

## The PSOHNS Midyear Goes to Clark!

By Minnie Yao, MD, FPSOHNS

Headed by our able and cool president, Dr. Emil Ruben "Butch" Henson, the Central Luzon Chapter (CELENT) gathered our efforts to make the 2014 Midyear Convention this April 10-12, 2014 a success.

The Midyear is strategically located at vast and scenic land of Clark

Air Base where all fun starts. It is place for relaxation and endless day and night of entertainment and surrounded by the best food and delicacies. We might also catch some glimpse of things that fly in the skies as we peek through our windows as it happen to be Hot Air Balloon Festival. This is really the place to be this summer.

The theme this year is "Larynx and Beyond". The Scientific Committee painstakingly prepared interesting topics to tickle your interest with our prestigious Foreign and Local Speakers.

The Sports Committee specially prepared several events to make the young ones and young once entertained. We have Wake Boarding, Biking, Fun Run, Paint Ball, Golf, Yoga, Amazing Race, Kids' activities and many more. Be ready to stretch those muscles for action-packed activities.

The Social Committee prepared the best entertainment for our



delegates to enjoy their hearts out. Our hardworking Physical Arrangement Committee deserves also special mention for working hard to solve all the logistics difficulties. From Ways and Means to the Booths Committee, all are working hard to

make the Midyear Convention an unforgettable experience for all.

It had been five years now that CELENT became a full-fledged chapter. What started as small group of less than ten members grew into a bigger 40-strong team of dedicated men and women all eager to make the chapter bigger and better. We were ably guided by our senior advisers PP Dr. Wilfredo Batol, Dr. Leonardo Mangahas and Dr. Godofredo Hizon. We surpassed the growing pains and was able to conquer the challenges that came our way to make CELENT what is it now today.

Team work surely can go a long way. To all the men and women behind CELENT, it's our time to shine and showcase our beloved Chapter. I just love to say this over and over again, it is really more fun at CELENT.

## PSO-HNS Supports the Federation of Asian Rhinologic Societies As It Celebrates its 58th Annual Convention

The Philippine Society of Otolaryngology-Head and Neck Surgery will be celebrating its 58th annual convention at the Sofitel Philippine Plaza Hotel in Pasay City from November 30 to December 2 of this year. This will be a conference of international proportions, as the PSO-HNS, with Dr. Howard Enriquez at its helm, welcomes more than eight hundred local and international guests and delegates.

This marks a historical event as the PSO-HNS hosts the organizational meeting for the member countries of the Federation of Asian Rhinologic Societies, who have chosen Manila as the venue of their maiden activity. The federation will be the umbrella

organization of various Rhinologic societies in Asia. The chairs and presidents of the various Rhinological societies from different Asian countries, who will also form the core group of the federation, has appointed Dr. Benjamin Campomanes to spearhead this organizational meeting.

Mindful of the effects of the environment on the upper airway, the PSO-HNS espoused the topic: "Environmental Issues Affecting the Nose and Sinuses" for this year's convention, highlighted by the signing of member countries of the "Manila Manifesto" that will be a life-long advocacy to protect the Asian environment and

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Message from the President



By Howard M. Enriquez, MD, FPSO-HNS

After our very successful 57th Annual Convention entitled “Ear Ye! Hear Ye!”, the PSO-HNS will meet once again in Clark, Pampanga this coming April 10-12, 2014 for our Midyear Convention entitled “Larynx & Beyond”. I would want to take this opportunity to congratulate in advance our gracious host for this affair, the Central Luzon Chapter (CELENT) headed by Dr. Ruben Emil Henson III. They have been tireless in their preparations and I know that this affair would be both academically stimulating and enjoyable as well.

One of the highlight of the last annual convention was the fund raising campaign for the victims of typhoon Yolanda. I would want to inform everyone that we were able to raise a total of PHP1,014,850.00 from our fellows, training institutions, chapters, specialty groups and our friends in the pharmaceutical industry. Last December 11, 2013, the PSO-HNS handed a check amounting to phP 750,000 to AGAPP Foundation headed by Ms. Pinky Aquino-Abellada. This would be used to build one small school building in Leyte. It was agreed during the last Board of Trustees meeting that the balance amounting to PHP264,850.00 would be donated to the Bureau of Fisheries program that provides bancas to fishing families in the typhoon ravaged area. This would be a good means

PSO-HNS Supports ... continued from page 1

the upper airway. Therefore, this annual convention will not only be the usual scientific and social gathering, but more importantly, an advocacy by itself.

The organizing committee, headed by Dr. Joel Romualdez, has prepared an exciting program that will be an ideal opportunity for exchange of views, continued learning, and creating new ideas based on current, scientific and evidence-based knowledge. This event will also be an excellent chance to renew friendships, meet new acquaintances and confirm our continued support to our specialty and professional advocacies. The scientific committee has invited leading local and foreign rhinologists, allergologists, otolaryngologists and other related specialists.

The PSO-HNS subspecialty groups have also organized scientific plenary symposia and instructional courses that will augment the cognitive and motor skills of the attendees for other subspecialty topics. The line up of banquet and social evening programs, including the opening and closing ceremonies will surely stimulate your five senses and imagination with the sports events challenging the physical prowess of the delegates. The finance committee block has worked hard to make this experience a reality, while the logistics/promotions block promises to make this conference a memorable experience, as well.

The Organizing Committee of the 58th Annual Convention therefore wishes the pleasure of your company during the three-day celebration of the mind, body, and spirit and be living witnesses as history unfolds.

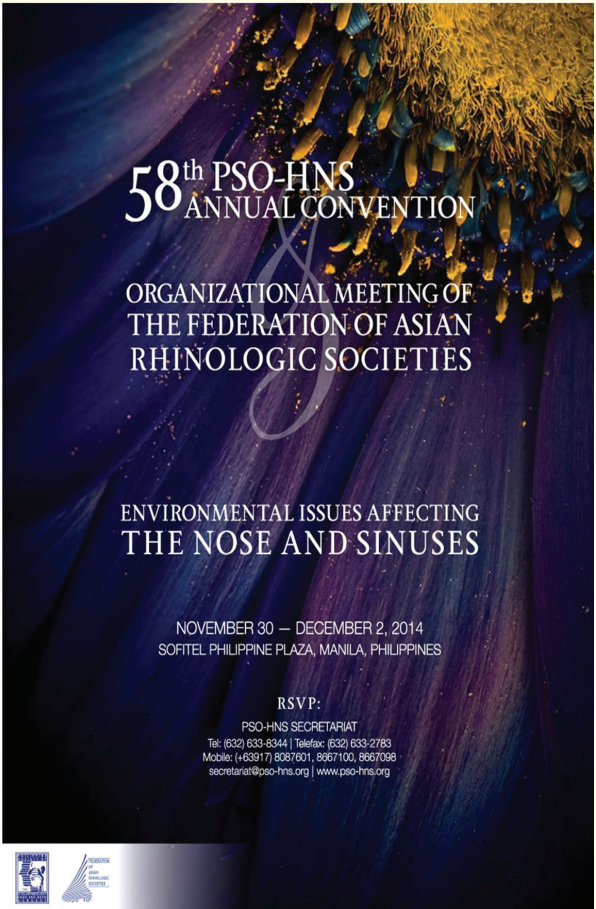
for typhoon victims to start their livelihoods once again.

Our coming Annual Convention will have an international flavor once again. It will be the 1st Meeting of the Federation of Asian Rhinologic Societies. I have appointed Dr. Joel Romualdez to be the Overall Chair of this convention. He will be ably assisted by Dr. Benjamin Campomanes, the Scientific Chair as well as by the members of our rhinology specialty group, the Philippine Academy of Rhinology (PAR).

This early, the organizing committee for this convention is already busy planning the program and activities for this big event. Do keep your calendars open from Nov 30-Dec 2, 2014, the scheduled dates for this activity.

As I emphasized during my inaugural address, the emphasis for this year are our advocacies. The PSO-HNS must take advantage of our numerous advocacies like the Head and Neck Cancer Awareness Week, the Deafness Awareness Week, the World Voice Day, the International Ear Care Day and the other official programs mandated by the DOH and the WHO. It is through these advocacies that the general public gets to know who an otorhinolaryngologist is and what are included in their scope of work. In correlation to this, last February 15, 2014, the PSO-HNS signed a Memorandum of Agreement with United American Pharmaceuticals (UAP). Together with UAP, we will be partners in their “Breathe Freely” campaign as part of the society’s nasal care advocacy.

Of all our activities, midyear conventions provide the best venue to meet new friends and renew old acquaintances. I hope that this will be the case once again this year. I do encourage everyone to actively participate in the midyear’s scientific sessions as well as in the many outdoor activities and fellowship gatherings prepared by our host. See you in Clark!



A Word from the Publicity Committee Chair

By JOEL ROMUALDEZ, MD, FPSO-HNS

PUBLICITY AND OUR ENT ADVOCACY

I have closed my phone but I can still see the text message of our dear editor coercing me with subtlety to finish this article before deadline. At this moment, I just have to accept that my thoughts are not far from the circumstances surrounding flight MH 370 – just vanished in thin air and left the world totally clueless. To fill in the void between my ears, I shifted to my emails. As my eyes inspected the scripts, two words prevailed in the message list. Suddenly, it dawned on me. Why don’t I just write about these two words: publicity and advocacy - the committees entrusted to me by the PSO-HNS. So here goes:

The term “advocacy” has been used in different contexts but commonly it signifies the process of influencing people to promote change. For some, this can be an intimidating feat. If we reflect on our professional practice, we are typically otolaryngology patient advocates - we influence patients to effect more healthy lifestyle changes.

The goal of advocacy according to one literature is “to protect the

vulnerable and to empower the disadvantaged”. The AAO-HNS, in its statement, recognizes that advocacy is “the key to influencing the future and defining the specialty of otolaryngology”.

Advocacy has been given premium priority by our current PSO-HNS president and board members. This year, the advocacy committee will embark on writing down a blueprint for a unified PSO-HNS advocacy plan with the support of component subspecialty groups. It is high time that we consolidate all our advocacy efforts into one grand plan, unmindful of our personal or institutional affiliations. By working collectively, we will be more effective in pursuing our objectives. Faithful to this view, our 58th PSO-HNS annual convention has been designed to be an international environmental advocacy for a healthy nose.

In a time when the medical profession has been put into bad light because of negative news reports, we are called to advocate for our profession. This dynamics affirms the role of publicity for advocacy agenda. Publicity is a powerful tool for communicating the messages we want to convey. The call of international television networks for help during the super typhoon, the social media organizing a national mass action against pork barrel in Luneta, to even the trivial mauling case of Vhong Navarro, are testimonies whereby advocacies can be championed by publicity. In the same token, publicity can also be an effective means to educate the population about health promotion efforts in otolaryngology, shape the opinion of policy makers with regard to health matters, and influence the public into action for issues regarding their general well-being.

Finally, I would like to congratulate all fellows who have contributed to this issue and made their valuable thoughts public. I salute the editor, Dr. Fred Hawson, and Ms. Melissa Martinez for their years of persistence so that this newsletter will always be available. You are all true advocates!



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## SUBSPECIALTIES

### AHNOP

AHNOP (Academy for Head and Neck Oncology of the Philippines), the head and neck study group arm of the PSO-HNS had recently elected its new set of officers. For the next several years, the Academy will be led by Dr Mamerto G Almelor, President. Other officers are Dr Robie V Zantua (Vice-President), Dr Jeannette Marie S Matsuo (Secretary), and Dr Armando M Chiong Jr (Treasurer).

Presently, AHNOP is busy preparing for the HANDACOW (spearheaded by Dr Gil Vicente) ----- a week-long celebration of head and neck cancer awareness, held every year on the last week of April, and for this year is set from April 28 to May 4. Several activities have been lined up: the "Paslip Ka" project (a free clinic scoping screening campaign for selected patients); radio/TV/print guestings and interviews; an interhospital grand rounds on April 29 to be hosted by The Medical City; Round Table Discussions on Head and Neck Cancers on April 30; several simultaneous lay fora on May 2, organized by selected accredited training institutions and chapters; a Cancer Screening and Lecture Series on May 3, in cooperation with The Philippine Society of Oncology; and the "Fun Run: Isang Takbo Laban sa Kanser" the culminating activity on May 4, along the Roxas Blvd-CCP area.

### PAAud

The Philippine Academy of Audiology (PAAud) was an active participant in last year's annual convention. Together with the Philippine Society of Audiology, PAAud successfully held its annual convention at Sofitel Manila last November 30, 2013. Likewise, PAAud successfully conducted an instructional workshop on "The ABCs of Hearing Aid Fitting". The speaker and workshop facilitator was Mr. Wesley Hsu, an audiologist from Siemens international.

### PACMFS



The Philippine Academy of Craniomaxillofacial Surgery (PACMFS) ended the year 2013 by giving a series of lectures on TMJ Disorders & Management during the 57th PSO-HNS Annual Convention held at the Sofitel Philippine Plaza Hotel on December 3, 2013. It was spearheaded by its scientific lecture coordinator, Ferdinand Pamintuan MD, together with Felix Nolasco MD MHA, Joselito David MD, Roberto Pangan MD, Enrico Donato MD and Rene Louie Gutierrez MD MHA.

This year marks a milestone as the PACMFS celebrates its 10th anniversary. Different activities are lined up for the year. Last February 24-27, 2014 the group, under the baton of Francis Roasa MD and Enrico Donato MD, held the AOCMF Basic Course and Workshop at University of Sto. Tomas -Thomas Aquinas Research Center (UST-TARC). Foreign speakers, Michel Ehrenfeld (from Germany), Derek Goodisson (from New Zealand) Kyung-Wook Kim (from Korea) and the local AO CMF faculties facilitated the four day lecture & workshop on simple CMF fractures, complicated fractures, and advanced reconstructive & distraction techniques.

The academy continues to hold various scientific forums for residents and consultants through the Jose Reyes -East Avenue Didactic Instructions ("JEDI"). Surgical cases in the field of CMFS are discussed in this forum. Topics have evolved from simple to complicated fractures, imaging & reconstruction, to modern concepts of osteosynthesis.

Currently, the group is preparing for its Craniomaxillofacial Basic Course Lecture and Workshop to be held in October 2014 at the East Avenue Medical Center – Otolaryngologic Maxillofacial Aesthetic Center.

This 2014, the PACMFS is headed by Dr. Ferdinand Pamintuan as President, with Drs. Raymond Tapang and Francis Roasa as Internal and External VP, respectively.

### PAFPRS



The Philippine Academy of Facial Plastic and Reconstructive Surgery (PAFPRS) in cooperation with the Baywatch Otorhinolaryngology Doctors or BWORLD - comprising of ENT doctors from University of the Philippines - Philippine General Hospital, Ospital ng Maynila Medical Center, and Manila Doctors Hospital - recently held a Face Transplant Symposium last February 22, 2014 at the Times Plaza Building in Manila. The guest speaker was Dr. Daniel Alam, a micro-vascular head and neck surgeon from Cleveland Clinics in Ohio. Dr. Alam shared his experience and learnings with his team of doctors in performing this groundbreaking surgery to the Philippine audience. Dr. Alam was in the Philippines for a cleft mission in Angeles, Pampanga organized by the Medical Missions for Children. His colleague from the mission, Dr. Dennis Snyder, a facial plastic surgeon from Harvard Medical and Tufts University, gave an orientation of the charity work that their group does. In attendance were the officers of PSOHNS headed by the president Dr. Howard Enriquez, immediate past president Dr. Wilfredo Batol, PAFPRS officers Dr. Cesar Villafuerte, Jr. (Chair), Dr. Eduardo Yap (Vice Chair), Dr. Jaime Arzadon (secretary), and BWORLD consultants Dr. Armando Chiong, Jr., Dr. Roberto Pangan, Dr. Ronaldo Reyes.

### PALP



The Philippine Academy of Laryngology and Phoniatrics (PALP) recently had a turnover of new set of officers for the year 2014 with Drs. Mary Arlene A. Bongosia as the new chair, Frederick Hawson as vice-chair, Fortuna Corazon Roldan as secretary, Ryner Carrillo as PRO. Immediate past officers (2011-2013) Drs. Melfred Hernandez as chair, Frederick Hawson as vice-chair, Mary Arlene A. Bongosia as secretary, Patrick Enriquez as PRO. PALP board of directors and members includes Drs. William Lim, Rebecca Feliciano, Rey Casile, Eutrapio Guevara, Rene Tuazon, Ma. Clarissa Fortuna, Noel Ibay, Virgilio de Gracia, Veronica Magnaye, Aimee Caroline Lim, Karen June Dumlao, Maria Cristina Vical, Nato Pascual, and Sherilyn Ng Tsai-Timbungco.

PALP continues its advocacy to promote vocal health education for professional voice users and to the general public. To start this year's activity, PALP will join the St. Luke's Medical Center World Voice Day Celebration on April 3, 2014. The members will give lectures on topics pertaining to the Care of the Professional Voice. There will also be an information drive specifically by distributing pamphlets on Vocal Health Management for teachers in different schools in Metro Manila. PALP members will also join the screening for hoarse patients on the said date.

The group also meets once a month for updates and for lectures given by laryngologists for residents and consultants with interest in Laryngology and Voice and Swallowing Disorders. This has been the activity of PALP since the time it started in 2002 (initially called Laryngology Study Group) which was then renamed as Philippine Academy of Laryngology and Phoniatrics (PALP) in 2008.

The group will also take centerstage this upcoming PSO-HNS Midyear Convention on April 10-12, 2014, entitled the "Larynx and Beyond." The members, together with other speakers, will talk on the treatment for laryngeal carcinoma, oropharyngeal carcinoma, treatment of unilateral and bilateral vocal cord paralysis, unsedated office laryngeal procedures, How I Do it, and Laryngeal Surgery, among others. This is in keeping with the vision of PALP to provide continuing medical education for fellow Otorhinolaryngologists and other physicians in order to be updated and to provide world class laryngeal, swallowing and vocal care to our patients.

The official name of the specialty group is now the Philippine Academy of LARYNGOBRONCHESOPHAGOGY and Phoniatrics, to include one of the classical pillars of ENT practice.

### PAR

2014 is a big year for the Philippine Academy of Rhinology as it takes centerstage as the subspecialty group responsible for this year's Annual Convention with the theme, "The Nose and the Environment." Aside from inviting both foreign and local experts to share their knowledge on otolaryngology, and rhinology in particular, the annual convention will also serve as the venue for the 1st Organizational Meeting of the Federation of Asian Rhinologic Societies, capably helmed by Dr. Benjamin Campomanes.

This FESS Series will entail standardized core lectures, namely, Endoscopic Anatomy of the Nose and Paranasal Sinuses; Radiologic Evaluation of the Nose and Paranasal Sinuses; Approach to the Maxillary Sinus and Anterior Ethmoids; Approach to the Frontal Sinus; Approach to the Posterior Ethmoids and Sphenoid Sinus; Indications for FESS; Surgical Complications and their Management; and finally, Post-Operative Care. Other additional topics will be at the discretion of the respective departments of the different host hospitals.

With this initiative, PAR hopes that every Filipino otolaryngologist will have at least the minimum competency and surgical skill to do a safe and effective endoscopic sinus surgery.

As a continuing effort of ASEAN rhinologists, the Philippines is the proud convenor of the Young Sinus Surgeons Forum for this year. This is a Medtronic-sponsored grant wherein two delegates from the different ASEAN countries will be able to participate in an all-expense paid, 2-day mini-rhinology and dissection course. This forum also promotes cultural exchange, international linkages, and researches that are specific for the ASEAN region.

Preparations are underway for the upcoming one day, post-convention Advanced Endoscopic Sinus Surgery Dissection Workshop where participants will be able to dissect on frozen cadaver heads to learn and improve their techniques in advanced applications of endoscopic sinus surgery such as optic nerve decompression, skullbase surgery, and the like.



## CHAPTERS

### Northern Luzon

With the passing of the baton of leadership from Dr. Emily Grace Teodoro-Estari to Dr. Chester Puño last December 2, 2013 at the Bayview Hotel, Manila, the PSO-HNS North Luzon chapter ushered in 2014 with the same vigor, idealism and unified interest for which this pioneering chapter is well known. Quarterly meetings would definitely be staple activities. A mortality-morbidity conference is incidentally on the calendar this April 26, the first quarterly meeting of the chapter at City Lights Hotel in Baguio. A lecture on Stock Market 101 shall be the chapter's first non-medical topic this year. In line with public service as perennially practiced in medical missions conducted by the chapter, it has supported the recent March 3 International Ear Care Day by performing lay fora and free otoscopy. Consistent broadcast on ear care tips on said day was also done in partnership with Bombo Radyo.

All in all, with a strength of 35 fellows from up north in Isabela and Cagayan to way down south in Pangasinan and Tarlac, and with the guidance of the four-runners (pun intended): Drs. Cosalan, Dum-lao, Mangahas and Wi, the north Luzon chapter stands strong and continues to brave present challenges to shape a brighter future.

### Southern Tagalog

Since its conception in 1999 the PSO-HNS Southern Tagalog Chapter (STENTS) has continued to be active both within the Society, as well as, in the Southern Tagalog Region. Its members number 47 at the latest count, representing 6 provinces from Southern Luzon. Guided by the senior members and "propelled" by the vision of the new set of officers 2014 is proving to be both challenging and promising.

The past year, 2013, has not been an idle one for the Chapter as it saw the completion of the first phase of the Hearing Survey. A total of 266 households from 145 Barangays in Cavite were surveyed and served, accounting for 24% of the total number of households for the whole Southern Tagalog Region. This accomplishment would not be possible without the continuous support the Chapter has been receiving from the PSO-HNS and PANORS. Preparations are currently underway for the upcoming Survey in Batangas which has tentatively been scheduled for this coming April 2014.

Activities of the Chapter aim to strengthen camaraderie between members, which include the recently concluded Induction Ceremonies held last February.

### Bicol

As early as now the PSO-HNS Bicol Chapter (BEST) is already gearing up for the 2015 Midyear Convention to be held in Naga City, Camarines Sur. Preparations have begun under the leadership of our Chapter President Dr. Neil Peñaflor as Overall Chair. This will be the second time for the Chapter to host the Midyear Convention. The first was in 2006 held in Legazpi City, Albay with the catchy phrase SMB:



Spicy Moment in Bicol. Next year's convention tentatively dubbed as "SMB 2: Halo-Halo sa Bicol" promises a wide range of activities that will surely satisfy everyone's thirst for adventure. Maghirilingan kita sa Naga!

### Southern Mindanao

Back in November, 2013, the chapter celebrated Deafness Awareness Week by giving a series of awareness campaign lectures on deafness and its prevention to nursing students of San Pedro College, Davao City, and to patients and hospital visitors at the So. Mindanao Medical Center (SPMC) lobby. A radio program interview on the topic was likewise done at ABS-CBN Davao radio station. There was also an information booth on Deafness at the Deafness Awareness Celebration culmination activity at Abreeza Mall, Davao City. Instrumental to the accomplishment of these activities was the chapter's association with Gualandi Volunteer Service Programmer Inc. and the Davao Region Association of the Deaf thru Dr. Duane Salud.

Once again, Sofitel Hotel was the venue of our society's annual convention in December 1 to 3, 2013. Most of the chapter members attended. With a good quorum, we had our 4th quarterly meeting for the year where it was decided that the chapter will give a generous donation to the Typhoon Yolanda victims. We also added two new full-pledged members to the chapter, Dr. Mo. Ariff Baguindali (Cotabato City) and Dr. Joseph Cachuela (Davao Oriental) when they qualified and were sworn in as new Fellows to PSO-HNS Inc. during the Diplomates & Fellows Oath-taking Ceremonies.

March 3, 2014, marked the observance of International Ear Care Day. The chapter celebrated the occasion with a "Silip Tenga" activity at SPMC complete with otic drops donation, free clinic, and information dissemination on proper ear care to hospital patients and visitors.

The chapter now looks forward to attending the society's Mid-year Convention in Clark, Angeles, Pampanga and having our quarterly membership meeting where we can plan our activities for the rest of the year.

### Western Visayas

We cannot speak of the Department of Otolaryngology-Head & Neck Surgery Consortium of Hospitals in the Visayas without men-



tioning our mentors. This is the FIRST EVER accredited PBO-HNS Consortium (accredited in January 1997) inspired by Dr. Mariano Caparas and Dr. Remigio Jarin.

From the time of its inception, the year 2013 is one of the busiest years the Department has experienced in its 17 years of existence since 1996 as a consortium with Corazon Locsin Montelibano Memorial Medical Center in Bacolod City, St. Paul's Hospital and the base hospital- Western Visayas Medical Center in Iloilo City- the department gave birth to two (2) independent training programs- one in Bacolod City and one in Iloilo City in 2006.

The Department of ENT-HNS of Western Visayas Medical Center and St. Pauls Hospital Consortium had done many activities and programs during the last year, 2013.

One of the highlights in the history of the department last year was that it started facilitating the surgical mission of the cleft lip and palate patients sponsored by the Operation New Face, which was scheduled every Tuesday of the week. The Operation New Face, is a local NGO that sponsors the surgeries of cleft lip and palate patients here in Western Visayas and partnered with the WVMC ENT Department for this endeavor.

Last year it also held several activities like the year-round linis tenga and medical missions held in different areas in the province of Iloilo. In particular, the ENT residents also helped in the medical missions and relief operations to the places affected by the Typhoon Yolanda. The ENT residents and consultants also sponsored and held a gift-giving activity and typhoon relief-operation in one of the places affected by the typhoon in Northern Iloilo, in Baleguian Island, Concepcion, last December instead of holding our annual Christmas party.

The department also held its first post-graduate course on the Universal Newborn Hearing Screening last August 2013. The Post Graduate Course was entitled "Ha? Bungol ka!" with Implementation of Universal Newborn Hearing Screening Program under Republic Act 9709. The audiences who attended the course were physicians and nurses at Local District and City Hospitals in Region 6, Pediatricians, OB Gyne, and Rural Health Physicians.

The Dul-II-an Foundation, Inc. (Dulonnggan-Ilong Tutunlan) – for the benefit of the patients, research and training of our department also continues to raise funds for this purpose. This is the FIRST Foundation of its kind in Iloilo City.

We look forward as the Department will soon celebrate its 20th year anniversary and with the coming year 2014 with enthusiasm for more accomplishments that will benefit more people in these islands.

## INSTITUTIONS

### Armed Forces of the Philippines Medical Center



The year 2013 has definitely added more feathers to the cap of the Department of ORL – HNS of the Armed Forces of the Philippines Medical Center (AFPMC).

In the field of academics, Dr. Fedemar G. Tambot, Dr. Sophimar L. Garcia, and Dr. Ma. Joan N. Nalangan successfully passed the PBO-HNS Diplomate Exam held last June 2013, adding to our steadily growing roster of diplomates.

The paper entitled Gastrointestinal Stromal Tumor of the Tongue by Dr. Andrie Jeremy Formanez (3rd year resident) was published in the Philippine Journal Of Otolaryngology - Head And Neck Surgery (Vol. 28 No. 1 January – June 2013).

### East Avenue Medical Center

Last June 2013, our department had a fund-raising activity with a premiere of the film "World War Z" at the Trinoma Mall. That same month, we also had our late summer gateway at Capones Island in Zambales. Both were such valuable bonding time together for our staff. On May 2013 we held our much awaited 22nd Open House Temporal Bone Course and Dissection. Participants were able to do a hands-on mastoidectomy procedure with the use of surgical microscopes on temporal bones acquired from different anatomy laboratories. In addition, the event also gave basic audiology lectures. It was indeed a successful event.

Last June 2013, our department premiered its annual fund rais-

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PHOTO-SPREAD:



Battle of the Bands





East Avenue...

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22nd Temporal Bone Course and Dissection

ing project at the Trinoma Mall Cinema presenting World War Z. This activity was attended by our very own consultants, residents, hospital staffs as well as our friends and families who never hesitated the thrill of watching zombies while helping our department generate funds for our department’s foundation. The success of this event is marked by the screams inside the cinema and the joy we saw in every people after the movie.

In the same month, our department held our annual department outing. All the residents and some of our consultants gathered to have a late summer weekend getaway at Capones Island, Zambales. The department enjoyed every bit of the breathtaking view of the sands, beach and nature; as well as the break from our usual hospital routine. Alas we said: bonding time is a great time!

In Augut 2013, we had our interdepartmental research paper presentation, under the tutelage of Dr. Natividad Almaan, our reasearh head. Later that month, the first-year residents participated in the Residents’ Organization Night of EAMC. Their zombie-inspired number landed only in fourth place, but it was an audience favorite.”

On October 2013, our 4th year resident physician’s skills were put to test during the Practical examinations. The department worked hand in hand in choosing patients that will best show the surgical talents of our fourth year residents. Their hard works paved off getting a 100% passing for this examination with positive feedbacks from the evaluators.

On December 2013, is our Annual Convention. In line with this, we participated in the various activities of the society – research paper presentations, running event, fellowship dinner, etcetera. The highlight of this year’s annual convention in our department is winning the 1st place in the Battle of the Bands. Judges were awed by the performance of our future doctor-recording stars. We also held our Alumni night on the same week, reuniting old acquaintances in our department in a night of entertainment, food and drinks.

After the holidays, we never started the year relaxed on January 2014 when yearly Strategic Planning of the Department was discussed with the following conclusions – preparation and development of our Oromaxillofacial Center, Rhinology and Sleep Center, Voice and Swallowing Center and Hearing Center towards our goal to be the premiere referral hospital of the Department of Health. In the same month, the department started to prepare for ISO certification of the hospital. Objectives of the department were set and carefully laid out with proper implementation.

In the following month, the department held 2 of our postgraduate courses – Live Rhinoplasty Workshop (FACES Postgraduate Course) and the Current Concepts in Head and Neck Reconstruction and Microvascular Anesthesia. The Live Rhinoplasty workshop was attended by delegates both in the national and international community. It is a big event that turned out with huge success gathering positive feedbacks as the delegates would want to come back and attend the following year. The Head and Neck Postgraduate Course catered the needs of Head and Neck Reconstruction providing lectures and live video demonstration of reconstruction surgeries done by renowned Microvascular Surgeons in the United States.

Presently, the department is working towards the development of our subspecialty centers and clinics towards our goal to excellence in accordance to the requirements of the hospital and the society. In line with this, the department is continually submitting our plans for development to the hospital especially the blueprint for our centers. We are currently requesting procurement of necessary equipments to be used for our centers. As of the moment, we already procured equipment for vessel ligation and cauterization. Approved request included the procurement for video stroboscopy.

Far Eastern University-NRMF Medical Center



The year 2013 highlights the 25th anniversary of the department with a week-long celebration comprising of free consultation at the OPD, photo and ENT memorabilia exhibit held at the hospital lobby and a fellowship night at the Unilab Bayanihan hall that was well attended by the consultant staff, alumni, residents and distinguished guests.



In addition, the department hosted this year’s Basic Facial Plastic course and Workshop which is one of the requirements for the diplomate examination of the PBO-HNS. Dr. Reden Aldea presented at the annual PSO-HNS Interesting Case Presentation, while Dr. Laurenceburg Rodriguez participated in the annual research presentation of FEU-NRMF Medical Center.

Furthermore, the department is very proud to have two graduates in the person of Dr. Ma.Trinidad Juliex Santos-Zales and Dr. Mary Rose Adeline Meneses-Guinto who were inducted as fellows of the PSO-HNS. With all these developments and accomplishments, the department is again in another step closer in fulfilling and maintaining its vision and mission. Today, as in the beginning, the department remains committed in its goal to deliver quality and compassionate patient care to our fellowmen.

Jose R. Reyes Memorial Medical Center



For this year, the department will have 4 in-house surgical missions to serve indigent patients. The department aims to uplift poignant spirit of terminally ill patients through a monthly Medical Happy Hour, wherein patients get entertained by their doctors through an hour of merriment and gift giving.

Remaining true to its roots as a fertile ground in producing high-

ly competent otorhinolaryngologists, the department has grown and currently comprise of a 13-resident strong group under the tutelage of 10 distinguished consultants spearheaded by Dr. Antonio H. Chua. In its commitment to training, it hosted a successful post graduate course last February entitled Basic Research Methodology Workshop. This year, the department was granted with a 4-year full accreditation for its residency training program by the Philippine Board of Otolaryngology-Head and Neck Surgery, Inc.

The Department has achieved new heights in the field of research by placing first in PSO-HNS Descriptive Research Contest with the study “Intra – operative distance between the main trunk of the facial nerve and surgical landmarks used in parotidectomy”, first in the PSO-HNS Interesting Case Contest entitled “Reconstruction of a Large Through and Through Defect of the Oral Cavity Using a Double Anterolateral Thigh Free Flap”. The award winning paper entitled “Effectivity of Guava Leaves (Psidium guajava) as Mouth-wash for Patients with Aphthous Ulcers” was chosen in the Editor’s Pick Award of Philippine Journal of Otolaryngology-Head and Neck Surgery in 2013.

In a span of 3 decades, much has changed and was accomplished with numerous achievements and acquisition of up-to-date equipment in boosting its surgical capabilities. Much time may have passed and many feats may have been reached but department remains faithful to its core to make a difference... Excellence through service, training, and research.

Manila Central University-FDTMF



The Manila Central University – Filemon D. Tanchoco Medical Foundation Hospital is undergoing a renovation of the hospital building to accommodate more patients and is also upgrading its facilities and equipments. The expansion will start in April 2014 and aims to provide a better quality of service to the patients.

On May 31, 2014, the Department of Otolaryngology-Head and Neck Surgery of the Manila Central University – Filemon D. Tanchoco Medical Foundation Hospital will hold its annual Postgraduate Course entitled “Radiotherapy in Head and neck Malignancies 2” at the Tanchoco Auditorium, MCU Campus. The lectures will cover the History, Physics, Biology, Modalities and Complications of Radiotherapy, the Pre-treatment planning, Management in the malignancies of the Oral cavity, Oropharynx, Nasopharynx, Paranasal Sinuses, Thyroid, Salivary gland and Larynx as well as Lymphoma in



the Head and Neck region.

Registration fee is free of charge. For reservation and inquiries – Please call Trunkline (+632) 3672031 local 1212 (ENT Office) or Cellphone number +639082163255 (ENT department phone).

Manila Doctors Hospital



The Manila Doctors Hospital-Department of Otorhinolaryngology, in cooperation with Metrobank Foundation, will conduct the 13th Bridging the Gap, a surgical mission for patients with cleft lip and palate deformities, on April 27 and May 18, 2014. This project was conceptualized in 2003 with the objective of promoting and implementing a comprehensive and multidisciplinary care for patients with cleft lip and palate deformities and their families. Inspired by several years of experience in organizing surgical missions, the department recognized that no single specialty possesses all the expertise in managing the cleft lip and palate patient. Hence, the multidisciplinary cleft team is composed of Otolaryngologists, Family Medicine specialists, Pediatricians, Dentists, Speech and language pathologist, Audiologist, Nutritionist/dietician, Social workers and Nurses. The problems related to hearing, speech, nutrition and feeding, dental concerns, impaired family and social interactions, psychological support and genetics have been addressed with a structured program. In its eleven-year existence, the mission has served 188 patients. The number keeps growing each year.

Mariano Marcos Memorial Hospital & Medical Center

The staff of the Dept. of Otolaryngology Head and Neck Surgery of Mariano Marcos Memorial Hospital and Medical Center has come out from a traditional clinical department to a department playing an active role towards the attainment of quality health care in Ilocandia. Dr. Jose Orosa III its chairman is being hailed as one of the Top 50 Manila Science High School graduate during the ATOM (A Tribute to Outstanding Mascian) awarding. In the hospital he has been elevated in the Hall of Fame for Outstanding Employee having been included in the Top 10 Outstanding employees for 3 consecutive years already. Now, the Assistant Chief of Clinics and soon to be the Chief of Clinics, Dr. Orosa is the Quality Management Representative and the main force for the ISO 9001:2008 accreditation of the MMMH & MC. Dr. Tennessee Huyaban, appointed as the Chairman of the department has played a significant role as the lead docu-

ment controller in the hospital during its ISO accreditation

The research on Overall Survival of Filipino Patients with Squamous Cell Carcinoma of the Head and Neck: a Single-Institution Experience, a collaborative study of University of Santo Tomas (UST) and MMMH&MC, has been published at Asian Pacific Journal of Cancer Prevention, Volume 14, Issue 8, 2013. This research is conducted by Pia Marie Albano, Dr. Christianne L. Salvador, Dr Jose Orosa III, et al.

Moreover, the poster on ‘The Role of the Human Papillomavirus in Head and Neck Squamous Cell Carcinoma Among Filipinos’ done by Pia Marie Albano, Dana Holzinger, Christianne Lumang Salvador, Jose Orosa III, Sheryl Racelis, Modesty Leaño, Danilo Sanchez Jr, Lara Mae Angeles, Gordana Halec, Markus Schmitt, Angelika Michel, John Donnie Ramos, and Michael Pawlita has been selected as 1 of the 30th finalists and at the top 6 of medical/pharmaceutical/chemical category during the National Research Council (NCRP), Philippine General Membership Assembly on March 26-27 at the Manila Hotel. This research study is collaboration among UST Research Center of the Natural & Applied Science, MMMH & MC Department of ENT-Head and Neck Surgery and the German Cancer Research Center (DKFZ) Heidelberg, Germany.

Dr. Ja Malvar’s paper on Sleep Apnea has already been approved by the PCHRD for funding – a collaborative paper with the PCOMS. The department will soon transfer to the new OPD with the Audiometry, Endoscopy and Minor OR placed in one complex.

The Otolaryngology Resident Training of De LaSalle Hospital had signed a MOA with this institution for their fourth year Residents rotation; while, MDH rotation is still on its full effect.

Makati Medical Center



The Makati Medical Center Department of Otorhinolaryngology Head and Neck Surgery is fast approaching its 33rd year anniversary, having been officially formed in 1982. We are currently composed of 32 consultants, most with subspecialty training in rhinology, otology, head and neck surgery, pediatric otolaryngology, sleep medicine and surgery, and laryngobronchoesophagology. In

line with Makati Medical Center’s vision of being the country’s undisputed leading medical center by 2015 and competitive with the best of the world by 2020, staffed by highly experienced/highly qualified medical and health care practitioners, enabled by state of the art diagnostic and medical /surgical equipment and a cadre of well trained professional support staff, the department is currently beefing up its ENT Diagnostic Center and ENT-OPD, with the planned acquisition of new instruments, treatment units, and an additional dedicated ENT microscope for OR use.

This year is a busy one for us as we prepare for the hospital wide JCI re-accreditation, and the department’s PBO re-accreditation. The recently achieved accreditation from Joint Commission International (JCI) last 2011 is based on the 4th edition of the JCI Standards for Hospitals Manual. MakatiMed is the first Philippine health institution to be certified with this edition of JCI accreditation, marking another milestone in our hospital. We are also organizing our 9th Postgraduate Course and Workshop on Surgical Histopathology and Cytology of ENT Head and Neck Diseases and Imaging Studies, scheduled on May 8 & 9, 2014. This course aims to familiarize ENT practitioners, ENT and pathology residents, and board eligible ENT graduates with the histopathology and imaging studies of ENT-Head and Neck structures and diseases. We offer this 2-day course and review for free to all those interested to attend. We also plan to organize Stanford teleconferences on ENT related and relevant topics later this year, open to all accredited training institutions.

Ospital ng Maynila Medical Center



The year began with an In-House Functional Endoscopic Sinus Surgery (FESS) course which was well attended by participants from different hospitals. Annual activities hosted by the department such as the “F4” (Four Flaps) and “MIFAS” (Minimally Invasive Facial Aesthetic Surgery) with cadaver dissection provide a hands-on approach that train the participants to become competent surgeons.

The ENT-OMMC is also an active member of the B-WORLD (Baywatch Otorhinolaryngology Doctors) together with Manila Doctors Hospital and Philippine General Hospital, which organized the recently concluded Facial Transplant Symposium held at Times Plaza, Manila.

Balancing play with work, the ENT residents at OMMC actively participated in various hospital activities such as the “FUN RUN para sa KALUSUGAN” and the Annual Hospital-wide Christmas Party. The PROHNS (Philippine Residents of Otorhinolaryngology Head and Neck Surgery) night was well-attended by the residents too. An upcoming team building seminar is also anticipated as this builds camaraderie as well as solidarity among the residents.

Truly, the residency program at OMMC-ENTHNS is something to be cherished and worth “hashtagging”.

St. Luke’s Medical Center



After a productive 2013, the Department of ENT-HNS of St. Luke’s Medical Center in Quezon City and Global City, under the able chairmanship of Dr. Ray Casile and Dr. William Lim respectively, has lined up a series of activities to further the department’s objective of being an internationally-recognized center in the field of otorhinolaryngology.

The first big event of the department is the World Voice Day to be held on April 2 and 4 at St.Luke’s QC and BGC respectively. The event will feature lay fora on voice care and free laryngeal endoscopy for the participants. It will be highlighted by a grand concert featuring various professional singers and doctors at SLMC-BGC.

The next few months will feature Postgraduate courses and Residency training workshops aimed to further enhance the knowledge of the department’s consultants and residents alike.

Another highlight of this year will be the Institute’s Philippine Board of Otolaryngology-Head and Neck Surgery Re-accreditation scheduled on June 18. Preparations are already being made by the Consultant and Resident staff for the said event. Truly, another eventful and fruitful year is in store for the St.Luke’s Medical Center QC and BGC Family.

The Medical City

Under the present leadership composed of its adviser Dr. Remigio Jarin, its Chair Dr. Clarissa S. Fortuna, and its residency-training Officer Dr. Patrick Henry S. Enriquez, the staff and residents have collectively worked towards the goal of achieving excellence in our field.

The Department of Otolaryngology – Head and Neck Surgery of TMC and its Residency Training Program aims to provide adequate training for its residents through research and comprehensive management strategies for ear, nose, throat, head and neck diseases. With the supervision of its consultant staff, the residents are assured of thorough learning and hands-on training. Existing units such as the Hearing and Dizziness Unit, Voice and Swallowing Laboratory, Center for Snoring and Sleep Disorders, Micro-Surgery Skills Laboratory and Prosthetics laboratory also help facilitate learning and hands-on training.

In year 2008, the department developed a tie-up with the Ateneo School of Medicine and Public Health which is located in the nearby complex. The consultant staff of the department are handling the





Module for the Head and Neck at the Ateneo School of Medicine and Public Health Year Levels 5 (1st Yr), 6 (2nd Yr) and 7 (3rd Yr).

The department launched its Cochlear Implant Program in August 2013. It is the first comprehensive program for hearing impaired adults and children. A number of other noteworthy events are planned for 2014. These include activities to celebrate Oral, Head and Neck Cancer Awareness Week (OHANCAW) and World Voice Day in April, a post – graduate FESS course in July as well as our regular lay forums on Obstructive Sleep Apnea and Dysphagia.

Altogether, The Medical City Department of ORL-HNS has been a nationally recognized service-oriented center with a relentless aim to be globally recognized as a center providing world standard service.

### University of the East



The UERM Department of ORL-HNS has recently celebrated its 25th Anniversary last December 5, 2013. It was a very solemn event where the different alumni and previous department heads gathered to commemorate the history of UERM ORL-HNS. One of the highlights of the said event was presenting the achievements of the department as a residency training program and as part of an academic training institution.

The UERM ORL-HNS Residency training program has an active participation in the Multidisciplinary Urban Community Health Service Extension Program (MUCHSEP) of the Department of Community Medicine which is regularly conducted at the Barangay Perfecta San Juan, Metro Manila. April 16, 2014 is the World Voice Day. The department, as part of the MUCHSEP, will be promoting

awareness on good voice habits by conducting lectures on proper voice use, problems and conditions affecting voice, special care on frequent voice users and early detection of hoarseness. Free video laryngoscopy will also be given to the participants of the said lecture.

The department also conducts its weekly lectures on 3rd year students and weekly preceptorial classes on 2nd year students as part of an established academic institution with goals of imparting knowledge regarding basic ENT, awareness on common ENT diseases and proper history taking and complete ENT physical examination.

The Department will be having its post-graduate course on July entitled "Hearing Aid Audiology". Among the topics included in the post-graduate course were Basic history taking and hearing assessment, ear mould and hearing aid technology, pediatric audiology, advances in Audiology and psychosocial factors, professional and ethical issues, and rehabilitation aspects in Audiology.

### University of the Philippines-Phil. General Hospital

The Department of Otorhinolaryngology's (ORL) annual schedule is filled with activities aimed at enhancing teaching, training, service, research and those of a more social nature.

Different sub-specialty groups regularly conduct academic postgraduate courses from basic programs to advanced skill-based training. The ORL Section of Craniomaxillofacial Plastic and Restorative Surgery recently conducted its Basic Facial Plastic Post-graduate course last March 13- 14, 2014 at the Buenafe Hall, College of Medicine. The Rhinoplasty Course will be on June 9, 2014 at Calderon Hall. The Section of Otology, Neurotology, Audiology & Lateral Skull Base Surgery set its annual Temporal Bone Dissection Course on May 8-10, 201, The Section of Head and Neck Surgery will host a post-graduate course on April 8-9, 2014. And to conclude midyear activities, the section of Rhinology will conduct its 20th post-graduate course on Endoscopic Sinus Surgery: Basic Anatomy and Cadaver Dissection on July 23-25, 2014.

Service is the foundation of the Department, both within the hospital and in communities in need. For the Departments own goiter patients, the first Thyroid Surgical Day of the year will be held on April 5, 2014. This is done in order to offset the very long waiting list for thyroidectomies. On these days, residents, as supervised by consultants, will dedicate a weekend, usually a Saturday, for thyroidectomy cases alone. Two other Thyroid Surgical Days will be scheduled later on in the year. But outside of the PGH, the Department also reaches out to provide ORL-related care to those in need. Last January 17-19, 2014 the Department sent thirteen (13) volunteer physicians to Tacloban, composed of ORL consultants and residents, to provide medical assistance to the Yolanda-stricken community of Barangay Basper and Tanawan, Leyte. Through the joint efforts of the benefactors and drug companies, the team were able to provide free medications and consultation to the affected area.

It's not just all work for the ORL Department and staff. This summer, the department with its personnel, nurses, and staff will have its yearly summer outing on April 25-27, 2014 at Nasugbo private retreat house in Batangas. It will surely be the perfect get away from the fast paced life of PGH and the perfect chance to build life-long camaraderie.

### University of Santo Tomas Hospital



Focused on its goal of furthering medical education and training, the Department of Otorhinolaryngology – Head and Neck Surgery of the University of Santo Tomas Hospital started the year 2014 with a medical mission, and post-graduate courses graced by the presence of notable foreign and local speakers.

An In-house Cadaver Dissection for Endoscopic Septoplasty and Facial Plastics was held last January 25, 2014 at the Anatomy Laboratory of the University of Santo Tomas. This course was headed by Dr. Francis Roasa, who demonstrated different techniques in endoscopic septoplasty, and guided the residents in performing basic facial plastics procedures.

In February, residents Dr. Johbert Gerard Estanislao and Dr. Frederick Fernandez, accompanied by Dr. Raymond Belmonte, participated in the North Carolina Medical Mission to Davao, where they were privileged to perform different surgical procedures, including thyroidectomies. Residents Dr. Hasmin Hannah Lara, Dr. Marichu Florence Ciceron, and Dr. Ryan Chua, led by Dr. Ferdinand Pamintuan, participated in the Medical Missions of Mercy held in Sorsogon last February 4 to 7, 2014. This surgical mission provided the residents with additional exposure to cleft surgeries, which they performed under the guidance of experts in the field.

The AO Basic Principles Course was held at the Thomas Aquinas Research Center in the University of Santo Tomas last February 24 to 27, 2014. There were a total of 49 participants, all aspiring to apply for a future fellowship in craniomaxillofacial surgery. The course was spearheaded by Dr. Francis Roasa and Dr. Ferdinand Pamintuan. Also present to share their knowledge, expertise, and skills in the management of craniomaxillofacial fractures were Dr. Kyeung Jook Kim, Dr. Michael Ehrenfeld, and Dr. Derek Goodison. Aside from lectures and fire-side discussions, all participants were also privileged to take part in the workshops facilitated by several different experts, where each one was trained on different plating and fixation techniques.

This coming May 2014, the Department is slated to hold a certification course on Updates in Otology, Neurotology, and Audiology, where participants will be exposed to workshops and lectures revolving mainly around the topics of pediatric and adult

audiology, tinnitus, and vertigo. The course will be headed by Dr. Norberto Martinez, the Department's first Neurotology graduate and current chief of section. Foreign and local experts in the field are also expected to grace the event.

Throughout the course of the year, the Department will still be holding its regular activities such as weekly grand rounds, teambuilding, audits, and the like. All activities are geared towards furthering education and training, increasing interest in research, working on skill sets, and ultimately improving patient care.

To culminate the year, the Department will be celebrating its 30th Anniversary towards the end of November. A grand alumni homecoming will be held to bring together all individuals who have graduated from the institution's Otorhinolaryngology training program for a night of celebration and commemoration.

### Veterans Memorial Medical Center

The Vision of the Department is to excel in its field by providing quality patient care, and producing competent specialists with the highest standards and professionalism. The following are some of the Department's achievements and fruitful activities of the year 2013 in accordance with the mandated Mission of Veterans Memorial Medical Center:

I. Providing comprehensive patient care to Filipino veterans, their dependents and the general public

A. On the 6th of September 2013, the Department passed the full accreditation from the Philippine Board of Otorhinolaryngology-Head and Neck Surgery. And in preparation to the said accreditation ward renovation/repainting was done, including the audimetry room renovation.

And also since VMMC OPD was accredited by the International Organization for Standardization, this came along with this is the opening of the new location of the ENT-HNS OPD Clinic. There was a steady increase in number of our OPD consultations and in-patient services for our Veteran patients and dependents.

The Department also acquired a new Audiometer-Tympanometer System for use in the Ear Unit. And a donated stainless steel Tower to house the new video system for OR Use. We also submitted proposals in cooperation with the Philippine Laryngectomy Foundation, for acquisition of new Videostrobe and Flexible Nasopharyngolaryngoscope.

II. Providing a dynamic training program in the field of ORL-HNS that will produce competent specialists

A. Ear and Dizziness Clinic continues to actively serve patients for vertigo assessments and specific ear consultations.

B. Last February 8, 2013, the Department conducted its first ever Geriatric Post-Graduate Course Lecture Series entitled, "Tumatanda ka na... An Approach to Aging ENT Patients" in celebration to its 15th year Anniversary, spearheaded by Dra. Almazan. This Geriatric post-graduate course opens the department to lead in the research and training in the ENT cases for the said age group. This would pave way for the establishment of another subspecialty in Otorhinolaryngology, the Geriatric-ORL, in the near future. We also had Department had an informal an In-house Basic Plastic Course (Pata Session) held at the VMMC, Ward 12 AMR Conference Room, spearheaded by its Training Officer, Dr. John B. Espina.

Last June 2013, the Department is proud to hold its 7th Laryngeal Post-Graduate Course Lecture Series and Workshop using Pig Larynx.



Live demonstration of the Ureta Primary Voice Reconstruction Workshop was performed by Dr. Celso V. Ureta himself.

Lastly, November 2013, again the Department conducted its yearly In-House Temporal Bone Lecture Series and Dissection spearheaded by dra. Alamazan and deramos. And Dr. Yang as the guess speaker.

C. Graduation of New Fellow and Diplomates

III. Sustain efforts to become a center for ORL-HNS research

A. A case we submitted was one of the chosen cases to be presented in the interhospital GR in JRMMC. Dr. Melissa Villalon represented our institution with Dr. Lei Vital as her preceptor.

Dr. Kathleen M. Rodriguez, a 2nd year resident of ENT-HNS in VMMC, presented a 2 papers this year. Entitled, "The Mystery of Salivary Gland Tumors" and " Evaluation of Supracricoid Partial Laryngectomy with Cricohyoidoepiglottopexy: VMMC Experience for Philippine Medical Association Residents' Interesting Case Presentation, VMMC Research contest, respectively.

Dr. Nena B. Narajos, after finishing her residency training in the Department went to Japan to pursue her masterals and PHD on Swallowing last 2009-2013. The following are studies published in The Laryngoscope, a reputable ORL-HNS Journal known internationally:

1. "Videolaryngoscopic Assessment of Larngeal Edema After Arytenoid Adduction", May 2012, Kumamoto, Japan

2. "Postdeglutitive Residue in Idiopathic Unilateral Vocal Fold Paralysis: A Quantitative Videofluoroscopic Study", April 1, 2013, Kumamoto, Japan.

IV. Providing medical-surgical service and care through regular outreach programs

A. The Department continuously spearhead the only Head and Neck Cancer Survivor Support Group amongst other ENT institutions in the country. Last June and December of 2013, the Department distributed, Newsletter-Sinag to the Head and Neck Cancer Survivors and their families. This bi-annual newsletter is written to honour the survivors and their family as member of the support group.

B. Last 15th of November 2013, the Department spearheaded its 5th Painting Exhibit "Duktor Pintor V" in the grounds of VMMC, Lobby in celebration of the 57th Hospital Anniversary and as an outreach program for the victims of Yolanda and earthquake in Bohol. In line with this, Drs. John B. Espina and Ma. Shamylye C. Quinto created a song which was performed by the VMMC ENT-HNS Soul MD Band, entitled "Bangon Na!", dedicated for the victims of the recent calamities symbolizing hope in the coming Christmas Season.

## Western Visayas Medical Center

The Department of ORL-Head and Neck Surgery of Vicente Sotto Memorial Medical Center has been established in January 1998 and gained full accreditation as a training institution in January 2002 by Dr. Abelardo B. Perez. Since then, the department was inspired and pursued 100% re-accreditation until December 2017 with the latest visit of the officers of the Philippine Board of Otolaryngology-Head and Neck Surgery by Dr. Edilberto M. Jose, Dr. Alfredo Q.Y. Pontejos Jr. and Dr. Cesar V. Villafuerte Jr. last November 2013.



To this date, the department has accomplished 100% passing rate in the Diplomate Board Exams. Over the years, the department has grown a number of consultant staff from their own graduates and from other institutions sharing the same vision: to be a center of excellence and learning in the field of Otolaryngology-Head and Neck Surgery.

The department fulfilled another milestone this year for having its first foreign graduate under the residency training program complying all the requirements in the name of Dr. Belu Kayastha from Nepal. For this year, the department is applying for an additional resident in the first year level to cope up with the increasing census in the outpatient and inpatient services. Last January 2014, the department's newly renovated airconditioned service ward was opened, now with an increased bed capacity from 10 beds to 17 beds.

In January 25, 2014, a successful Lunch and Learn symposium entitled "Building Bridges to Communication" was held at the outpatient department conference room in coordination with the UST-Faculty of Medicine and Surgery, Center for Audiological Sciences and MED-EL Medical Electronics Philippines Incorporated. Dr. Norbero Martinez graciously enlightened and inspired all the attendees from ORL-HNS and Pediatrics Department Consultants and Residents, SPED teachers from Gualandi Foundation, graduates of the University of Visayas Masteral of Speech Pathology, ATV speech therapist and implantees with their parents. Recently, the International Ear Day was celebrated last March 3, 2014 wherein a comprehensive lecture about all the common ear diseases at the OPD lobby was given by Dr. Ryan Martin C. Ko.

For the upcoming Head and Neck Cancer Consciousness (HANDACOW) week, there will be a "Libreng Silip" at the OPD where informative lectures and free consults done for head and neck cases by the different ORL-HNS consultant staff. A joint venture in cooperation with the Central Eastern Visayas ENT Chapter (CEVENT) of the PSO-HNS will have its annual tree planting activity this coming May to be done in Lilo-an, Cebu.

The Department of ORL-HNS of VSMC will continue to serve the people in need encompassing the entire Cebu province and it's neighboring provinces with utmost care and treatment and endures to live up to its expectations in the field of training and research.