientific calendar and a lot of PSO-HNS activities have been geared towards preparing the resident trainees and diplomate and non-diplomates and board eligibles will be so recognized such that they will be well-prepared to be dedicated Fellows of PSO-HNS in the future imbued with the core values we so cherish.

2016 Outstanding ENT Specialists Announced

The awardees of the 2016 Outstanding ENT Specialists award were announced by the Awards Committee headed by Dr. Jay Remy P. Gonzalez II. Their awards will be formally conferred on them during the Closing Ceremonies on December 3, 2016.

This year, the awardees include the following:



NATIVIDAD A. ALMAZAN, MD, MSCLin.Epi, MHA
Outstanding ENT Specialist in Research 2016



ALFREDO Q.Y. PONTEJOS, JR., MD
Outstanding ENT Specialist in Teaching 2016



BENITO L. UY, MD
Outstanding ENT Specialist in Teaching 2016



THE ABES FAMILY
GENEROSO T. ABES, MD, MPH
FRANCO LOUIE LB. ABES, MD, MSc
Outstanding ENT Family of the Year 2016



THE PHILIPPINE SOCIETY OF OTOLARYNGOLOGY-HEAD AND NECK SURGERY, INC.
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night of the musical Annie, a heartwarming tale of a little orphan girl and her unwavering optimism in the face of overwhelming challenges, on Dec 1, 2016 7pm at the Newport Performing Arts Theater. This features some of the best of our homegrown actors, and new little stars who could very well be the future of Philippine theater.

Headed by Vice-President Dr. Melfred L. Hernandez as Overall Convention Chair and Dr. Cesar V. Villafuerte, Jr. as Overall Vice-Chair & PAAFPRS Congress Chair, the hardworking Organizing Committee is led by the core group of Secretary General Dr. Robert R. Dy, Assistant Secretary-General and PAFPRS Chair Dr. Jaime Anthony A. Arzadon IV, and Committee Chairs Dr. Agnes T. Remulla (Scientific Program), Dr. Mary Aimee O. So-Singson (Ways & Means/Finance), Dr. Edmund T. Ong (Booths & Exhibits), Dr. Ma. Lourdes B. Encilla (Publicity), Dr. Patrick A. Pardo (Physical Arrangements), Dr. Danilo D. Deveza, Jr. (Registration & Invitations), Dr. Maria Elaine D. Villanueva (Opening Ceremonies) and Dr. Arnelle Y. Quiambao (Socials).

And at the helm of it all is Dr. Charlotte M. Chiong, under whose presidency the society during its Jubilee Year has relentlessly pursued the advancement of the specialty in service, research, training and advocacies, with flying colors. After having looked back this year and highlighted our humble beginnings, we now look forward to that tomorrow that will bring the society to even far greater heights.

Bet your bottom dollar that!

Diamond Jubilee Year

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Last February 17, 2016, the exact date our society was founded, Fellows gathered in their best attire and some even in haute couture at the posh Rizal Ballroom of Makati Shangri-La I to exchange pleasantries and experience the "LEGACY OF BRILLIANCE".

A memorable event which reminisced and honored the founders, the society's past six decades and future directions. One of the main highlight of the ball was the awarding of a special medallion to the founding president Dr. Thierry F. Garcia witnessed by the first secretary-treasurer of the Philippine Society of Otolaryngology and Bronchoesophagology (the society's predecessor), Dra. Corazon Collantes-Jose, past presidents, fellows and guests.

The Jubilee's initial scientific activity happened during the Midyear Convention held at the Isla Ballrooms of EDSA Shangri-La which focused on current diagnostic and treatment modalities of ENT-Head and Neck disorders. Special emphasis was given on preventive measures and related advocacies.

"Sound IntENTions", a coffee table book created by a group of gifted fellows was distributed during this time with the first copy handed over to the Founding President.

Twelve months are not enough to implement our hallmark advocacies but I am optimistic that the next set of Trustees will prioritize this endeavour next year.

Now, we are witnessing the culmination of PSO-HNS Diamond Year festivities --- the 60th Jubilee Annual Convention.

The task bestowed on us to organize those series of events was truly magnanimous, however the members of the Organizing Committee unselfishly shared bright ideas and precious time in order for us to stage those activities smoothly.

Hands-Up and I salute all of you my dear colleagues who volunteered to be part of our Jubilee OrgCom. We have served our esteemed society and with God's Grace I am looking forward to PSO-HNS 75th Year!

Thank you for the opportunity to lead and serve!

SUBSPECIALTIES

PACMFS



2016 was a busy and fruitful year for the Philippine Academy of Craniomaxillofacial Surgery (PACMFS), under the leadership of Dr. Joxelito David and his officers.

The first activity of the PACMFS was the Baguio Maxillofacial Winter Seminar which was undertaken in cooperation with the Department of ORL-HNS of Baguio General Hospital and Medical Center (BGHMC) on March 12, 2016 at the Baguio Country Club in Baguio City. This was followed by a series of meetings to come up with the Guideline Working Group and the Guideline Development Group for the development of the Clinical Practice Guideline in Management of Isolated Mandibular Body Fracture in Adults. A summary workshop on this was conducted last April 12, 2016.

The academy also conducted several lay fora on road safety awareness and proper management of CMF Surgery among provincial subspecialty groups. The first was held by the Northern Luzon Chapter on March 12, 2016, in coordination with the BGHMC. This was followed by the forum sponsored by the Central Luzon ENT (CELENT) Chapter at Oasis Hotel, Angeles City on June 25, 2016, and the last one was held in Davao last August 16, 2016.

Another notable achievement this year was the postgraduate course spearheaded by the Department of ORL-HNS of East Avenue Medical Center (EAMC), in coordination with PACMFS on October 18, 2016. The course was entitled Craniomaxillofacial Surgery Masterclass Manila 2016: Pearls and Pitfalls. The activity consisted of lectures, small group discussions and hands on workshops. At least 45 residents and ENT Craniomaxillofacial specialists from different parts of the country participated in the course.

The academy also held the 2nd interhospital grandrounds on "Maxillofacial trauma", in coordination with PSOHNS last September 14, 2016 at the University of Santo Tomas.

Finally, members of the PACMFS participated in the Arbeitsgemeinschaft für Osteosynthesefragen CranioMaxillofacial Foundation (AOCMF) Advanced Symposium entitled "Advances in Orbital Trauma and Reconstruction" last November 9, 2016 at the Manila Hotel.

PALP

The Philippine Academy of Laryngobronchoesophagology and Phoniatics (PALP) constantly strives to achieve its Mission to work together to uplift the science, technology, art, expertise, research



and knowledge of Laryngology-bronchoesophagology and Phoniatics. Its Vision is to be an internationally-recognized academic and research group involved in uplifting knowledge in the science of Laryngology and bronchoesophagology in Otolaryngology-Head and Neck Surgery, had various activities for this year in line with the above Mission-Vision and Advocacies.

To promote vocal health awareness, lectures were given at call centers in Ortigas, radio guesting at Generation RX, and video showing to teachers in Pampanga after voice screening. Brochures were likewise distributed at various schools and call centers to promote vocal health and campaign against cigarette smoking. During World Voice Day last April 2016, various institutions, initiated by PALP members, joined the celebration through musical concerts and doing lay fora on issues of the voice to promote the value of the human voice. Free laryngoscopy missions were also done for screening and diagnosis.

Since PALP members are group of fellows who have interest in Laryngology, most of them have fellowship and observerships in this field abroad in institutions like Grabscheid Voice Center, Mt. Sinai Medical Center, Vanderbilt University Medical Center, Emory University Voice Center, Stanford University, University of Pittsburgh, University of San Francisco in the USA, as well as Kurume University Hospital and Tokyo University Hospital in Japan and Chang Gung Memorial Hospital in Taiwan. PALP members are encouraged to take the initiative to undergo fellowship and give back to the other PSO members the learnings they acquired during fellowship. Attending Laryngology symposium here in the Philippines and abroad are likewise encouraged.

PANORS

2016 was an engaging year for the Philippine Academy of Neurotology, Otology & Related Sciences (PANORS) as the group ventured into all of its activities lined up for the year with great accomplishment. The principal activities for this year were the organization of the 7th Coalition of Global Hearing Health (CGHH) and the drafting of the recently approved Standards of Care for the PhilHealth Package for Children with Disabilities (specifically for hearing impairment).

The PANORS, through its current chair, Dr. Norberto Martinez, organized the 7th CGHH international conference in Manila from October 24 to 25, which was graciously hosted by the University of Santo Tomas. It was the first time the conference was held in Asia and the largest in CGHH history so far, attended by almost 400 par-



ticipants (almost half are foreign delegates), from 26 countries representing all habitable continents of the world with more than 30 international and local exhibitors joining the conference. It was a fertile ground to showcase the activities done by the countries of the world in the prevention of hearing loss and to foster a common understanding of the problem to lessen the burden imposed by the disease among all of humanity. The guidance of Dr. Jackie Clarke, Dr. Karl White, and Dr. Jim Saunders were instrumental to the great success of this international conference.

The Hearing International (HI) meeting followed soon after the CGHH conference. This meeting was presided over by Prof. Suchitra Prasansuk, assisted by Dr. Herman Jenkins and Dr. Navnit Shah. The representatives from the certified centers representing seven countries were all present. Before the meeting, Professor Sujana Chandrasekhar from New York, USA was given by the UST-Faculty of Medicine & Surgery the distinction of being a Luis Ma. Guerrero lecturer.

Pre-congress courses were offered and attended by ENT's and audiologists. These include: Public Health Planning (Andrew Smith), Operating A Field-Based Earmould Lab (David Pither), A Practical Guide To Humanitarian Missions for Improving Hearing Health (Jim Saunders), Community-Based Hearing Aid Fitting Using the WFA Method (Starkey Foundation) and the Tinnitus Lecture & Workshop (William Hal Martin and Jennifer Ellery Martin at held at St. Luke's Medical Center-QC).

The PANORS (through the Physicians for Peace and the UNICEF) is also instrumental in the drafting and approval of the Standards of Care for the PhilHealth Package for Children with Hearing Impairment. This will ensure coverage by PhilHealth for hearing loss evaluation and hearing aids for qualified Filipino children with at least moderate hearing loss from birth until 18 years old. This activity is a collaboration of PANORS with government & non-governmental organizations for affordable hearing devices for the Filipino children. Various stakeholders were also consulted to comment on the final draft for the hearing impairment package including the representative from the PSO-HNS. The package has been approved and will be made available to PhilHealth members once it has been formally announced by authorized government agencies in the weeks to come.

As part of its annual activities, PANORS continued to pursue their undertaking for the newborn hearing screening initiatives. The Medical City was host to the Integrated Orientation Updates to RA 9709 and the Category A Newborn Hearing Screening Personnel Certifying Course in May, while Davao City was the venue for the Newborn Hearing Screening Certifying Course in August. In September, there was a re-certification and level re-evaluation of accredited newborn hearing centers, which brought the total number of accredited newborn hearing screening evaluation and management facilities to three hundred and ten.

PANORS has also been active in its academic and research agenda this year. The PSO-HNS Clinical Practice Guidelines for AOM, COM and OME has been drafted, pending approval from external reviewers. Dr. Christopher Gloria, and Dr. Emmanuel Dela Cruz finished Otolaryngology fellowship from the UST program, while Dr. Jona Minette Ligon, will be finishing her Otolaryngology fellowship in December from the East Avenue Medical Center program. For several years, the STENTS group has been the recipient of a research grant by PANORS for hearing loss survey in the southern Luzon region. PANORS members have also attended international courses to update their knowledge and skills in this field of expertise: International Conference on Cholesteatoma & Middle Ear Surgery in Edinburgh (Dr. Franco Louis Abes); Certification Course on Dangerous Decibel (Dr. Joel Romualdez); World Congress of Audiology in Vancouver (Martinez & Romualdez); and the AANO Congress in Singapore (Dr. Charlotte Chiong and Dr. Martinez). Dr. Norberto Martinez also represented the country in various World Health Organization meetings held in Geneva this year regarding hearing loss burden prevention. Some PANORS members have also been invited as resource speakers for the various PSO-HNS sponsored post-graduate courses held in different accredited institutions and chapter meetings across the country.

PANORS activities are all anchored on its advocacies, the main driving force for its group action. The subspecialty group has been known as a staunch advocate for health issues regarding hearing loss, tinnitus and vertigo. For this year, PANORS joined the country in celebrating the International Ear Care Day with the theme: "Childhood Hearing Loss: Act Now, Here Is How!" last March 3; the International Noise Awareness Day with a minute of silence from 3:00 to 3:01 PM on April 27; and the Deafness Awareness Week from November 10 to 16 with a month-long print and broadcast media campaign. Free ear examination and hearing tests, lay fora, distribution of informational/educational materials, and media interviews cap all these celebrations. PANORS also supported the Rubella Awareness Student's Forum and the Empowerment Program for Hard of Hearing Persons held at the UST in January and March, including the Newborn Hearing Assessment forum held at the St. Luke's Medical Center-BGC in March. These advocacy programs are aimed to empower each individual, the family and the society with current knowledge, needed skills and positive attitudes with regard to hearing and vestibular care.

Future activities planned by PANORS include an international meeting, the ORLIAC to be held at the UP-PGH in 2018. The group also plans to set up postgraduate courses on hearing loss, tinnitus

and vertigo and to launch a research and quiz contest for residents next year. This is to equip the ENT specialists and residents with more knowledge in the field of neurotology, otology and the hearing/vestibular sciences. The subspecialty group is committed to strengthen their advocacy efforts and initiative activities to guarantee that all aspects of the hearing and vestibular needs of the Filipinos are being appropriately addressed and taken cared of.

PAPO

The activities of the Philippine Academy of Pediatric Otolaryngology (PAPO) are as follows. On February 16, 2016, there was a Pediatric Otolaryngology symposium, held in the Augusto Barcelon Auditorium, The Medical City Pasig. On April 13-14, 2016, there was a 2-in-1 Airway Course, St. Luke's Medical Center Global City, Taguig, held in cooperation with the PALP. On April 15-17, 2016, there was a Plenary Session on Preventive Measures and Advocacies, Preventing Foreign Body Accidents in Children held during the 60th PSO-HNS Diamond Jubilee Midyear Convention.

A current project in progress is the production of brochures/pamphlets on the prevention of Foreign Body aspiration and ingestion accidents for an awareness campaign among parents and caregivers of children. PAPO promotes an advocacy on Preventing Foreign Body Accidents in Children to achieve widespread attention to the problem of foreign body accidents in children and to reduce the number of infant and children morbidities and mortalities resulting from foreign body aspiration and ingestion.

PAPO also promotes prevention, early detection and management of noise induced hearing loss in elementary and high school children to achieve widespread attention to prevention and early diagnosis of noise induced hearing loss and to decrease risk for noise-induced hearing loss in children due to potentially harmful noise levels at home and in school.

PAPO wants to maintain a fellowship training program in Pediatric Otolaryngology for graduates of accredited ENT-HNS training programs. This is to train fellows in addressing the special needs of children with complex otolaryngology issues by applying the latest multidisciplinary approaches to challenging pediatric problems.

PAR



The Philippine Academy of Rhinology continues its commitment to update residents and fellows on the latest trends in Rhinology

through its monthly lectures. Topics included Maxillary Sinus Antrostomy, Topical Therapies For Chronic Rhinosinusitis, Chronic Cough, Eosinophilic Esophagitis, Understanding Indoor Allergens, The Dry Nose, etc.

Skills improvement and standardization in the training of rhinologic surgery was continued through this year's 4th PAR Endoscopic Sinus Surgery Course (Mastering the Basics) held on April 2-3, 2016. The course made use of Frozen Human Cadaver Cephalus which enabled the participants to experience life-like surgical conditions.

PAR also welcomes back Dr. January Gelera as she returns from her year-long Rhinology Research Fellowship in Seoul National University Bundang Hospital under Prof. Chae-Seo Rhee! On the same breath, we wish Godspeed to Dr. Patrick Estolano as he starts his year-long PAR Rotating Rhinology Fellowship with his first stop at University of North Carolina-Chapel Hill under Prof. Brent Senior.

For 2017, PAR will be in the forefront in organizing the Joint Convention between PSOHNS and the 10th International Updates on Chronic Rhinosinusitis and Nasal Polyps. Stay tuned for more updates as PAR leads the Society in 2017!

PASS

The Sleep Study Group started its evolution 2008 and named SDB (Sleep Disordered Breathing). The group name was changed to Philippine Academy of Sleep Surgery (PASS) during the chairmanship of Dra. Agnes Remulla (2012 – 2013). A two-year term for each set of officers gives leeway for each chairman to make necessary planning and strategies. An Advisory Board was created with Senior Consultants and past Chairmen of the sleep core study group. Currently, there are 25 members of PASS (Fellows and Diplomates).

For its Issue-Related Activities, posters about snoring were distributed during the PSO-HNS Mid Year Jubilee Convention last April 15, 2016. This was about awareness of Sleep Apnea and avoidance of its complications.

For its Academic Activities, PASS led the drafting of PSO-HNS Clinical Practice Guidelines on CPG for OSA in Adults, which had already been distributed to all Fellows of the PSO-HNS. They are also currently working on a CPG for Tonsillitis, as well as for Surgical Management of OSA in Adults. They intend to give lectures about this CPG for OSA in Adults to ENT training institutions.

For its Advocacy Activities, PASS celebrates WORLD SLEEP DAY every March 16 yearly. For this year, they held a Press Conference, employed a LED Billboard along EDSA, and used Social Media – Facebook to spread Public Awareness internally among ENTs and externally among Transport Sector - Bus, Taxi & Jeepney operators.

In the future, PASS intends to push Sleep post-grad courses to be a requirement of the PBO-HNS. They are preparing to participate actively in the 2017 International Symposium on Recent Advances in Rhinosinusitis and Nasal Polyps. There is continuous recruitment of interested ENTs to join, adopting at least 3 provincial ENTs and 2 NCR ENTs a year. PASS will also link infographics about OSA into the new PSO-HNS website.

The current roster of PASS officers is led by Chairman Dr. Romulus Roberto Peter A. Instrella and Vice Chairman, Dr Duane Salud.

CHAPTERS

Central Luzon



Dr. Nelson G. Magno, the 2016 to 2017 CELENT President, continues to lead the growing membership of CELENT aiming for more socially relevant activities. The advocacy programs of CELENT focused on tree planting, medical mission and continuing medical education.

The year 2016 was started with the induction of officers and new members last February 12, 2016 at Baler Aurora, Quezon. Dr. Wilfredo Batol, Dr. Leonardo Mangahas and Dr. Tomas Antonio were the inducting officers.

One of the highlights of CELENT's 2016 activities was the PSOHNS Jubilee Midyear Convention Presentation Night showcasing the music and dance of the 70's. For the first time, CELENT members went to join in a dance presentation. The particular activity forged our concept of working as a team.

The incorporation of scientific lectures in every quarterly meeting of CELENT facilitates relevant and up to date medical, surgical and academic updates for the fellows of CELENT as part of the Continuing Medical Education advocacy.

In the coming years, as CELENT continues to mature, new fellows of PSOHNS practicing in Central Luzon are welcome to join us to continue our advocacies and to strengthen our CELENT family.

Central Eastern Visayas

The Central Eastern Visayas Chapter has never been more vibrant as it was this year. Despite the membership being based in different islands, this did not prove to be much hindrance to our goals of promoting the Otolaryngology specialty. With the use of connectivity avenues, we were able to improve communication and information dissemination among fellows with the creation of group Viber, Facebook and email accounts.

Summer was a busy season for the Chapter as we held the Head and Neck Consciousness Week and Tree Planting in April. Lectures and "Libreng Pasilip" were conducted simultaneously by fellows in Cebu (Vicente Sotto Memorial Medical Center), Bohol (Gov. Celistino Gallares Memorial Regional Hospital) and Tacloban (Eastern Visayas Regional Medical Center). Our advocacy to the environment



through tree planting were also done simultaneously in Cebu and Tacloban.

Celebrating our Chapter's successes in the previous years and to reinforce camaraderie among the fellows, we treated ourselves in Shangri-la Resort Mactan for our first Teambuilding Activity last September. Attendance was excellent as fellows from neighboring islands were flown to Cebu by the Chapter. We also celebrated the Deafness Awareness week with lectures and hearing tests both in Cebu and Tacloban.

In December, we will be having our Annual Chapter Meeting at the convention. New events for the rest of December are the Induction Ceremony of new fellows in the Chapter as well as the Chapter Christmas Party.

Northern Luzon



Early on this year, Dr. Chester Rosario J. Puno passed on the mantle of leadership to Dr. Jose B. Orosa, III from Mariano Marcos Memorial Hospital and Medical Center. As the new President, Dr. Orosa, reiterated the importance of optimizing the potentials of its members and the three training institutions of North Luzon Chapter, namely Mariano Marcos Memorial Hospital and Medical Center (MMM&MC), Ilocos Training Regional Medical Center (ITRMC) and Baguio General Hospital and Medical Center (BGH&MC).

The North Luzon Chapter is honored to accept the challenge in hosting next year's mid-year convention. It will be held, for the first time in Ilocos Norte with a theme that is focused on Airway Management. Dr. Frederick Mars Untalan will be the overall convention chairman. As of this writing, the topics, lectures and speakers are yet to finalize but expect to have fun-filled activities as well as side trips to the historic and geographical wonders of Ilocos Norte.

The chapter remains faithful in holding its quarterly meeting. Held last April 1 in Baguio City, the 1st quarterly meeting activity was presentation of interesting cases by residents from the three

training institutions. The 2nd quarterly meeting held in Ilocos Norte last July 2 focused on plans and updates regarding the upcoming mid-year convention and the 3rd quarterly meeting activity was research protocol presentation which was held in Baguio City.

In the desire to reach and serve the indigents, the Department of ORL-HNS of the three institutions continuously lend their time and expertise in medical and surgical missions and other community-oriented works throughout the year. Likewise, the chapter constantly conducts lay forums held in conjunction with the DOH and PSO-HNS activities and advocacies to raise awareness on different diseases encountered in Otorhinolaryngology. Among others include, Head and Neck Cancer Awareness Week, World Voice Day, Allergy Month and Deafness Awareness Month laymen lectures, radio guesting and forums.

Even without having yet recovered by the havoc caused by the super typhoon Lawin, which primarily ravaged the Northern Luzon, members from different areas of the chapter, went on to do whatever they could help for the evacuees and affected locals.

Southern Tagalog

It has been a busy 2016 for **TEAM STENTS**. The present set of officers under the leadership of Dr. Ramon Carmona met early on to set up goals and expectations for the year, primarily the completion of the Hearing Survey. Members of the chapter enthusiastically met every quarter to review and discuss the developments of chapter concerns.

The 3rd Quarter meeting and Team Building was ably organized by the Rizal group and was held at the picturesque First Pacific Leadership Academy in Antipolo. Kudos to the Team for organizing this event! Everyone who attended came away with a renewed sense of purpose for the chapter.

Aside from the quarterly meetings and fellowships, STENTS is proud to announce the completion of the Hearing Survey covering the provinces of Cavite, Laguna, Rizal, Palawan and Quezon. The results of this survey will soon be submitted to the PSO-HNS.

As we end the year, we look forward to setting new standards as a chapter of the Society and to declare with great pride that we are **TEAM STENTS !!!**

Together **E**veryone **A**chieves **M**ore

Shared Responsibility, **T**ime-Tested, **E**thical, **N**oble, **T**eamwork, **S**ocially Relevant.

Bicol

Hosting the 2015 PSO-HNS Midyear Convention in Naga City was a great achievement for BEST. Days of meetings, preparations, brain storming and legworks were a given. All that, we have to endure for a successful midyear convention. That is why we, the BEST members, then decided to limit our activities for 2016. Although these were just few, we still boast of our accomplishments.

We celebrated Deafness Awareness Week with a series of activities. One of which was a lay forum held at SM City, Naga. This was carried out by Dr. Filip Pio. A series of lectures to Barangay Health



Workers was given by the ENT doctors of Bicol Medical Center. Dr. Bino Berin talked about noise awareness during an interview given by a health radio program in Sorsogon. Likewise, BEST gave away posters on Noise Pollution to clinics and hospitals.

2016 marks the BEST 14th anniversary. We highlighted this year by holding our 4th ENT Post-Graduate Course entitled "ENT Made Easy: Version 2.0" at Bagasbas Lighthouse Resort in Daet, Camarines Sur. This was intended to provide continuing medical education to general practitioners and paramedicals. The event was very informative, and at the same time entertaining to our attendees.

To foster camaraderie among our members, we had our very first team building activity at Pineapple Resort in Daet, Camarines Norte. It was a fun and worthwhile activity that we decided to make it a part of our tradition, to be held biennially, once per presidential term.

This chapter is slowly increasing in number with the addition of Dr. Karen Rances as its newest member.

The current roster of officers: President-Dr Melvin Berin, Vice-President-Dr Marifee Reyes, Secretary-Dr Melanie Marino, Treasurer-Dr Rosebe Lauraya, Auditor-Dr Archimedes Bagnes and PIO-Dr Molly Del Rosario.

Western Visayas



Aside from the regular chapter meetings between Iloilo and Bacolod, it has been a busy year for this chapter with training and outreach activities. The Western Visayas Medical Center – St. Paul's Hospital Consortium held its 20th post-graduate course at Medicus Medical Center last August 31, 2016 about ENT Emergencies to celebrate the training program's 20th year anniversary. They have continued the "Linis Tenga" program which has already served hundreds of elementary school children. The department continues to

educate the masses thru lectures and demonstrations in the outpatient clinic about common head and neck malignancies and other ENT disorders.

Corazon Locsin Montelibano Memorial Regional Hospital Department of ORL-HNS has just renewed its accreditation of their residency training program. The department has also continued its partnership with the Welcome Home Foundation in the education and the free check-up for the deaf mute children. The department has also participated in the DOH's Hi-5 program with free surgeries for the indigents.

Southern Mindanao



Last September 2-3, 2016, Southern Philippines Medical Center (SPMC) Department of Surgery (Section of Neurosurgery) and Department of ENT-HNS (Section of Rhinology), Davao City, in partnership with Davao Medical School Foundation, held the 2nd Endoscopic Skull Base Surgery Workshop. This was in cooperation with Academy of Filipino Neurosurgeons, Inc. (AFN), Philippine Academy of Rhinology (PAR) and University of the East, Neurosurgery Alumni Association (UENSAA). With the collaboration of Dr. Jose Nicanor del Rosario III and Dr. Jose Raindrop Embate, the Course Directors for Neurosurgery and Rhinology Department Sections respectively, the event was made possible with approximately fifty attendees, including various neurosurgeons, otorhinolaryngologist, and other medical staff from all over the country.

World-renowned Otolaryngologist and Skull Base Surgeon, Dr. TN Janakiram, was invited as one of the guest speakers along with different local specialists. A graduate of Madras Medical College of Chennai, India, Dr. Janakiram received a Cherian Gold Medal from the state and awarded as the Young Indian Scientist of 2008. He is also an author and one of the most sought-after speakers in several conferences worldwide.

Those who attended the workshop were very fortunate to witness the cadaver dissection demonstration of endoscopic endonasal approach, and live demonstration of endoscopic skull base surgery by Dr. Janakiram himself on two inpatients. Other topics discussed during the workshop included Principles of Endoscopic Endonasal Approach, Management of Complications of Endoscopic Surgery, Endocrine Dysfunction after Pituitary Surgery, and Imaging of Skull Base. The 2-day workshop not only taught the participants the basics and significance of the discussed topics, but also imposed the importance of modernization of equipment and technology towards optimal management of patients.



60th PSO-HNS Jubilee Midyear Convention
 April 15-17, 2016
 Isla Ballroom, Edsa Shangri-La Hotel



PHOTO-SPREAD:

Annual Chapter Presidents Summit 11-17-16



DESCRIPTIVE RESEARCH CONTEST 10-06-16



JUBILEE THANKSGIVING DINNER 07/27/16



BOARD OF TRUSTEES MEETING 09/22/16



OBE PRESENTATION PRC 08/16/16



OBE MEETING 08/03/16



BASIC MEDICAL WRITING 03/19/16



COFFEE TABLE BOOK COMMITTEE MEETING 02/19/16



Inauguration of new PSO-HNS Headquarters 07/08/16



OBE WORKSHOP AT INNOGEN 06/25/16



BASIC COURSE FEU-NRMF 04/07/16



RESEARCH TECH REVIEW WORKSHOP 04/29/16



INTERESTING CASE CONTEST 06/30/16



INSTITUTIONS

Baguio General Hospital and Medical Center



The Baguio General Hospital and Medical Center ORL-HNS Department was founded in 1995. Since its inception, it has produced 24 graduates. At present, we have 9 plantilla consultants, 1 honorary consultant, and 1 visiting consultant. We also have 7 residents in training (one 4th year, two 3rd years, two 2nd years, and two 1st years).

The department does not only focus on the ORL-HNS training and the service to patients, but also we conduct yearly outreach programs to help others outside of the hospital. An outreach program was held in January 2016 in Itogon, Benguet where food, clothing and toys were given to the children of the Bethesda Children's Home.

Last March 12, 2016, the 4th of our yearly seminars on Cranio-Maxillofacial History and Updates was held at the Wolfson Room, Baguio Country Club. The Seminar was spearheaded by the three credible maxillofacial ENTs from Baguio, namely Drs. Frederick Mars Untalan, Ryan Adan and Dennis Dominguez. The afternoon symposium had Dr. Ferdinand Pamintuan discussing on Computer-Aided Pre-operative Planning and Intraoperative Craniomaxillofacial Surgery, particularly on ORIF plating. In addition, updates on the treatment of mandibular fractures and the Clinical Practice Guidelines (CPG) were then delivered by Dr. Joselito David, Jehan Maglaya and Dr. Anne Acluba.

Another symposium entitled "The Functional Endoscopic Sinus Surgery Symposium" was also organized by the department last August 15, 2016 in BGHMC. Lectures and live demo cases were done by 2 distinguished specialists, namely Dr. Lawrence Burgess from the University of Hawaii, and Dr. Benjamin Campomanes from St. Luke's Medical Center. This was attended by 20 ENT participants from North Luzon.

The Department together with the Baguio Benguet Medical Society and the Association of Cranio-Maxillo-Facial Surgery holds a lectures series every few months for nurses entitled CELFN (Cranio-maxillofacial and ENT-HNS Lectures for Nurses). Four lecture series have been done since it started in August 2015. This year lectures on Airway Management for ENT patients was conducted last August 25, 2016 and was attended by 20 participants from the ENT staff, including nurses from other departments.

Throughout the year, BGHMC, together with the other training hospitals of Northern Luzon, have been preparing for the midyear convention for 2017. The training institutions have been conducting monthly chapter meetings to bring an exciting, meaningful and fruitful convention for the upcoming year.

Cagayan de Oro Consortium



Twenty-sixteen was a significant year for the Cagayan de Oro Consortium of Otolaryngology – Head and Neck Surgery. The year actually kicked off a month before in December, 2015 where the Consortium together with the Northwest Mindanao Chapter had an exciting and enjoyable Hollywood themed Christmas party.

In April, the group had a summer team building at Hong Kong. It was a fun-filled family event. Aside from visiting all the usual tourist spots and shopping, the group also had the strategic planning for the upcoming years.

October came the preparation for the accreditation visit by the Philippine Board of Otolaryngology – Head and Neck Surgery. It was also the time when our senior resident, Dr. Wilhema Villan, took her practical exam. In response to the growing needs of Northern Mindanao, the Consortium applied for an increase in the number of training residents to two per year level.

The upcoming year will be even more productive for the Consortium, with environmentally-oriented projects such as tree planting, community work such as medical missions and feeding programs in support of the local orphanage, and preparation for hosting the Midyear Convention in 2018.

Corazon Locsin Montelibano Memorial Regional Hospital



2016 marks the 20th year of the residency training program of the CLMMRH Department of ORL-HNS. The training program has maintained full accreditation since it was established in 1996 as part of the Western Visayas training consortium, and as an independent Bacolod City-based program since 2005.

This year, PBO-HNS granted the Department its request for an additional resident from the previous maximum of 5 residents per year. The Hospital's ORL-HNS OPD census has gone up by 100% since

2012, hence the need for additional manpower.

The ORL-HNS ward has also found a new home in the hospital's new West Tower Building. The new operating room theater in the said facility, and the new ORL-HNS Minor Surgery room, now allows the Department to perform multiple surgical procedures simultaneously. The Department has also been fortunate to have a new Harmonic surgery system and a new video-assisted operating microscope at its disposal.

This year also brought in new consultants into the staff roster: Dr. Melvin Chico and Dr. Erie Imperial as active consultants, and Dr. Chad Brian Hilado as visiting consultant, all diplomates and graduates of the program.

Far Eastern University-NRMF Medical Center



The past few years has seen the department achieved significant gains in its Residency Training Program and in its attempt to improve the delivery of ENT-HNS services.

The Department hosted the Annual Basic Course in Otolaryngology- Head and Neck Surgery, a board required post-graduate course which was well attended by both residents and board eligible graduates held last April 2016.

In May 2016, Dr. Cristina Roxanne Castillo won second prize in the Interesting Case Contest of the North East Otolaryngologist Training Consortium.

The Department was visited by the Philippine Board of Otolaryngology- Head and Neck Surgery last September 6, 2016 for its reaccreditation and was granted a full 4-year accreditation (2017-2020) on October 5, 2016.

The FEU-NRMF Medical Center has expanded its facilities and opened its new building tower to cater both the Institute of Medicine and all the Clinical Departments. The FEU-NRMF Tower, as they call it was inaugurated last September 30, 2016 but the department has moved to its new home since July 2016. Likewise, the Wellness Center at the 6th floor hospital building was opened to ENT-HNS patients, where regular clinic schedules are held from Mondays to Saturdays.

The department has produced 3 new Diplomates of the Philippine Board of Otolaryngology – Head and Neck Surgery, in the persons of Dr. Carlota Mueca, Dr. Kristinne Micca Alcantara and Dr. Jonathan Lopez. Dr. Napoleon Cecilio and Dr. Laurenceburg Rodriguez, our former graduates, are going to be inducted as new fellows of the Philippine Society of Otolaryngology – Head and Neck Surgery at the 2016 PSO-HNS Convention.

Makati Medical Center

The Department of ORL-HNS of Makati Medical Center is now on its 11th Postgraduate Course and Workshop on Surgical Histopathology and Cytology of ENT-Head and Neck Diseases and Imaging Studies, which was participated in by residents and consultants from both ENT and Pathology Departments of Makati Medical Center as well



as from other training institutions. This yearly free postgraduate course aims to familiarize and review ENT practitioners, pathology residents, and board-eligible ENT-HNS graduates on histopathology and imaging studies related to ENT-Head and Neck structures and diseases.

This year, the department was also fortunate to have its memorandum of agreement renewed with the Sta. Ana Hospital that aims to hone the skills and increase the surgical census of our residents. The Department also had its first out of the country annual planning and workshop held at Taipei, Taiwan. This promoted camaraderie and teamwork to the entire group.

The department also hosted different lectures during its weekly conferences for the continuous academic learning not only for clerks, interns, residents but also for the consultants. Lectures on fillers and Botox injection by Dr. Joseph Amado Galvez; Basic Thyroid Lecture by Dr. Jimmy Aragon; Bronchoscopy and Esophagoscopy lecture and workshop in cooperation with Storz by Dr. Clydine Barrientos; Basic sleep study by Dr. Patricia Puno; Basic Surgical Skills lecture and our in house PATA course by Dr. Henry Kanapi, and Broadcast Medicine Lecture by our fresh graduate and host of CNNMedTalk, Dr. Frederick Gomez to name a few.

For the first time, the Department will be hosting its first "Dr. Ariston G. Bautista Memorial Lecture" in time for its 35th year foundation anniversary. This will tackle on the current trends on Paediatric ENT lectured by our consultant Dr. Clydine Barrientos. Subsequently, the department will be launching its coffee table book entitled "Metamorphosis" on December 7, 2016 at the 8th floor Auditorium Tower 2 of Makati Medical Center.

For next year, the department was assigned to host the ENT Basic Course on February 23-24, 2017 with its course director Dr. Richard Ceden. We will also continue to host our 12th post graduate course and hopefully our 2nd Dr. Ariston G. Bautista Memorial Lecture.

Manila Central University-FDTMF

Manila Central University's Department of Otolaryngology – Head and Neck Surgery, has been in existence since 1957. Since then, it has continued the tradition of providing a training program that is based on current, accepted principles and standards that is responsive to the needs of patients from the CAMANAVA area.

The department participates in both the academe and hospital affairs, and as part of its Continuing Medical Education, offers yearly post graduate courses that are free of charge. The most recently concluded one entitled "Operative Techniques in Selected ORL-HNS Cases: This is How We Do It", last June 4, 2016, with Dr. Emmanuel Samson acting as course director.

The department prides itself in its consultant staffs that are recognized in their respective fields. Dr. Natividad Almazan was appointed as head of the research development unit of MCU starting June, while Dr. Rosalie Ramirez, the incumbent chair and the first graduate of the department's training program to be given the dis-



inction of chairperson, won the Most Outstanding Faculty - Clinical Department in July this year. Dr. Emmanuel Samson, the current training officer was also awarded a plaque of appreciation for 25 years in Academic Service during the Service Award Ceremony held in MCU in the same month.

The department also prides itself in its residents. Dr. Ryan Cabance successfully passed the diplomate exam given by the Philippine Board of Otolaryngology – Head and Neck Surgery last June. Dr. Michael Medina won first place at the 39th RPT's Research Paper Contest in MCU entitled: Nasal Endoscopic Findings of the Eustachian Tube in Chronic Rhinosinusitis, Gastroesophageal Reflux Disease and Chronic Otitis Media compared with Normal Subjects on July 21, 2016.

Dr. John Ong won first place for his Interesting case entitled Unilateral Tonsillar Hypertrophy in Focal Dermal Hypoplasia (Goltz) Syndrome: A Case Report in the 35th RPT Case Report Contest in MCU and at the NEO Inter-hospital Case Paper Presentation at Quirino Memorial Medical Center, and presented at the PSO Interesting Case Contest last June 30, 2016. He also won the Most Outstanding Resident Award during the Service Award Ceremony in MCU in July.

In the present time, the department is fully accredited for 4 years until 2019. It looks forward in celebrating its 60th anniversary in 2017 and continues to fulfill its mission of providing excellent ENT services until the foreseeable future.

Manila Doctors Hospital



In the hearts and minds of the members of the Manila Doctors Hospital, Department of ORL, the year 2016 will be remembered as a landmark for this is the year wherein we celebrated our 60th anniversary.

With the theme "Shining Through 60 Years of Excellence", the Department showcased, through series of lectures, the past, present, and future directions of the Department of ORL in our hospital. The event was graced by the hospital's top brass headed by Hospital Director, Dr. Hian Ho Kua and Medical Director, Dr. Mario Joselito Juco and other division heads. The alumni of the department and other consultants and trainees from different institutions were also present during the academic session, wherein the leading experts in the different subspecialty of ORL shared their knowledge to the

audience.

Dr. Anne Marie Espiritu, as the overall chair of this event, prepared a coffee table book in which the rich history of the Department will forever be preserved. One of the highlights of the coffee table book is the letter of Dr. Tierry Garcia, in which he recounted the birth of Manila Doctors Hospital and together with it the creation of the first Department of ORL in the Philippines.

Another highlight of this year is the accreditation of the Department. A panel from the PBO-HNS, namely Drs. Rodolfo Nonato, Ma. Fita Guzman, and William Lim, visited the hospital and were gracious enough to provide necessary inputs on how we can improve on training and give better service to our patients. The Department was given full accreditation by the PBOHNS and we will be forever thankful for all the efforts that the residents and consultant staff has poured in for the success of this event.

This is also the year which the Department said its goodbye to our first chairman, Dr. Tierry Garcia, whose e-mail a few months before he passed away confirmed that he founded the Manila Doctors Department of Otorhinolaryngology in 1956.

Mariano Marcos Memorial Hospital & Medical Center



Through the efforts of the consultant and resident staff of the Mariano Marcos Memorial Hospital & Medical Center, Department of ORL-HNS, year 2016 was marked by various achievements in the fields of service, training and research. Inspired and guided by the MMMH&MC thrust of providing globally recognized healthcare, this year's central theme is upgrading the quality of services offered through continuing medical education, maintaining residency training program accreditation and acquisition and upgrading of equipments.

Early on this year, the department's Residency Training Program was re-accredited, for the third consecutive time, by the PBO-HNS panel headed by Dr. Edilberto Jose together with Dr. Francisco Victoria and Dr. Jacob Matubis, the department was granted full 4-year accreditation to its Residency Training Program, up to January 2019.

Presently, the department is primarily manned by two hard-working full-time consultants. Dr. Jose B. Orosa III, the founder and the current Residency Training Officer, is now the Chief Medical Professional Staff II (CMPS) of MMMH&MC after being appointed by the DOH last March 2016. He was also elected as the new President of the North Luzon ENT Chapter. Being the present Quality Management Representative (QMR), he is the main work force for the ISO 9001:2015 accreditation of the hospital. Dra. Tennessee R. Huyaban, the Department's Chairman is still the Lead Document Controller for the ISO accreditation. Dr. Orosa and Dra. Huyaban are also both faculties of the newly opened Mariano Marcos State University – College of Medicine in Batac City, teaching, training and encouraging

future Ilocano doctors.

Dr. James Leslie A. Rondal, 2nd year resident was elected as the new President of the Resident Physicians Organization of MMMH&MC, leading and spearheading activities and trainings intended to contribute to the holistic development of residents in the hospital. The department still provides residency training to rotating hospitals like Manila Doctors' Hospital (MDH), and De La Salle Medical Center (DLSMC). The residency training program of the department continues to succeed in molding Otolaryngologists who place importance not only in theory and skills but also in improving the quality of life especially the indigent recipients.

The MMMH&MC remains to be the only institution in Ilocos Norte and proximate provinces with a Category-A Newborn Hearing Screening Center, with trained and certified doctors and nurses, accredited by the Philippine Newborn Hearing Screening Reference Center (NHSRC) of the National Institute of Health (NIH) – University of the Philippines – Manila it has served every newborn in this hospital with the PHIC coverage. The department just recently upgraded its Otoacoustic Emission Machine ready for certification. With its Polysomnography, it remains to be the only Sleep Laboratory in Northern Luzon. It also has new fiberoptic Nasopharyngo-laryngoscopes for OPD and OR use as well as a new Leica F40 Microscope used for neuro-otologic surgical cases.

The department remains steadfast in service-oriented activities through medical and surgical missions in rural communities, laymen lectures and advocacies through radio programs and forums. The "Operation Isem" continues to be one of its major advocacies, providing free surgical service and management of cleft lip and palate. The ENT Out Patient Clinic is now open from Mondays through Fridays, 8am to 4pm, to accommodate the increasing number of patients as well as to avoid congestion and long waiting time.

Ospital ng Makati



The Department of ORL-HNS of Ospital ng Makati celebrated its 25 years in service last March 5, 2016 at The Blue Leaf Events Pavilion, Aseana. The department proudly presented its 29 successful graduates, 21 diplomates and 17 fellows along with the staff of 12 consultants manning the different subspecialty sections and 9 residents servicing 1200 OPD patients per month and managing the needs of the 24 bed ORL HNS ward. In addition, the department in cooperation with the Philippine Society of Audiology and Department of Health successfully held its postgraduate course and workshop entitled, "4th Basic Audiology Course: Industrial Audiology," last June 25, 2016 at the Session Hall, Makati City Hall. This was attended by ORL residents, audiometrists and representatives from different hospitals and diagnostic clinics which cater to overseas workers and seamen.

The department in its 25 years is geared towards continuous excellence and commitment to pursuing its advocacy to provide education through postgraduate courses and extending quality service with outreach programs to the citizens of Makati and its sister cities with the help of the City Government. It foresees having an accredited hearing center and to provide a number of outreach programs from its subspecialties.

Ospital ng Maynila Medical Center



Established in 1981, the Department of ENT-HNS of Ospital ng Maynila Medical Center (OMMC) was one of the first accredited training centers for Otorhinolaryngologists in the Philippines. As one of the pioneers, the residency program has continued to evolve and it currently boasts comprehensive practical and theoretical training in Otorhinolaryngology and Head and Neck Surgery. With a staff of eight residents guided by over twenty consultants, the program continues to succeed in molding Otorhinolaryngologists who place importance not only in theory and skill, but also in improving the quality of life of all who seek help. The institution is the flagship of the Manila healthcare system which caters to the most densely populated city in the country.

The ENT-HNS resident of OMMC is subjected to rigorous training that involves the clinical care of patients in a tertiary government hospital, academic exercises and community service. In addition to clinical knowledge and surgical prowess, the resident's training is geared toward providing holistic patient care. At OMMC, the ENT-HNS resident gains the knowledge and skill to adequately treat those in need while reinforcing their commitment to serve individuals from all walks of life without prejudice.

This past year, the department spearheaded the conduction of various activities attended by participants from different institutions, including the MIFAS 10 (Minimally Invasive Facial Aesthetic Surgery) conference and the In-House Endoscopic Sinus Surgery and Basic Rhinoplasty course. These activities aim to improve knowledge of the participants and provide them a hands-on approach to skill-building and theoretical practice. The department plans to include a course on reconstructive surgical flaps next year.

Staying true to its deep roots as a training institution, much importance is given by the department to academics. Residents of the department have also been invited to present research papers in various local and international conferences. Currently, the department is integrating the use of technological innovations in the skills-training of its residents. Microscopic surgeries and use of advanced imaging for both diagnostics and therapeutics are now a standard part of the curriculum, alongside the traditional surgical skills that have been passed down from the pioneers of this practice.

Quezon City General Hospital & Medical Center

The QCGH Department of ORL-HNS staff welcomes and congratulates Drs. Karen Adiel L. Rances, Mary Ann Macasaet-Bergado and Princess Jehann C. Arimao who successfully passed the PBO-HNS diplomate board exam given last June 2016. Dr. Joyce Sagun won 3rd place with her case entitled "Bilateral Cricoarytenoid Fixation with perplexing etiology" in the QCGH Interdepartmental Case Report Contest last August 17, 2016. While Dr. Ma. Cristina Vical attended a fellowship in Laryngology at Emory University Hospital, Midtown Atlanta, USA last September 1-30, 2016.

The department organized the Rigid Bronchoscopy Workshop last May 7, 2016 at the SB Hall, QCGH with invited guest speakers and attended by participants coming from different institutions. Residents from the department also joined the In house Workshop for Endoscopic Sinus Surgery together with Ospital ng Maynila and Ospital ng Makati last August 24, 2016 at CASSTI, The Medical City.

This year also marked the turnover of the newly acquired state of the art Storz instruments and equipment for bronchoesophagoscopy, FESS, otology among others. In preparation for the new hearing center, the residents and staff held a lecture on Pure tone audiometry, Tympanometry and Speech audiometry last October 13 and 18, 2016.

Quirino Memorial Medical Center

The Department of ORL-HNS of Quirino Memorial Medical Center has come a long way from when it started. From 2 consultants, the department now boasts of to now twenty one (21) consultants, enhancing its subspecialty capabilities in Rhinology, Otology, Neurotology and Skull Base Surgery, Voice and Swallowing Disorders, Head and Neck Oncology, Plastic and Maxillofacial Trauma. Being part of an ISO Certified hospital, we aim to set a high standard for patients care. Our department has also been blessed this year when our graduates, Dr. Irish Jasmine Preclaro and Dr. Glaciela Mara O. Dela Paz, who recently passed the PBO Board examination, have been added to the roster of our junior consultants.

Through the years, the department has produced 11 Diplomates (9 out of 11 of whom are fellows), and is currently training four (4) aspiring residents. The Department has various equipments that are at par with other government and private institutions. It offers otologic and rhinopharyngolaryngologic diagnostics and strongest suit is our partnership with three (3) other distinguished institutions namely AFP, FEU-NRMF and MCU. Through this partnership, monthly exams, medical missions, interesting case and research presentations are done to enhance learning, camaraderie, and service to the Filipino people. Our achievements are proof of how far we have come and we challenge ourselves to set a higher standard to ensure that our patients would always receive the finest medical treatment.

Recently, we have renewed our collaboration with other distinguished hospitals both for training and provision of services. In research, our very own Dr. Jose Fernando has also been awarded for his interesting case paper during the interdepartmental contests in this institution. The department hopes to continue its pursuit for progress in training, service and research.

Rizal Medical Center

The Department of Otolaryngology-Head and Neck Surgery continues its trajectory in 2016. There was a changing of the guards so to speak, as Dr. Raul M. Castillo passed on the Chairmanship to Dr. Michael Alexius A. Sarte during the first quarter of the year.

Last July 16, 2016, the department hosted a postgraduate course entitled "Practical Approach to Rhinosinusitis and Snoring" with esteemed lecturers covering pertinent topics on the subject. It was held at the Rizal Medical Center Main Auditorium and was well-attended by other ENT residents from other institutions.

On October 22, 2016, the department held its 20th ENT Updates for Primary Care Physicians in San Pablo, Laguna in cooperation with the San Pablo Medical Society. It was also a well-attended event with physicians, Barangay Health Workers and other medical allied professional staff present.

During this last quarter of the year, renovation plans are coming to fruition as demolition has started on the physical premises of the department. Projected plans are to have a new Out-Patient clinic with subspecialty areas to accommodate the subspecialty needs of our patients.

St. Luke's Medical Center



The year 2016 was again a very busy and eventful one for the Dept. of ENT-HNS of St. Luke's Medical Center.

The last week of March 2016 was momentous for the department as four of our residents presented in the Philippine Medical Association's Annual Interesting Case Contest. These four residents were: Dr. Hycel More for her paper on "Oral Cutaneous Fistula: an Unusual Presentation of Osteoblastoma of the Maxilla"- 2nd prize, Dr. Miguel Mendoza for his paper on "Recurrent Spindle Cell Lipoma" – 3rd prize, Dr. Derrick Fuentes for his paper on "Ameloblastoma and Myoepithelial Carcinoma in a 60 year old male", and Dr. Michaelsam Econ for his paper on "Pharyngo-Laryngo-Thoracic Neurofibroma".

In April 2016, the 1st 2-in-1 Airway Course: Pediatric Laryngotracheobronchoscopy and Adult Office-Based Laryngeal Procedures was held in SLMC-BGC. Dr. James Burns, an associate professor from Harvard Medical School and the head of the Center for Laryngeal Surgery and Voice Rehabilitation in Massachusetts General Hospital was the featured guest speaker. The following day, Dr. Burns and Dr. William Lim gave lectures and live demonstration on adult office-based procedures.

In July 2016, Dr. Tomas Mendez won 2nd place for the Interesting Case Presentation for his paper on "Double Ectopic Thyroid Gland in a 10 year old Filipino Male".

A postgraduate course was held in October 22-23, 2016 in SLMC QC entitled "All About Tinnitus - Lectures and Workshop". Lectures were given by William Hal Martin, PhD and Jennifer Elery martin, AuD. About 90 participants attended, particularly residents, consultants, and audiologists.

It was also in October 2016 when our chief resident, Dr. Jacy Vidal, presented a poster in South Korea entitled "Narrow Band Imaging Features of Filipino Patients with Pharyngolaryngeal Malignancies: A Pilot Study in a Tertiary Hospital" at the International Federation of Head and Neck Oncologic Societies.

It was also in Nov 2016 when Dr. Donalee Mendoza presented posters of two case reports in the 2nd Laryngology Society of Australasia Conference entitled, "Recurrent Respiratory Papillomatosis in a 27-year old female who underwent 84 Direct Laryngoscopies with Excision of Recurrent Respiratory Papillomatosis - A Case Report" and "Cytopathologic Herpes Simplex Virus Features in Laryngeal Squamous Cell Carcinoma - A Case Report".

Southern Philippines Medical Center

The Southern Philippines Medical Center Department of ORL-HNS prides itself in providing dynamic and competent residency training in developing training residents' competencies and skills; not just academically but likewise in interpersonal and social skills. Last June 26, 2016, the Department held a team-building activity for the consultants and residents at the Leticia by the Sea Resort, Island Garden City of Samal.

It was a day full of activity that challenged their skills in Problem Solving, Decision Making, Goal Setting, Cooperation and Teamwork development, Communication, Support and Trust, and Leadership for the consultants and resident physicians of the department.



The Medical City



The Medical City Department of ENT – HNS continues its commitment to foster further education and skills training for its residents and consultant staff. Through the relentless support of the institution, opportunities for clinical updates, as well as hands-on training are accessible. The hospital's Center for Advanced Skills, Simulation, and Training Innovation (CASSTI) was the most suitable venue for a number of PSO initiated activities and post-graduate courses in various subspecialties.

Activities hosted by the Department include the Symposium on Salivary Gland Cancer, First Interhospital Grand Rounds, Basic Facial Plastic Course and Workshop, RhinoMaMa + Facial Anatomy Masterclass, 4th Philippines Endoscopic Sinus Surgery Course, and Pediatric Otolaryngology Pre-Jubilee Symposium.

The Department has also opened its first fellowship program for Head and Neck surgery, welcoming its first Fellow in October 2015. The Microvascular and Reconstructive Surgery fellowship program as part of the consortium consisting of The Medical City, Rizal Medical Center, East Avenue Medical Center, and Jose Reyes Memorial Medical Center is still active and has accepted its third fellow in July 2016.

The Medical City has also expanded to include 4 provincial hospitals in Clark, Iloilo, Laguna, and Pangasinan. At present, 35 satellite clinics have been established throughout Metro Manila. This has provided opportunity for our graduates, consultants affiliated with our Department, and other actively practicing ENTs who have the goal of working toward a shared vision.

This venture is in line with The Medical City's advocacy of 1TMC, which aims to provide complete, centralized, and standardized services throughout a multitude of communities to uplift and improve the standards of patient care.

University of the Philippines-Phil. General Hospital

The Department of ORL-HNS of the Philippine General Hospital has always been at the forefront of training, research and service.



Founded 55 years ago, it has continuously provided excellence and leadership in community-oriented medical education, residency and fellowship training, relevant researches, and service-oriented activities.

Today, the Department is the largest tertiary ORL service in the country, serving close to 36,000 outpatients, 3,600 emergency patients, and performing over 3,000 surgeries, 1,500 audiologic procedures and creating 200 prosthetic devices annually.

In line with its vision of becoming an internationally recognized center of excellence, the Department has been constantly recognized both locally and internationally for its activities, as well as its relevant research output. The Department also continues to spearhead forums and symposia as a venue for exchange of ideas among our colleagues in the field and beyond.

This year, the department hosted the Otolaryngology Lecture Series with Guest Speaker Dr. Herman Kingma in March, and the Core Otolaryngology Workshop in May. We also held the Annual Lay Forum for Head and Neck Cancer Awareness last April.

On June 14-17, the department hosted 8th International Temporal Bone Dissection and Basic Audiology Course. The department also conducted the 22nd Endoscopic Sinus Surgery Postgraduate Course on August 18-20, and the 4th Annual Rhinoplasty Course on August 27-28 – both courses involving supervised and interactive cadaver dissection sessions.

With the health needs of the Filipino people being the Department's prime consideration and main thrust in all its activities, the Department of ORL-HNS continues to progress towards excellence, innovation, and service – continuing the legacy on which it was founded.

University of Santo Tomas Hospital

To begin the year 2016, the residents of the USTH Department of Otorhinolaryngology – Head and Neck Surgery warmed up their surgical skills during the In-House "Pata Session," supervised by Dr. Michael Loo and Dr. Henry John Claravall. Their expertise was also showcased during the In House Botox Workshop wherein aesthetic and non-aesthetic uses of Botulinum toxin were discussed in lectures and applied on actual patients. Dr. Dan Alonzo gladly shared his experience and personal statistics on the utility of fine needle aspiration biopsy and ultrasound in Head and Neck Surgery during the In House Ultrasound Workshop.

Dr. Ferdinand Pamintuan was appointed as the new Chairman of the Department last March 16, 2016 after Dr. Francis Roasa served for six years. Dr. Francisco Jesus Lerma was likewise appointed as the Vice Chairman for Internal Affairs and Dr. Angelo Monroy the Head of the Section of Pediatric Otolaryngology. Dr. Adrian Fernando was designated as the Head of the Research Committee.

Dr. Dann Joel Caro bested his contemporaries with his Interesting Case entitled "Inverted Papilloma of the Middle Ear presenting as an Aural Polyp" last March 16, 2016 and was chosen to represent the Department during the PSO-HNS Interesting Case Contest.



Dr. Helena Michelle Casipit presented her paper "Head and Neck Screening Form for Filipino Patients seen at a Tertiary Hospital: A Pilot Study" during the PSO-HNS Descriptive Research Contest. Dr. Ryan Chua won second place at the ICS Philippine Section Research Paper Contest with the "Prevalence of Anatomic Variations in the Paranasal Sinuses of Filipino Patients' Multiplanar CT Analysis." Dr. Giselle Gotamco, Dr. Frances Mary Cristi, and Dr. Mark Aldrin Alcud won first, second, and third places, respectively, during the Residents' Research Paper Presentation of the Department with their papers as follows: "The Incidence of Cerumen Impaction and its Role in Hearing Impairment among School-Aged Children," "Detection of low-, mid-, and high-frequency hearing loss using the WFA Voice Test Protocol," and "Systematic Review: Drain versus No Drain After Thyroidectomy."

AOCMF Seminars were held at the Makati Diamond Hotel that featured Management of Facial Trauma and Advances in TMJ Disorder and Management last April 4-6, 2016. The 7th Coalition for Global Hearing Health Conference was held for the first time ever in Asia at the Buenaventura Garcia Paredes, O.P. Building in UST, headed by Dr. Norberto Martinez. For the conclusion of this event, Dr. Sujana Chandrasekar, the Immediate Past President of the AAO-HNS, gave the prestigious Luis E. Guerrero Memorial Lecture on "The Multidisciplinary Team Approach to the Care of the Dizzy Patient: Adding Vestibular and Vision Therapy."

Service and compassion were not forgotten as Drs. Casipit, Alcud, and de la Rosa participated in a medical mission in Koronadal. Drs. Chua, Gotamco, and Tan, together with Dr. Pamintuan, joined the team of Medical Missions of Mercy, USA in Sibuyan, Romblon. All year round, cleft lips and palates were successfully repaired with financial assistance from the Smile Train Foundation.

Veterans Memorial Medical Center

The Department of ORL-HNS of Veterans Memorial Medical Center just finished with their first international post-graduate course entitled "8th Laryngeal Post-Graduate Course: International Symposium on Phonosurgery and Hands-on Human Larynx Cadaver Dissection on Isshiki Thyroplasties" last year.

This 2016, we have series of post-graduate courses: "An Approach to Aging ENT Patients" last March 9, 2016; In-House Lecture Series on Fiberoptic Endoscopic Evaluation of Swallowing last April 13, 2016; and "A Multidisciplinary Approach to Dizziness" last September 3, 2016.

In the coming year, we would like to invite you to our 8th Laryngeal Post-Graduate Course Lecture Series and Workshop on Primary Voice Reconstruction.



Western Visayas Medical Center



2016 marks the 20th year the Department of ENT - HNS of the Western Visayas Medical Center set its feet on the island of Panay to serve its residents and the neighboring areas. After two decades of labor and love, the department has humbly grown in both numbers and recognition as a specialty among the region.

To commemorate this event, a plan for a grand celebration has been laid out. The first plan on the agenda is to upgrade the surgical instruments of the department. New instruments were acquired reinforcing the quality of training of the residents and thereby providing previously unavailable medical and surgical care to the patients.

Commitment to the community were strengthened through various department-sponsored activities, such as 'Silip-Linis Tenga' and Head and Neck Consciousness Awareness campaign. Non-government organizations have also been inviting the department in their Medical-Surgical Missions in numerous towns, consequently extending our reach to a wider population. The Cleft Lip and Palate Surgeries are still running on full gear, especially now that our Plastic Surgeon and Orthodontist have been appointed permanent positions in the hospital.

Research, a long time advocacy by the department, is getting a boost from the Medical Center as it renews its effort to seek high quality and compelling researches from each resident in every training specialty.

Indeed, we can look forward to a promising avenue for training and service. Together, with the wisdom of the wise and the tenacity of the young, we continue our mission in providing the highest quality health care and achieving excellence in training and research in this lovely part of the country.